

# KOSMOS

## GUIDES & NON-FICTION

### Rights Catalogue

### AUTUMN 2025



DISCOVER MORE WITH KOSMOS  
**Complete  
Rights List:**  
[www.kosmos.de/de/  
Rights/International/  
Books](http://www.kosmos.de/de/Rights/International/Books)  
SINCE 1822

**herbig**

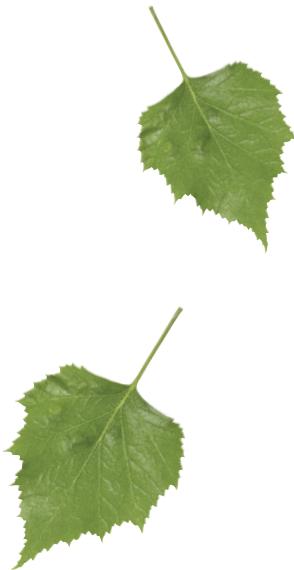
nymphenburger

## Astronomy

Choose from a large selection of beautiful coffee-table books about our stunning universe. Deep dive into textbooks with special topics on astrophysics, have journalists explain entertainingly the most puzzling questions of astronomy: titles range from beginner's levels to highly advanced readers.

## Gardening

Our Gardening titles cover easy beginner titles on general tips and tricks around the garden as well as the increasingly important topics like sustainability, and self sufficiency in the garden. Germany's top gardening publisher our titles are produced climate neutral.



## Nature

The core area of Kosmos expertise lies here, ranging from guides on fauna and flora to topics like birding, bee keeping, and many others. Choose from basic series for everyone to titles used at universities. Identification guides, textbooks and coffee-table books, we have something for everybody.

## Hunting & Fishing

Each program we publish a selected number of titles on both topics both for beginners as well as advanced huntsmen and fishers. We also carry guidebooks on the equipment, the necessary exams and strategies for success.

## Dog Care & Pets

Kosmos is Germany's #1 in Dog titles. Our bestselling authors cover general topics of dog care, breeds and introduction to the keeping of pets. We also offer the latest research on canine behaviour, on the proper training and maintaining healthy pets.

## Horses

Our program is well known to equestrians around the world. Our authors are Olympic riders, trained professionals and teachers. Choose from titles for beginners to highly advanced scientifically researched topics.

## herbig Health

This imprint is a program with focus on the human body and its physical well being. Doctors, nurses and therapist have written these titles on male and female health, guidebooks to understand diseases or ailments and how to help.

nymphenburger

## Spiritual & Mental Health

Nymphenburger stands for spiritual and mental health. We offer self help books on personal growth, exercise books and beautiful coffee-table books with a focus on nature and spirituality.

# Content

ASTRONOMY 4–6

GARDENING 7–12

NATURE 13–21

FISHING & HUNTING 22–23

DOGS & PETS 24–28

HORSES 29–32

HERBIG HEALTH 33–37

NYMPHENBURGER BODY & SOUL 38–42



# Large Format Beauty

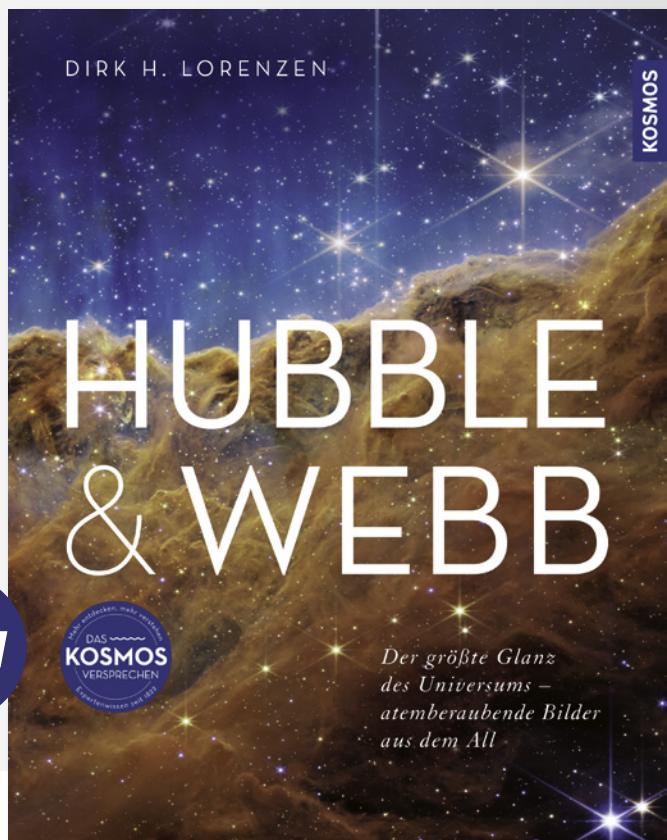
Dirk H. Lorenzen  
**Hubble & Webb**

10/2025; 55.00 €

pages: 240  
Hardcover; with dust jacket; 26.00 x 33.00 cm  
coloured photos: 200  
coloured illustrations: 10  
b/w-photos: 20  
978-3-440-18266-6

All rights available

NEW

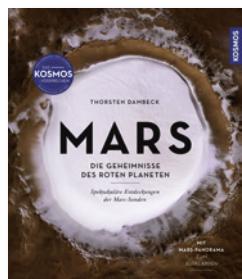


The astrophysicist Dirk H. Lorenzen works as a journalist with a focus on astronomy and space travel, mainly for leading German channels and papers. He has visited practically all the major observatories and spaceports and is very well known in the Astronomy Scene.

► **Amazing images from the famous space telescopes**

► **Breathtaking pictures and the latest research**

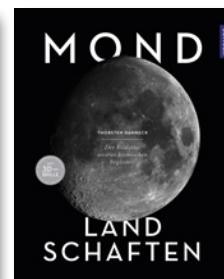
The images taken by the famous Hubble and Webb space telescopes repeatedly fill astronomy fans with awe. They show not only stunning views of the universe, with sparkling star clusters, majestic galaxies and mysterious nebulae, but also provide insights into current research. This illustrated book combines the most spectacular images from both telescopes with easy-to-understand accompanying texts and is a must for every bookshelf.



Thorsten Dambeck  
**Mars**  
978-3-440-17991-8  
Rights sold: CN



Dirk H. Lorenzen  
**The Splendor of the Universe**  
978-3-440-17692-4  
Rights sold: NL



Thorsten Dambeck  
**Lunar Landscapes**  
978-3-440-17300-8  
Rights sold: CN, FR



Michael König  
**Atlas of the Galaxies**  
978-3-440-17798-3  
All rights available

# As Simple as it Gets



Victoria Grinberg  
**Black Hole, but make it easy**

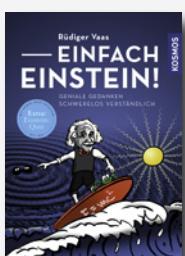
10/2025; 14.00 €

pages: 128  
 Paperback with flaps; 13.50 x 21.50 cm  
 coloured photos: 10  
 coloured illustrations: 20  
 978-3-440-18079-2

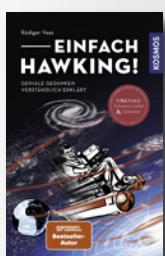
**All rights available**

- ▶ **Entertaining and informative: everything you need to know about black hole**
- ▶ **Complicated information explained in a simple way**

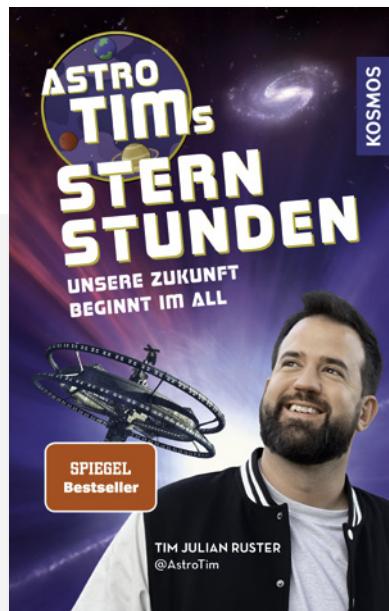
Are black holes really black? How do they form? And what would happen if there was a black hole in our solar system? Astrophysicist Victoria Grinberg takes a close look at black holes and answers the most frequently asked questions about these mysterious objects. In an entertaining way and full of facts, she explains what black holes are all about and gives an overview of current research.



Rüdiger Vaas  
**Simply Einstein**  
 978-3-440-15836-4  
 Rights sold: CZ, FR,  
 PL, RU,



Rüdiger Vaas  
**Simply Hawking!**  
 978-3-440-17269-8  
 Rights sold: PL, ES, CN,  
 FR, NL, CZ, HU, RU



Tim Ruster  
**Our Stars and We**

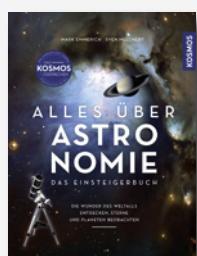
03/2025; 18.00 €

pages: 224  
 Paperback with flaps; 13.60 x 21.50 cm  
 coloured photos: 5  
 coloured illustrations: 42  
 b/w-photos: 3  
 978-3-440-18125-6

**All rights available**

- ▶ **Expedition through our universe and the future of mankind**

The young astronomer Tim Ruster explains the new great moments in space travel. Let's go on an expedition: we have been to the moon and sent probes to distant planets, moons and even to the outermost limits of the solar system. But what will the future hold for mankind in space? What visions and concepts currently exist? And are mankind perhaps even on the brink of new stellar moments of unimagined interstellar breakthroughs? Chapter by chapter, Ruster provides an exciting outline of important milestones of the future – from the colonisation of Mars to interstellar travel. An inspiring look at the promising future of mankind in space!

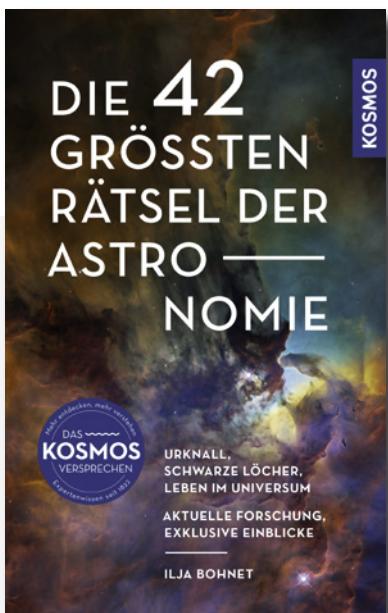


Mark Emmerich  
**Everything about Astronomy**  
 978-3-440-18119-5  
 Rights sold: PL, RU,



Dr. Werner E. Celnik  
**Astronomy for Beginners**  
 978-3-440-16864-6  
 Rights sold: CN, CZ, KO, PL, RO,

# Learning about Astronomy



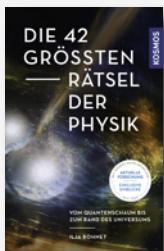
Dr Ilja Bohnet  
**The 42 biggest mysteries of Astronomy**  
 03/2025; 20.00 €

pages: 288  
 Paperback with flaps; 13.70 x 21.50 cm  
 coloured photos: 18  
 coloured illustrations: 38  
 b/w-photos: 2  
 b/w-illustrations: 6  
 978-3-440-17913-0

**All rights available**

## ► Current research projects in astronomy and space travel

Physicist and journalist Dr Ilja Bohnet gets to the bottom of the latest astronomical issues with a scientific eye for detail and lets the researchers themselves have their say. Topic after topic is illuminated and explained. This is cutting-edge science, presented in an exciting and well-founded way!



Dr Ilja Bohnet  
**Physic's 42 Biggest Questions**  
 978-3-440-16882-0  
 Rights sold: CZ



Michael Vogel  
**Which Star is this?**  
 978-3-440-18145-4  
 Rights sold: FR



Anne-Dorette Ziems  
**Take Off Into Space**  
 10/24; 20.00 €

pages: 224  
 Paperback with flaps; 13.70 x 21.50 cm  
 coloured photos: 33  
 coloured illustrations: 25  
 978-3-440-17940-6

**All rights available**

- **Mission space colonisation – between dreaming and technology**
- **A to-do list for our journey into the cosmos**

Space travellers in search of a second Earth have to prepare themselves very well, because they have to deal with existential questions. Where are we going? Do we even have the means? And once we are there – how will we survive? Science journalist Anne-Dorette Ziems provides exciting, surprising and honest answers to these and many other questions about space travel and the colonisation of space she and puts common science fiction scenarios to the test.



Klaus M. Schittenhelm  
**Finding Stars Very Easily**  
 978-3-440-17199-8  
 Rights sold: FR, HU, RO, CZ, NL



Dr Erik Bertram  
**Pure Coincidence in Space**  
 978-3-440-17790-7  
 All rights available

# Gardening — in Small Spaces



Burkhard Bohne  
**Herbs From Pots and Buckets**

01/2021; 15.00 €

pages: 128  
Paperback with flaps; 17.20 x 24.10 cm  
coloured photos: 195  
978-3-440-17093-9

All rights available



Fresh herbs are an absolute must in the kitchen.

Isn't it great that the aromatic little plants are also comfortable on the balcony and terrace? The book explains extensively and simply how to plant them and care for them, with many design ideas for buckets, pots, vertical gardens and more. Plus there are great recipes for using your own harvest in soups, pestos, cocktails or oils. With attractive photos of herbal paradises in the smallest spaces, the volume is also wonderfully suited as a gift.



Lisa-Maria Trauer  
**My Balcony Raised Bed**  
978-3-440-17485-2  
Rights sold: CZ, ES



Mareike Fedders  
**A Buzzing Balcony**  
978-3-440-17823-2  
All rights available



Melanie Öhnenbach  
**As Green as It Gets**  
978-3-440-17110-3  
Rights sold: CZ, NL



Melanie Öhnenbach  
**Ready to Pick!**  
978-3-440-17382-4  
Rights sold: CZ



Bärbel Oftring  
**Balcony Paradise for Animals**  
978-3-440-17411-1  
Rights sold: HU



Sibylle Maag  
**No Room and Still a Garden**  
978-3-440-16321-4  
All rights available



Burkhard Bohne  
**All About Your Herb Garden**  
978-3-440-17951-2  
All rights available



Simone Kern  
**Wild Buckets**  
978-3-440-17902-4  
Rights sold: CZ

# For Hobby Gardeners

Tina Ullmann  
**How to Take Care of Olive Trees**  
 06/2025; 16.00 €

pages: 96  
 Paperback with flaps; 17.00 x 24.00 cm  
 coloured photos: 115  
 coloured illustrations: 2  
 978-3-440-18286-4

All rights available

NEW



Tina Ullmann has a particular fondness for Mediterranean plants, especially olive trees, and is a brand ambassador for the Ager Oliva initiative, which is committed to preserving ancient olive groves in Tuscany.

► Olive tree care from A to Z

► Bonus: a profile of the 10 most popular Mediterranean container plants

In this practical guide, olive tree expert and gardening influencer Tina Ullmann shares her impressive knowledge about buying and caring for olive trees. With a love for detail and beautifully illustrated, she shows how olive trees feel right at home in the garden or on the terrace and what to do in the event of disease or pest infestation.



Elisabeth Grindmayer  
**Slow Gardening**  
 978-3-440-17780-8  
 All rights available



Anja Klein  
**Gardening around the Year**  
 978-3-440-18075-4  
 All rights available



Anja Klein  
**Raised Bed Gardening around the Year**  
 978-3-440-17381-7  
 Rights sold: CZ, FR



Tina Ullmann  
**My Wonderful Potted Plants**  
 978-3-440-17787-7  
 All rights available

# Green and Endurable



NEW  
edition



Simone Kern  
**Dry Heroes**

01/2026; 20.00 €

pages: 128  
Paperback with flaps; 19.00 x 25.30 cm  
coloured photos: 170  
coloured illustrations: 5  
978-3-440-18274-1

**Rights sold: IT, CZ**

- ▶ **Sustainable garden design in times of climate change**
- ▶ **Beautiful plants that love dry conditions**

The hotter and drier our summers get, the more resource-efficient gardens are in demand, with plants that don't use a lot of water. Simone Kern presents the best hot-weather artists: perennials, bulb flowers, shrubs and trees for stunning natural gardens, accompanied by advice on planning, planting and caring for the plots.



Ortrud Grieb  
**Vegetables for Dry Weather**  
978-3-440-17880-5  
Rights sold: CZ, UK



Iris Winkenbach  
**Enduring Heat: Robust Plants**  
978-3-440-18121-8  
All rights available

Simone Kern  
**Survival Artists**

06/23; 20.00 €

pages: 128  
Paperback with flaps; 19.30 x 25.40 cm  
coloured photos: 185  
coloured illustrations: 10  
978-3-440-17656-6

**Rights sold: NL**

- ▶ **Living and gardening with climate change**
- ▶ **Many bedding ideas and plant portraits for the all-weather garden**

Climate change demands adjustments in all areas of life – including gardening. Garden expert and bestselling author Simone Kern shows how this can be achieved and what makes up the garden of the 21st century. Robust plants that withstand weather extremes, clever watering strategies and many other practical tips and suggestions as well as creative gardening ideas make this guidebook a must for hobby gardeners and every garden „fit for the future“.



Melanie Öhlenbach  
**Cool Harvest**  
978-3-440-17298-8  
Rights sold: HU



Melanie Öhlenbach  
**Survival on the Balcony**  
978-3-440-17928-4  
All rights available

# Sustainable and Self-Sufficient



Lisa-Maria Trauer  
**Grow your own food  
on your balcony**

01/2025; 22.00 €

pages: 144  
 Paperback with flaps; 17.30 x 24.10 cm  
 coloured photos: 220  
 978-3-440-18058-7

**All rights available**

## ► Urban gardening on the balcony for more self sufficiency

Open the balcony door, harvest and your self-catering dinner is ready. Urban gardening expert Lisa-Maria Trauer shows how easy it can be. From A to Z, she presents 50 varieties of vegetables, fruit and herbs that can be cultivated on just 10 square metres and gives practical tips on self-sufficiency from the balcony.



Joachim Mayer  
**Raised Beds – The Manual**  
 978-3-440-17130-1  
 Rights sold: CZ, NL



Burkhard Bohne  
**Raised Bed Gardening with Herbs**  
 978-3-440-18245-1  
 Rights sold: NL



Otmar Diez  
**Grow your own food  
in your garden**

01/2025; 26.00 €

pages: 192  
 Hardcover; 19.70 x 25.90 cm  
 coloured photos: 311  
 coloured illustrations: 7  
 978-3-440-17961-1

**All rights available**

- **Harvest food around the year from your garden**
- **With courage into self-sufficiency**

Rising food prices are a burden on us all. It helps if you have your own garden for self-sufficiency. However, many hobby gardeners shy away from taking the step of growing their own crops for fear of doing something wrong. They also often lack the courage to start growing their own food from the garden. Otmar Diez shows how to make it simple and how easy it can be to start a self-sufficient garden. His planning, practical and care tips explain how vegetables, herbs, berries and even mushrooms can be harvested all year round – even in a small plot for beginners.



Mechthild Hubl  
**My Gardening With Seeds**  
 978-3-440-17414-2  
 Rights sold: CZ



Anja Klein  
**Everything in A Small Garden**  
 978-3-440-17905-5  
 Rights sold: CZ

# Attracting Insects



Katrin Hecker  
**Feed Caterpillars if you love Butterflies**

01/2025; 20.00 €

pages: 144  
 Paperback with flaps; 17.00 x 24.00 cm  
 coloured photos: 220  
 978-3-440-18162-1

**All rights available**

- ▶ **First aid against the decline of species**
- ▶ **the 101 of butterfly gardening**

First aid for butterflies: the author provides exciting insights into the fascinating world of fluttering insects, explains their developmental stages and way of life and shows how we can make a big difference against species extinction with just small measures. This is how insect-friendly gardening works!



Mareike Fedders  
**My Insect Paradise**

01/2025; 12.00 €

pages: 96  
 Paperback with flaps; 17.20 x 24.10 cm  
 coloured photos: 143  
 coloured illustrations: 7  
 978-3-440-17825-6

**All rights available**

- ▶ **Do's and Don'ts for insect friendly gardening**

Your own little oasis where insects live in abundance? Gardening expert Mareike Fedders shows that this is possible and provides insect lovers with lots of exciting information, practical tips and plant portraits as well as creative DIY ideas in this book that will turn your own garden into a true insect paradise.

*Attracting Insects*

*Attracting Birds*

**Garden  
Helpers**



Bärbel Ofring  
**Insects for the Garden**  
 978-3-440-16892-9  
 Rights sold: CZ



Bärbel Ofring  
**Birds in the Garden**  
 978-3-440-16405-1  
 Rights sold: CZ

*Flowers for Insects*



Bärbel Ofring  
**Plants Attracting Insects**  
 978-3-440-17263-6  
 Rights sold: NL



Rainer Ulrich  
**Which Butterfly is this?**  
 978-3-440-16904-9  
 All rights available

# Create Your Own Garden



NEW



NEW

Katrin Iskam  
**Gardening Without the Fuss**

09/2025; 20.00 €

pages: 53  
Book plus; 9.00 x 12.50 cm  
coloured photos: 70  
coloured illustrations: 35  
978-3-440-18422-6

All rights available

- **Garden planning has never been easier**
- **Make your garden dreams come true**

Gardening influencer Katrin Iskam delights her fans with her wit, charm, and practical gardening know-how. With this handy card set, she guides amateur gardeners through the gardening year week by week, providing useful tips and making bed planning easier than ever.



Katrin Iskam  
**Substantial Gardening**  
978-3-440-17822-5  
All rights available



Carolin Engwert  
**Gardening for the Clueless**  
978-3-440-17679-5  
All rights available

Michaela Waldl  
**Flower Paradise**

09/2025; 25.00 €

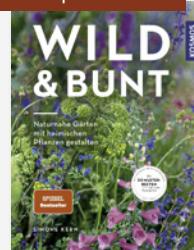
pages: 144  
Hardcover; 19.00 x 25.30 cm  
coloured photos: 250  
978-3-440-18347-2

All rights available

- **Imaginative decoration ideas from the garden and nature**
- **Great as gifts: techniques and inspiration for every occasion**

Deco-love meets nature: in this book, florist and deco-influencer Michaela Waldl shows how to create creative deco objects out of flowers, leaves, branches and other natural materials. The simple DIY instructions are also suitable for crafting with children and inspire with ideas for every season and occasion.

Sold over **30.000** copies



Simone Kern  
**Wild and Colourful**  
978-3-440-17336-7  
Rights sold: CZ, FR, NL



Simone Kern  
**The Anti-Authoritarian Garden**  
978-3-440-17377-0  
Rights sold: CZ

# Nature Guides



Christine Rauch  
**Edible Wild Plants**

02/2025; 16.00 €

pages: 144  
Paperback with flaps; 13.50 x 19.30 cm  
coloured illustrations: 200  
978-3-440-18246-8

Nominated  
for German  
„Most Beautiful  
Book“ award



Nadja Frotscher-Kanka  
**Nature Guide Mushrooms**

04/2025; 16.00 €

pages: 160  
Paperback with flaps; 13.20 x 19.30 cm  
coloured photos: 270  
978-3-440-17895-9

All rights available

- ▶ **Find the plants you can eat**
- ▶ **For a young target group**

Off into the wilderness – Christine Rauch introduces the fascinating world of edible wild plants in a charming and humorous way. Uncomplicated, simple and likeable, she guides us through the wilderness and shows us how: Wild plants are on everyone's lips! She has put her extensive expertise into book form. This guide not only provides tips on finding and collecting the 50 most delicious plants, but also combines exciting background knowledge with creative recipes.



Jutta Over  
**Gardening with a System – wild plants**  
978-3-440-18051-8  
All rights available



Theresa Ester-Nacke  
**Nature Guide Wild Herbs**  
978-3-440-17748-8  
Rights sold: CZ

All rights available

- ▶ **Easy identification**
- ▶ **Practical tips and tricks**

Uniquely easy – the somewhat different nature guides. They are young, they are modern and they bring a breath of fresh air: the „KOSMOS Nature Guides“. In this book, Nadja Frotscher-Kanke provides exciting insights into the multifaceted world of mushrooms and makes you want to discover our natural world. Because you can only sustainably protect what you really know.



Thomas Hörren  
**Nature Guide Insects**  
978-3-440-18015-0  
All rights available



Kalle Nibbenhagen  
**Nature Guide Birds**  
978-3-440-17723-5  
Rights sold: CZ

# Nature Guides Basic

Sold over **1.6 million**  
copies since 2006

Further titles in this series: Healing Plants,  
Spiders, Butterflies, Animal Traces, Alpine  
Flowers, Coast Line, Wild Herbs, Gardenbirds

## Bibliographic Information

128 pages, 10.8 x 18.1 cm  
Paperback, 10.00 €  
18 titles available  
Rights sold: CZ, FR, NL, SE, SK, RO

Our bestselling series of basic nature guides now in a modern and playful design. The 128 page guides fit in a jacket pocket and are especially user-friendly. Each presenting roughly the most common species they have ingeniously easy instructions for identification. In three steps the readers will identify nature around them.



Volker Dierschke  
Basic – Owls and Raptors  
978-3-440-17689-4  
Rights sold: NL



Volker Dierschke  
Basic – Birds  
978-3-440-17393-0  
Rights sold: NL, CZ, SE

Hermann-Michael Hahn  
Basic – Star Constellations

07/2022; 10.00 €  
pages: 128  
Paperback with flaps; 10.80 x 18.00 cm  
coloured photos: 29  
coloured illustrations: 103  
978-3-440-17359-6

Rights sold: NL, CZ, FR



Eva-Maria Dreyer  
Basic – Flowers  
978-3-440-17389-3  
Rights sold: FR, SE, CZ, NL, RO



Katrin Hecker  
Basic – Trees  
978-3-440-17390-9  
Rights sold: FR, CZ, NL



Markus Flück  
Basic – Mushrooms  
978-3-440-17387-9  
Rights sold: SK, NL, CZ, SE, FR



Eva-Maria Dreyer  
Basic – Berries and Wild Herbs  
978-3-440-17392-3  
Rights sold: NL



Dr Roland Gerstmeier  
Basic – Insects  
978-3-440-17391-6  
Rights sold: CZ, NL, FR



Ute Wilhelmsemen  
Basic – Forest  
978-3-440-17684-9  
Rights sold: CZ

# Classic Nature Guides



Over 150.000  
copies sold in 3 years

Margot Spohn  
**Which Tree Is That?**

06/24; 18.00 €

pages: 272  
Paperback with flaps; 11.80 x 19.40 cm  
coloured photos: 848  
coloured illustrations: 872  
978-3-440-18001-3

All rights available

Selected titles sold to: CZ,  
CAT, ES, FR, NL, PL, RO, RU

- Direct combination of image and text
- Additional information for all species

Is that a spruce or a fir? And what lives in that big oak tree? This comprehensive tree guide provides the answers. Over 350 species from Germany and Europe are presented on 272 pages. Extras: Everything you need to know about tree dwellers and how best to observe them.

Margot Spohn is a biologist with a focus on botany and pharmaceutical biology. She is the author of the bestseller „Which Flower is this?“ and has published several other nature guides with Kosmos.

New edition of our bestselling nature guides for the most common topics. 256 pages, photographic guides. Sold over 150.000 copies and several languages.



Dr Heiko Bellmann  
**Which Insect Is That?**  
978-3-440-18000-6  
Rights sold: PL



Christa Bastgen  
**What Edible Wild Plant  
Is This?**  
978-3-440-17999-4  
All rights available



Rupert Hochleitner  
**Which Mineral is That?**  
978-3-440-18026-6  
Rights sold: PL



Volker Dierschke  
**Which Bird is That?**  
978-3-440-18002-0  
Rights sold: PL



# Large Guides Fauna



A classic nature guide in proven KOSMOS quality by Heiko Bellmann, the spider expert. An introduction leads into the group of animals with information about biology, way of life and behavior. In the section on species, 2-3 species per double-page spread – with several images per species – are introduced.

**NEW  
edition**

Dr Heiko Bellmann  
**The Kosmos Guide to Spiders**

08/2025; 40.00 €

pages: 432  
Paperback with flaps; 13.20 x 19.30 cm  
coloured photos: 850  
b/w-illustrations: 60  
978-3-440-18172-0

Rights sold: FR, IT, PL



Dr Heiko Bellmann  
**The Kosmos Butterfly Guide**  
978-3-440-14618-7  
All rights available



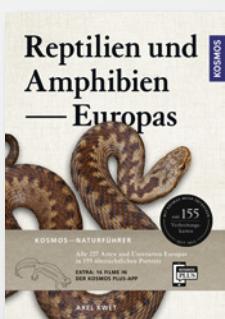
Matthias Helb  
**The Kosmos Beetle Guide**  
978-3-440-16759-5  
Rights sold: NL



Rainer Ulrich  
**The Kosmos Guide to Diurnal Moths**  
978-3-440-18069-3  
All rights available



Dr Heiko Bellmann  
**The Kosmos Guide to Dragonflies**  
978-3-440-16762-5  
All rights available



Axel Kwet  
**The Kosmos Guide to Reptiles and Amphibians of Europe**  
978-3-440-16755-7  
Rights sold: FR, IT



Dr Heiko Bellmann  
**The Kosmos Guide to Grasshoppers**  
978-3-440-15304-8  
Rights sold: FR, IT, NL, S



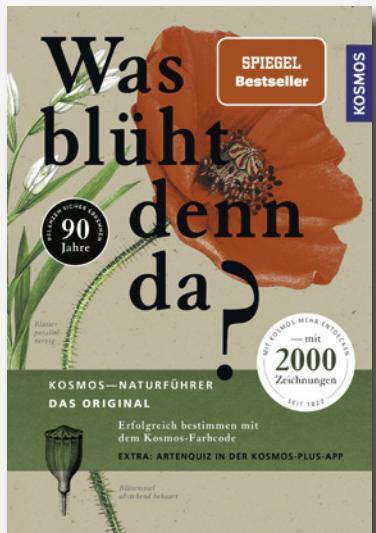
Dr Heiko Bellmann  
**The Kosmos Guide to Insects**  
978-3-440-18171-3  
All rights available



Dr Heiko Bellmann  
**The Kosmos Guide to Bees, Wasps, Ants**  
978-3-440-17982-6  
Rights sold: FR

# Large Guides Flora

All titles between 248 and 498 pages, specific guides, covering middle Europe and beyond.



Margot Spohn  
**Which Flower is this?**

02/2025; 22.00 €

pages: 496  
Paperback with flaps; 13.20 x 19.30 cm  
coloured illustrations: 2065  
b/w-illustrations: 112  
978-3-440-18088-4

Rights sold: CN, FR, CZ, PL, NL



A classic turns 90 – that's how nature guides work today. A nature guide that has been growing in popularity for 90 years instead of being labelled as outdated? Only „Which Flower is this?“ can do that: with over 870 species, more than 2000 hand-drawn illustrations, detailed photographs, easy-to-understand descriptive texts – and of course with the unique KOSMOS colour code. To mark its birthday, the long-seller has a fresh new look, updated content and a specially developed plant quiz. This makes every excursion into nature an experience for the whole family.



Margot Spohn  
**Which Flower is this? (Photos)**  
978-3-440-18090-7  
All rights available



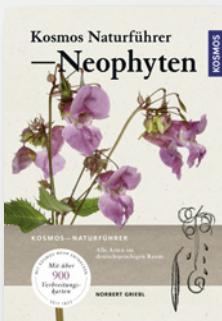
Norbert Griebl  
**The Kosmos Alpine Flora**  
978-3-440-17498-2  
Rights sold: UK



Peter Schönfelder  
**The Kosmos Guide to Medicinal Plants**  
978-3-440-16268-2  
All rights available



Peter Schönfelder  
**Mediterranean Plants**  
978-3-440-17499-9  
Rights sold: ES



Norbert Griebl  
**Neophyts**  
978-3-440-16874-5  
All rights available



Peter Schönfelder  
**The Kosmos Canary Flora**  
978-3-440-15407-6  
Rights sold: ES



Norbert Griebl  
**Orchids of Europe**  
978-3-440-17100-4  
All rights available



Margot Spohn  
**The Big Kosmos Guide to Trees**  
978-3-440-17094-6  
Rights sold: PL, IT

# Fascinating Nature



NEW  
edition

## The Big Kosmos Field Guide – Animals and Plants

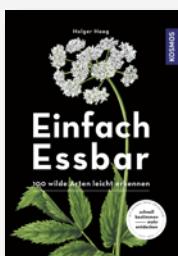
08/2025; 25.00 €

pages: 896  
Hardcover; 13.20 x 19.30 cm  
coloured photos: 2130  
coloured illustrations: 163  
b/w-illustrations: 115  
978-3-440-18317-5

All rights available

### ► Unbeatable variety: over 1.900 animals, plants, and fungi profiled

The reference book about nature now completely new: new text, new photos and additional detailed drawings for more than 1.900 animals, plants and fungi – this is pure biodiversity! With more than 2.400 illustrations, plus much worth knowing and information about characteristics and occurrence. Here you'll find everything that can be explored in the home and garden, during walks, hikes and on vacation. The Kosmos colour code guarantees rapid access to the groups of species.



Holger Haag  
Simply Edible  
978-3-440-17682-5  
Rights sold: CZ



Felix Weiß  
Simply Birds  
978-3-440-17024-3  
Rights sold: CZ, NL



NEW

## Gamander López Winter Moments – Advent Calendar

09/2025; 20.00 €

pages: 112  
Hardcover; 17.00 x 24.00 cm  
coloured photos: 140  
978-3-440-18335-9

All rights available

- Advent calendar book with photos by Gamander López-Caparrós Jungmann
- Open the „doors“ and be amazed

Thanks to its unique fold-out pages, this Advent calendar in book form is a pre-Christmas highlight: every day, you can open the „doors“ to reveal atmospheric winter animal photos by Gamander López, DIY ideas, and entertaining texts. It gets you in the mood for a creative Christmas season – with a very special connection to nature.



Farina Graßmann  
True Crime in Nature  
978-3-440-18023-5  
Rights sold: KO, CN



Gamander López  
Moments in Nature  
978-3-440-17876-8  
Rights sold: CZ

# Watching Animals



Patrick Hundorf  
**Wild Animals and How to Watch Them**

09/2025; 25.00 €

pages: 208  
 Paperback with flaps; 17.00 x 24.00 cm  
 coloured photos: 250  
 978-3-440-18179-9

All rights available

- **Off into nature: how to successfully observe wild animals**
- **Bonus: dating calendar for rutting and mating seasons**

Finally find and observe wild animals – this book shows you how! Whether it's moor frogs, foxes, deer, or cranes, these pages take all outdoor enthusiasts on a journey of discovery into nature and introduces 60 species that even beginners are guaranteed to be able to observe. On top, there are practical tips on equipment, stalking, camouflage, and tracking, and presents the special features of rutting and mating seasons in a dating calendar for wild animals.



Detlef Singer  
**Birds Around the Bird Feeder**  
 978-3-440-16968-1  
 Rights sold: DK, HU



Katrin Hecker  
**The Book of Gardenbirds**  
 978-3-440-18076-1  
 Rights sold: CZ, NL



Jasmin Schreiber  
**In the Shadow of Giants**

07/2025; 28.00 €

pages: 176  
 Hardcover; 19.00 x 25.30 cm  
 coloured photos: 137  
 coloured illustrations: 7  
 978-3-440-17987-1

All rights available

- **Perfect match: bestselling author Jasmin Schreiber at Kosmos**
- **Fascinating insight into the world's tiniest ecosystems**

Known for novels such as „Marianengraben“, bestselling author and biologist Jasmin Schreiber explores a whole new world in this book: she looks into cracks in walls, under moss cushions, and behind trash cans and discovers tiny ecosystems and their fascinating organisms. As an expert in her field, the biologist provides fascinating facts and transports readers to strange – and very small – worlds with exciting texts and unique photos.



Dominik Eulberg  
**Eye to Eye.**  
**The World of Insects**  
 978-3-440-17900-0  
 Rights sold: FR



Ulrich Schmid  
**Insects – Secret Rulers**  
 978-3-440-17608-5  
 All rights available

# Beautiful Nature

Paschalis Dougalis  
Through the Eyes of  
a Bird Illustrator

10/2025; 35.00 €

pages: 208  
Hardcover; 19.00 x 25.30 cm  
coloured illustrations: 240  
b/w-illustrations: 120  
978-3-440-18080-8

All rights available

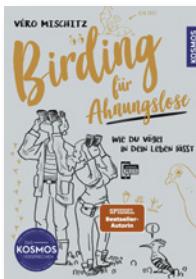
NEW



Detailed Drawings

- Personal and highly aesthetic: fascinating insights from the bird illustrator
- The ideal gift for amateur ornithologists and fans of Paschalis Dougalis

Where nature meets art: Paschalis Dougalis is one of the world's most renowned bird and nature illustrators and in this book, he invites all amateur ornithologists and fans of his work to accompany him to his outdoor studio and provides exciting insights into his work. In a personal and captivating style, he recounts unique encounters with birds, shares ornithological anecdotes, and offers a unique glimpse into his sketchbooks.



Véro Mischitz  
**Birding for The Clueless**  
978-3-440-17832-4  
Rights sold: FR

NEW



Lisa Hummel  
**Cottagecore – Birds in the Garden**  
978-3-440-18330-4  
All rights available

NEW



Lisa Hummel  
**Cottagecore – Plants**  
978-3-440-18329-8  
All rights available



Card boxes

# All about Mushrooms



NEW

Véro Mischitz  
**Mushrooms for the Clueless**

06/2025; 20.00 €

pages: 128  
Paperback with flaps; 17.00 x 24.00 cm  
coloured illustrations: 250  
978-3-440-18115-7

All rights available

- The successful graphic novel format is now also available for mushroom fans
- Complex relationships explained in simple terms

In this latest title of the „...for the Clueless“ series, biologist and illustrator Veronika Mischitz now turns her attention to the fascinating world of fungi. With wit, expertise and entertaining drawings, she provides a comprehensive overview of the field of mycology and shows that mushrooms are anything but boring!



NEW

Nadja Frotscher-Kanka  
**Mushroom Book for Children**

06/2025; 16.00 €

pages: 96  
Paperback with flaps; 17.00 x 24.00 cm  
coloured photos: 170  
coloured illustrations: 30  
978-3-440-18261-1

All rights available

- The mushroom book for the whole family
- Out and about in nature: actively and curiously discovering the world of mushrooms

„Come on kids, let's go mushrooming!“ – This activity book for the whole family guarantees a fun-filled foray into the forest. In addition to lots of exciting information about the world of mushrooms, it contains creative excursion and craft ideas, playfully introducing children to the fascinating world of mushrooms.



Hans E. Laux  
**The Big Kosmos Mushroom Guide**  
978-3-440-17674-0  
Rights sold: PL



Andreas Gminder  
**Handbook for Mushroom Collectors**  
978-3-440-17037-3  
All rights available

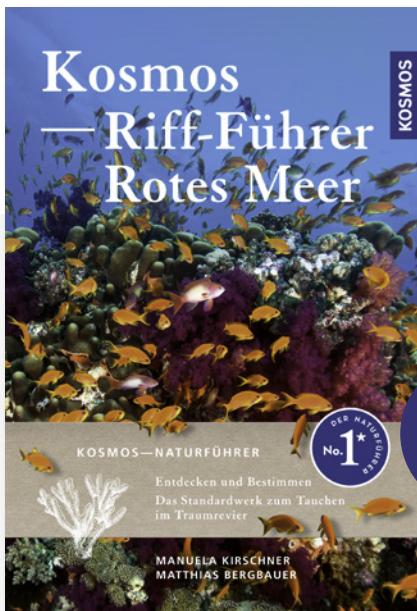


Moritz Schmid  
**Mushroom Fever**  
978-3-440-17926-0  
All rights available



Hans E. Laux  
**A Take Along Guide – Mushrooms**  
978-3-440-17662-7  
Rights sold: PL, CZ

# Fascinating Wildlife



NEW  
edition

Manuela Kirschner  
**Kosmos Reef Guide Red Sea**

06/2025; 40.00 €

pages: 320  
Paperback with flaps; 13.20 x 19.30 cm  
coloured photos: 972  
b/w-illustrations: 5  
978-3-440-18316-8

All rights available

► **The number one travel destination for divers from around the world**

The Red Sea with its biological diversity is unique on this planet. At no other place can you experience such a wealth of different species and blaze of colours. Divers from all over the world visit the coasts of the Red Sea to be enchanted by its underwater world. This book introduces you to more than 1.000 species with stunning photos by the renowned underwater photographer Manuela Kirschner which will also help you identify each single species when you come across it.



Markus Bötefür  
**Learning to Fish  
Step by Step**  
978-3-440-17577-4  
Rights sold: CZ



Matthias Bergbauer  
**Which Fish Is This?**  
978-3-440-17979-6  
Rights sold: CZ



NEW

Dr Sven Herzog  
**Wolves Today – the Right Way to Deal with Them**

11/2025; 30.00 €

pages: 352  
Hardcover; 13.50 x 21.50 cm  
coloured photos: 85  
coloured illustrations: 5  
978-3-440-18098-3

All rights available

► **The wolf in Germany: an overview of current developments**

► **Strategies and recommendations – how to successfully deal with this predator**

The wolf is back! And with it, the number of sheep, wild animals and cattle being savaged is increasing. In many places, the wolf is seen as a threat. In this book, Prof Sven Herzog addresses the topic of wolves from a neutral position, imparts easy-to-understand knowledge and shows ways in which the wolf population in Germany can be managed successfully.



Werner Siebern  
**500 Practical Tips for Keeping Hunting Dog**  
978-3-440-18030-3  
Rights sold: CZ  
All rights available



Inga Haase  
**The Hunting Book for Kids**  
978-3-440-17570-5  
Rights sold: CZ

# Hunting



NEW

Hannah Mittner  
**Hunting with Search Hounds**

09/2025; 28.00 €

pages: 168  
Hardcover; 17.00 x 24.00 cm  
coloured photos: 80  
coloured illustrations: 10  
978-3-440-18323-6

All rights available

- ▶ **Everything you need to know about hunting with quail dogs, bracken, terriers and more**
- ▶ **The practical guide to training flushing dogs for exams**

Driven hunts are becoming increasingly popular and with them the use of search hounds as hunting helpers. In this practical book, the authors provide valuable insights into their everyday life as search dog handlers, summarize the characteristics and peculiarities of driven hunts with dogs and provide comprehensive and competent information about the training and familiarization of the animals.



Hans-Jürgen Markmann  
**From Puppy to Hunting Companion**  
978-3-440-17447-0  
All rights available



Isabelle Bulling  
**Hunt and Care for Your Catch**  
978-3-440-17923-9  
All rights available



NEW

Hartwig Görtler  
**Stalking Through the Hunting Season**

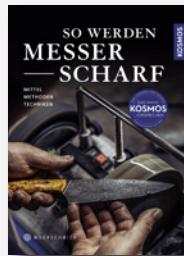
09/2025; 26.00 €

pages: 144  
Hardcover; 17.00 x 24.00 cm  
coloured photos: 150  
978-3-440-18228-4

All rights available

- ▶ **The yearbook for hunters: hunting ground work and hunts presented chronologically**
- ▶ **Ideal for planning the hunting year in your own hunting ground**

During the hunting year (April 1 to March 31), hunters have to perform a variety of tasks and duties. The hunting opportunities also differ considerably at different times. This book provides a comprehensive and chronologically organized overview of all the work to be done in the hunting grounds and the hunting opportunities throughout the hunting year. It is the ideal gift for hunting beginners and hunters with their own hunting grounds.



Moorschmid  
**Sharpening Knives**  
978-3-440-18097-6  
All rights available



Dr Konstantin Börner  
**Hunting Wild Boar – Modern Hunting**  
978-3-440-18086-0  
All rights available

NEW

# Martin Rütter — Dog Expert

Martin Rütter  
**Fetching With Martin Rütter**

10/2025; 22.00 €

pages: 160  
 Hardcover; 19.00 x 25.30 cm  
 coloured photos: 200  
 978-3-440-18147-8

All rights available

NEW



*Martin Rütter is Germany's leading Dog expert. As a reknown animal psychologist and trainer, his books alone sold over 1 million copies. He features in his own popular TV shows. He has his own dog obedience school since 1995.*

*Andrea Buisman is a breeder and dog trainer. At DOGs she handles the training of coaches and support for dog training schools.*

- **Dog activities with Germany's most famous dog trainer**
- **From food bags to dummies, at home or on the go: fetch training for all dogs**

A dog that chases cyclists, seeks out other dogs independently and cannot be called off? That doesn't have to be the case, because with the right activity, a walk can be an exciting experience. In this guide, Germany's best-known dog trainer Martin Rütter focuses on retrieving and shows how targeted throws and searching for and directing dogs to objects can not only keep dogs occupied, but also help them put their owner back at the center of attention. Whether it's a quick exercise for in between at home or an outdoor training session, fun is guaranteed!



Martin Rütter  
**Puppy Training With Martin Rütter**  
 978-3-440-17170-7  
 All rights available



Martin Rütter  
**Occupying Dogs With Martin Rütter**  
 978-3-440-17457-9  
 All rights available



Martin Rütter  
**Dog Training with Martin Rütter**  
 978-3-440-17458-6  
 Rights sold: ES



Martin Rütter  
**Language Course With Martin Rütter**  
 978-3-440-17456-2  
 All rights available

Over 1 million sold Rütter titles

# Getting a Feeling for Your Dog

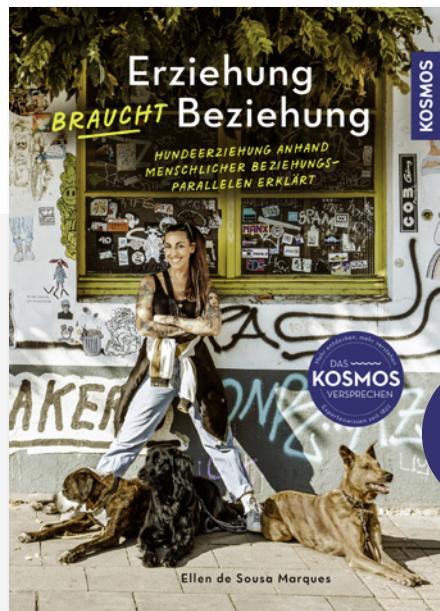


Dr Janey May  
**Reduce Stress for Your Dog**

09/2025; 25.00 €

pages: 192  
Paperback with flaps; 17.00 x 24.00 cm  
coloured photos: 200  
978-3-440-18287-1

NEW



Ellen de Sousa Marques  
**Education Requires Relationship**

09/2025; 22.00 €

pages: 160  
Paperback with flaps; 17.00 x 24.00 cm  
coloured photos: 142  
978-3-440-18135-5

NEW

All rights available

- ▶ **Prevent misunderstandings – reduce stress**
- ▶ **The practical guide: recognizing stress in dogs**

When a dog displays stubborn behavior, it is often advised to be more assertive and set boundaries. But the problem usually lies elsewhere: instead of stricter boundaries, the dog needs to be handled calmly and at eye level. This practical guide therefore addresses dog owners whose animals are supposedly stubborn or nervous. The author's expert explanations and practical exercises provide a better understanding and help to reduce stress in dogs by making them more self-reliant.



Sold over  
20.000  
copies

Maren Grote  
**Frustrations, good bye**  
978-3-440-18123-2  
All rights available



Ursula Löckenhoff  
**Shelter Dog, Favorite Dog**  
978-3-440-17339-8  
All rights available

NEW



Maren Grote  
**Leading and Feeling Dogs**  
978-3-440-17917-8  
Rights sold: IT



Maren Grote  
**Learning to Read Dogs**  
978-3-440-17558-3  
Rights sold: NL, CZ

Bestselling  
Author

# Teaching and Understanding Dogs



NEW

Charly Arzberger  
**People-oriented Dogs**

06/2026; 26.00 €

pages: 192  
Hardcover; 17.00 x 24.00 cm  
coloured photos: 200  
978-3-440-18165-2

All rights available

- ▶ **The successful path to a people-oriented dog**
- ▶ **Communicate clearly – strengthen relationships**

Many dog owners are familiar with the situation: Despite intensive work, their dog is often not responsive, pulls on the leash or is easily distracted. In this book, the authors show what the reasons for this may be, what is going on in the dog's mind and what measures can be taken to remedy the situation, helping to resolve conflicts and strengthen the relationship between dog and owner.



Sami El Ayachi  
**Leash Handling**  
978-3-440-17851-5  
All rights available



Linda Tellington-Jones  
**Tellington Training for Dogs**  
978-3-440-18040-2  
All rights available



NEW

Ute Heberer  
**Problem: Dog**

09/2025; 34.00 €

pages: 256  
Hardcover; 17.90 x 24.70 cm  
coloured photos: 150  
978-3-440-18334-2

All rights available

- ▶ **Sad trend: more and more dogs with behavioral problems**
- ▶ **Recognize, understand, react – with practical case studies**

„Is my dog's behavior pathologically abnormal, or is that just my human perception?“ – This book provides dog owners with the necessary know-how to answer this question reliably and to counteract actual problem behavior, with expertise from research and practice, as well as many case studies and measures.



Ute Heberer  
**Fear in Dogs**  
978-3-440-16300-9  
All rights available



Robert Mehl  
**The Dog's Psyche**  
978-3-440-16701-4  
All rights available

# Health for Your Dog



Dr Christian Nees  
**Consultation Hour for Your Dog**

09/2025; 28.00 €

pages: 216  
 Hardcover; 17.00 x 24.00 cm  
 coloured photos: 330  
 coloured illustrations: 47  
 978-3-440-18100-3

All rights available

- ▶ **Quick decision-making guide:  
 Emergency – Visit to the vet – Self-help**
- ▶ **Medical knowledge for competence and  
 safety in dog ownership**

In this book, veterinarian Christian Nees combines his expertise from many years of veterinary practice with valuable advice and tips on how to avoid mistakes and take preventive measures. The book's clear structure makes it easy for dog owners to find answers to medical questions and develop the confidence and knowledge they need to make the right decision.



Christel Löffler  
**Character Types**  
 978-3-440-17920-8  
 All rights available



Sonja Pfaff  
**Walking Dogs Without a Leash**  
 978-3-440-16918-6  
 All rights available



Dr Peter Spork  
**The Epigenetics of Dogs**

06/2025; 25.00 €

pages: 152  
 Hardcover; 13.50 x 21.50 cm  
 b/w-photos: 4  
 b/w-illustrations: 8  
 978-3-440-18039-6

All rights available

- ▶ **Epigenetics: how the environment  
 influences dogs' genes**
- ▶ **Explained by bestselling author and  
 neurobiologist Dr. Peter Spork**

„Genes are destiny“ – really? We now know that genetic predispositions can be modified by external influences. But this is not only possible in humans – it also applies to dogs! Neurobiologist and bestselling author Dr Peter Spork explains the basics of epigenetics and shows how stress, trauma, but also security and safety can influence a dog's genetic makeup.



Dana Thimel  
**Curving®**  
 978-3-440-18126-3  
 All rights available



Sonja Meiburg  
**Walk the Dog-Training**  
 978-3-440-17897-3  
 All rights available

# Keeping Pets



Dr Andrea Böttjer  
**The Cat Book for Children**

08/2025; 15.00 €

pages: 96  
 Paperback with flaps; 17.00 x 24.00 cm  
 coloured photos: 120  
 978-3-440-18132-4

All rights available

- ▶ **Learn how to handle cats safely through play and fun**
- ▶ **The interactive book for cat tasters aged 8 to 12**

In this hands-on book, veterinarian Andrea Böttjer shows children how to interact safely with cats in a playful way. The easy-to-understand explanations and ideas for getting started are fun and introduce children between the ages of 8 and 12 to the responsibility of being a cat owner – while also promoting harmonious coexistence and strengthening the bond between the child and the animal.



Dr Sandra Bruns  
**The Dog Book for Children**  
 978-3-440-18130-0  
 All rights available



Sonja Meiburg  
**Puppy School**  
 978-3-440-17567-5  
 Rights sold: CZ



Viola Schillinger  
**Dwarf Rabbits**

01/23; 12.00 €

pages: 104  
 Paperback with flaps; 17.20 x 24.10 cm  
 coloured photos: 153  
 coloured illustrations: 19  
 978-3-440-17562-0

Rights sold: CZ

- ▶ **The perfect guide to a rabbit's happiness**
- ▶ **Clear structure and easy to understand instructions**

Your very first rabbit comes with a lot of questions: Which animals are suitable for each other, what should the enclosure look like, and what do rabbits like to eat most? This book offers all the important information for the first steps in a clear and concise way. Topics like selection, an enclosure with lots of variety, species-appropriate diet, health, behaviour, and socialisation give first-time pet owners a sense of certainty. The structure with double pages offers clear orientation and lists of dos and don'ts help to avoid mistakes. Tips for DIY and pages for kids invite to craft and help.



Svenja Wilms  
**Tortoises**  
 978-3-440-17848-5  
 Rights sold: CZ



Viola Schillinger  
**Guinea Pigs**  
 978-3-440-17566-8  
 All rights available

NEW

# Training through Communication



Stephan Fischer  
**Riding Is Communicating**

07/2025; 36.00 €

pages: 208  
Hardcover; 19.00 x 25.30 cm  
coloured photos: 80  
coloured illustrations: 40  
b/w-illustrations: 50  
978-3-440-18081-5

All rights available

NEW

- ▶ **Subtle aids for subtle communication**
- ▶ **Riding with feeling, knowledge, intuition, and understanding**

This guide provides riders with the tools they need to recognize, resolve, and avoid mistakes in communication with their horses. The focus is on the rider's seat and the rider's influence on the horse on the ground and in the saddle. With these tips, riders can reduce their use of aids to a minimum and improve their riding in the long term.

Stephan Fischer provides riders with the tools they need to independently improve themselves and their horses. He not only has a large fan base on social media, but his courses and lectures are also in high demand.



Marie Heger  
**Think free**  
978-3-440-17347-3  
All rights available



Ingrid Klimke  
**Riding For Fun – My way of schooling horses**  
978-3-440-16364-1  
Rights sold: US/UK, CZ, RU



Katja Schnabel  
**Horse Training with Katja Schnabel**  
978-3-440-17858-4  
All rights available



Silke Behling  
**Horses**  
978-3-440-17167-7  
All rights available

NEW  
edition

# Understanding Horses



NEW

Anne Krüger-Degener  
**In Sync with your Horse**

01/2027; 32.00 €

pages: 160  
Hardcover; 17.00 x 24.00 cm  
coloured photos: 180  
978-3-440-17667-2

All rights available

- ▶ **Author of the HarmoniLogie training**
- ▶ **The HarmoniLogie method for young horses**

As a horse expert, the author provides a valuable guide to training young horses with this book. She explains in easy-to-understand terms how age-appropriate learning works and how problems can be solved; pages for filling in yourself make documentation easier.



Linda Tellington-Jones  
**Practical Guide Tellington Training for Horses**  
978-3-440-17532-3  
All rights available



Linda Tellington-Jones  
**TTouch for Horses - compact**  
978-3-440-17197-4  
All rights available



NEW

Marlitt Wendt  
**Resilience in Horses**

08/2025; 22.00 €

pages: 144  
Paperback with flaps; 17.00 x 24.00 cm  
coloured photos: 136  
978-3-440-16889-9

All rights available

- ▶ **The latest knowledge on resilience in horses**
- ▶ **How riders can learn to improve their posture and handling**

„Resilience means the freedom to choose how to respond to the environment.“ Following this motto, behavioral biologist Marlitt Wendt presents important fundamentals of resilience research and shows its influence on horse husbandry and handling in everyday life. With tips from the latest scientific findings, she also provides practical ideas on how horse owners can deal with fear, insecurity, and the flight instinct of their animals.



Catherine Seib  
**The Space in Between**  
978-3-440-17750-1  
All rights available



Catherine Seib  
**Conversations with Your Horse**  
978-3-440-17744-0  
All rights available

# Working with Horses



Marvin Vroomen  
**Playing with Energy**

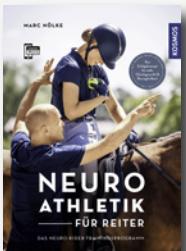
06/2025; 30.00 €

pages: 144  
Hardcover; 17.00 x 24.00 cm  
coloured photos: 134  
coloured illustrations: 13  
978-3-440-17975-8

**All rights available**

- ▶ **Correctly channeling the energies of humans and horses**
- ▶ **How horse owners unleash the energy potential of their animals**

Phlegmatic, spirited, adventurous, or harmony-seeking – just like us humans, horses also have very different character traits. In his book, horse trainer Marvin Vroomen attributes these to the energy levels in living beings. Based on this, he shows how horse owners can discover their own energy potential and that of their horses, and provides guidance on how this can be channeled to increase motivation and willingness to perform.



Marc Nölke  
**Neuroathletics for Riders**  
978-3-440-17225-4  
Rights sold: US/UK, PL



Prof Dr Konstanze Krüger  
**L laterality in Horses**  
978-3-440-17658-0  
Rights sold: US



Antonie Ebbesmeyer  
**Of Heroic Horses and Extraordinary Children**

06/2025; 20.00 €

pages: 176  
Paperback with flaps; 13.50 x 21.50 cm  
978-3-440-18082-2

**All rights available**

- ▶ **Insight into the work of an equine therapist**
- ▶ **Everyday life in equine therapy with autistic children**

In her autobiographical non-fiction book, equine therapist Antonie Ebbesmeyer describes how she balances her family life, horses, and work. Using touching case studies, she shows the healing effect horses have on autistic people and explains in a sensitive and knowledgeable way why horses are particularly well suited as therapy animals.

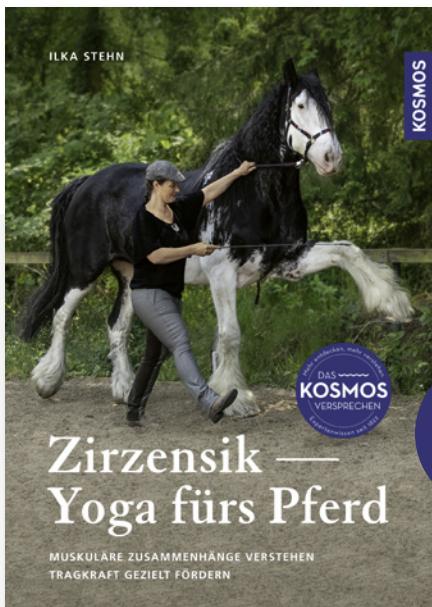


Jane Savoie  
**Think Positiv – Ride Better**  
978-3-440-16712-0  
All rights available



Ingrid Klimke  
**Basic Training of Young Riding Horses**  
978-3-440-15924-8  
Rights sold: US/UK, CZ

# Different Ways of Instruction



NEW

Ilka Stehn  
**Circensic Lessons**

08/2025; 20.00 €

pages: 96  
Paperback with flaps; 17.00 x 24.00 cm  
coloured photos: 100  
978-3-440-18221-5

All rights available

- ▶ **More variety in ground work with circus tricks**
- ▶ **Train specific muscle groups with circus lessons**

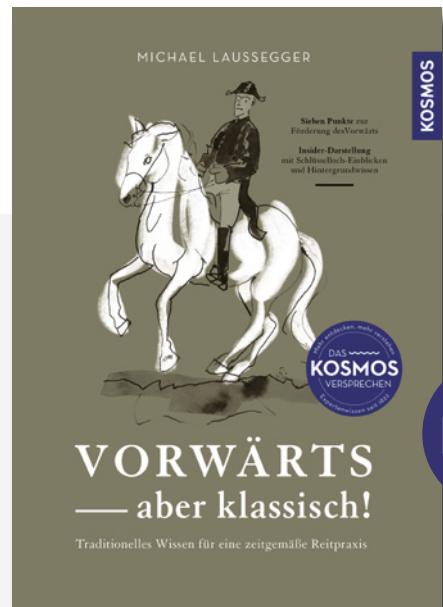
Circus riding, or riding circus lessons, is particularly popular among recreational riders because it strengthens the bond between horse and rider and also targets specific muscle groups in the horse. In this book, riders who want to add variety to their ground work with circus skills will find everything they need to know to get started. The exercises and lessons shown combine fun and benefit for the horse in an ideal way.



Sigrid Schöpe  
**Circus Tricks With Horses**  
978-3-440-17067-0  
Rights sold: FR, US



Marius Schneider  
**Gymnastics Free Work**  
978-3-440-17426-5  
All rights available



NEW

Michael Laußegger  
**Moving forward, but classic**

08/2025; 32.00 €

pages: 168  
Hardcover; 17.00 x 24.00 cm  
b/w-photos: 20  
b/w-illustrations: 16  
978-3-440-18181-2

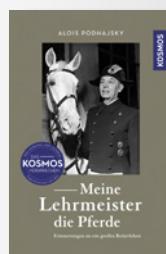
All rights available

- ▶ **Old knowledge still up to date**
- ▶ **Exclusive insights into the traditions and principles of the world's oldest riding school**

The flow forward – this is what Michael Laußegger sees as the common thread running through the famous Viennese horse training method. In this book, he describes the historically developed training principles of the Vienna School of Equestrian Art and focuses on the flowing, fresh forward movement using seven key points that play a special role in promoting forward movement.

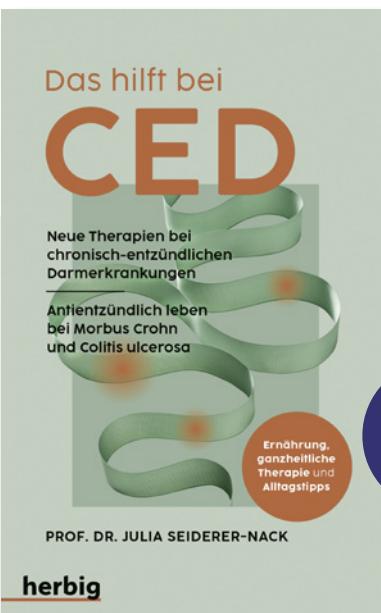


Alois Podhajsky  
**The Classic Art of Riding**  
978-3-440-17416-6  
Rights sold: US



Alois Podhajsky  
**My Horses, My Teachers**  
978-3-440-17413-5  
All rights available

# Easing Problems



Prof Dr Julia Seiderer-Nack  
**Self-help for Chronic Intestinal Inflammation**

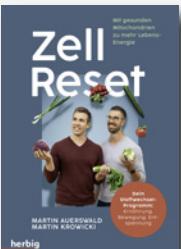
06/2025; 22.00 €

pages: 208  
 Paperback with flaps; 13.50 x 21.50 cm  
 b/w-illustrations: 10  
 978-3-96859-092-9

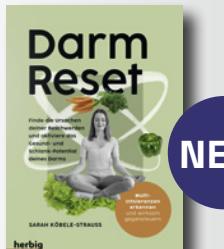
All rights available

- ▶ **The comprehensive patient guide to chronic inflammatory bowel disease**
- ▶ **Help for self-help with the latest medical findings**

More and more people suffer from chronic inflammatory bowel disease and the associated loss of quality of life. This in-depth patient guide not only provides an overview of the latest scientific findings, but also presents holistic approaches that can help those affected to regain more ease in their daily lives.



Martin Auerswald  
**Cell Reset**  
 978-3-96859-057-8  
 Rights sold: PL



Sarah Köble-Strauss  
**Gut Reset**  
 978-3-96859-086-8  
 All rights available



Nadja Dörner  
**My Pelvic Floor, Menopause, and I**

08/2025; 22.00 €

pages: 160  
 Paperback with flaps; 17.00 x 24.00 cm  
 coloured photos: 140  
 coloured illustrations: 10  
 978-3-96859-088-2

All rights available

- ▶ **The comprehensive guide to more power in everyday life**
- ▶ **Understanding and specifically training the pelvic floor during menopause**

The pelvic floor is one of the unsung heroes of our body: it supports the network of muscles and tendons, carries the internal organs, ensures an upright posture and plays an important role in healthy sexuality. In order to keep the pelvic floor fit even during the menopausal transition, Nadja Dörner presents the most important basics in this book and helps to prevent pelvic floor complaints with numerous exercises.

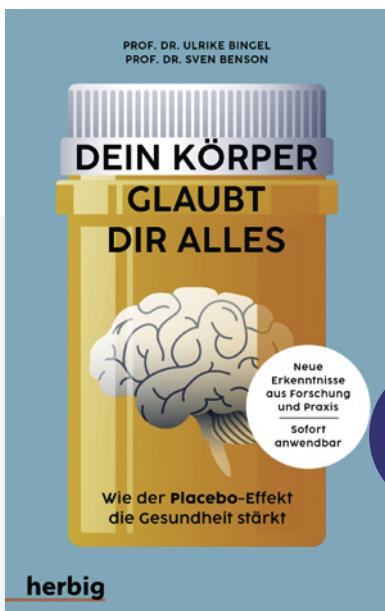


Dr Heide Fischer  
**My Compass for Menopause**  
 978-3-96859-043-1  
 All rights available



Manuela Kloibhofer  
**Women's Blood**  
 978-3-96859-022-6  
 All rights available

# How to Help Oneself



Prof. Sven Benson  
**Your Body Believes Everything You Say**

07/2025; 22.00 €

pages: 200  
 Paperback with flaps; 13.50 x 21.50 cm  
 b/w-illustrations: 20  
 978-3-96859-098-1

**All rights available**

- ▶ **Making strategic use of the placebo effect**
- ▶ **Practical knowledge with lots of tips, checklists, and recipes**

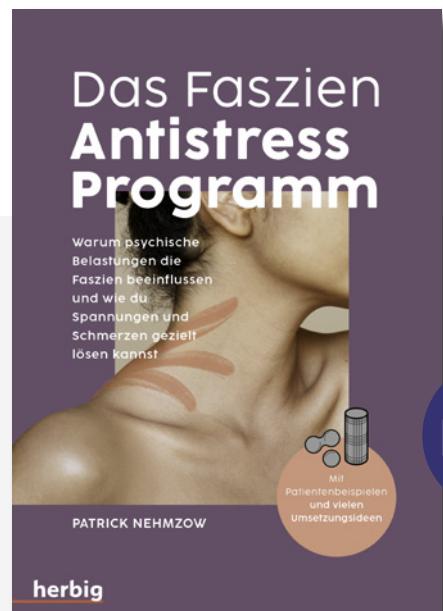
Medicine either works or it doesn't – but it's not that simple! The expectations and attitudes of patients play just as important a role in determining whether a treatment is successful or not. This book explains in easy-to-understand terms how the placebo effect can be harnessed and uses numerous examples to demonstrate the untapped potential of the power of thought.



Martin Auerswald  
**Fact Check: Nutritional Supplements**  
 978-3-96859-046-2  
 All rights available



Martin Auerswald  
**The Epigenetics Code**  
 978-3-96859-085-1  
 All rights available



Patrick Nehmzow  
**The Fascia Anti-Stress Program**

10/2025; 22.00 €

pages: 144  
 Paperback with flaps; 17.00 x 24.00 cm  
 coloured photos: 120  
 coloured illustrations: 10  
 978-3-96859-090-5

**All rights available**

- ▶ **Latest findings from fascia research**
- ▶ **With extensive exercises, training plans, and self-checks**

Reduce stress with fascia? We now know that it is possible! This is because the fine network of tissue is not only susceptible to mechanical stimuli, but also reacts sensitively to hormone releases under stress and tension. This practical guide not only presents the latest research findings on the subject, but also includes a detailed section on exercises that show how the fascia system can be trained to become more elastic and supple.



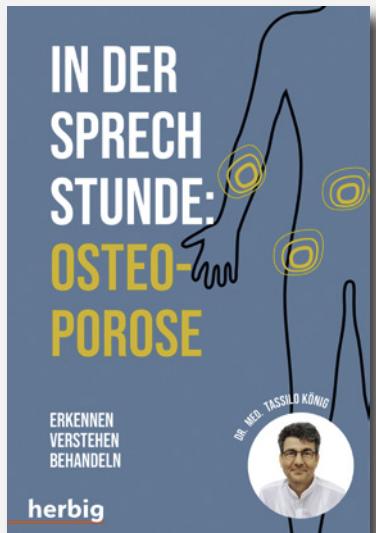
Dr Bernhard Dickreiter  
**Leave Chronic Fatigue Behind**  
 978-3-96859-062-2  
 All rights available



Prof Dr Martin Storr  
**Help with the Silent Reflux**  
 978-3-96859-037-0  
 All rights available

# The Doctor is In

FAQ  
answered by  
doctors

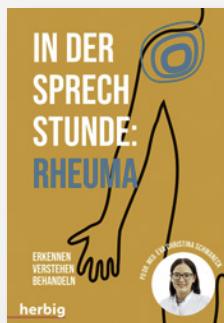


Dr Tassilo König  
**At The Doctor's: Osteoporosis**  
07/24; 15.00 €  
pages: 128  
Paperback with flaps; 13.40 x 19.40 cm  
coloured illustrations: 3  
b/w-photos: 5  
978-3-96859-067-7  
**All rights available**

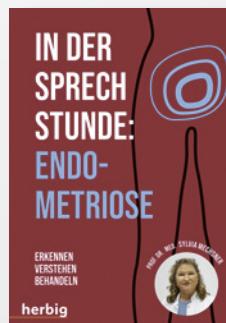
As one of the most common diseases of the musculoskeletal system, osteoporosis is a widespread ailment. Orthopaedic specialist and osteoporosis specialist Dr med Tassilo König answers the most frequently asked patient questions about the causes and risk factors, diagnosis and treatment of this metabolic bone disorder in this book from the successful Herbig series „In der Sprechstunde“. He passes on his specialist knowledge to patients in an easy-to-understand and clear manner, focusing on everyday life with the disease. Because he knows that thanks to an adapted diet, medication and an individualized exercise concept, a self-determined life is possible despite the disease.



Dr Carsten Grohmann  
**At the Doctor's: Cataract**  
978-3-96859-050-9  
**All rights available**



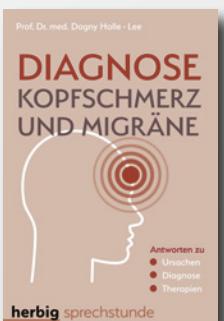
Dr Eva Christina Schwanck  
**At the Doctor's: Rheuma**  
978-3-96859-055-4  
**All rights available**



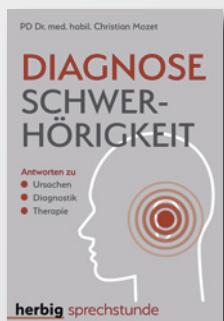
Prof Dr Sylvia Mechsnner  
**Consultation on Endometriosis**  
978-3-96859-034-9  
**All rights available**



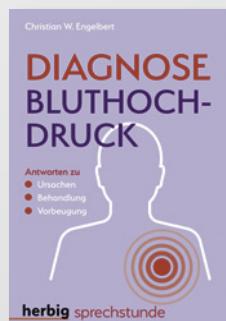
Dr Christoph Pies  
**In Consultation: The Bladder**  
978-3-96859-019-6  
**All rights available**



Prof Dr Dagny Holle-Lee  
**Diagnosis Headache and Migraine**  
978-3-96859-021-9  
**All rights available**



PD Dr. med. habil. Christian Mozet  
**Diagnosis Hearing Loss**  
978-3-96859-029-5  
**All rights available**



Christian W. Engelbert  
**Diagnosis Hypertension**  
978-3-7766-2872-2  
**All rights available**



Dr Christoph Pies  
**Focus Prostate**  
978-3-96859-027-1  
**All rights available**

# Family Life



Lisa Maria Kopp  
**Veggie Mum**

09/2025; 22.00 €

pages: 160  
 Paperback with flaps; 17.00 x 24.00 cm  
 coloured photos: 120  
 coloured illustrations: 10  
 978-3-96859-082-0

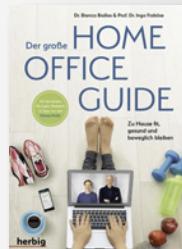
**All rights available**

- ▶ **Vegetarian and healthy during pregnancy and breastfeeding**
- ▶ **With 30 delicious recipes for optimal nutrition**

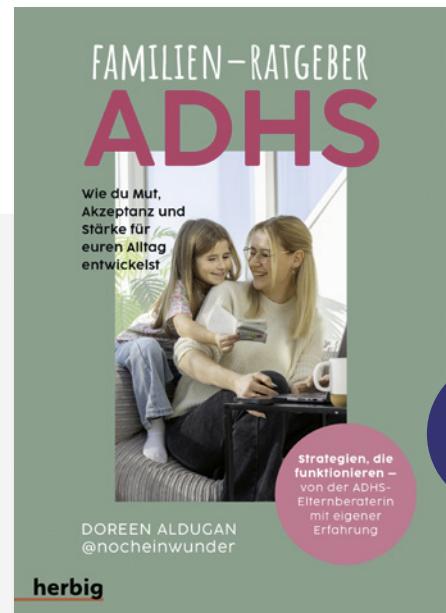
Veggie is trendy! But does an animal-free diet also work during pregnancy and while breastfeeding? Nutritionist Lisa Kopp knows: Yes, it does! In this guide, she shows how and dispels uncertainties with the help of the latest scientific findings.



Dr Mirjam Wagner  
**How Contraception Works Today**  
 978-3-96859-052-3  
 All rights available



Ingo Froböse  
**The Great Guide to Working from Home**  
 978-3-96859-030-1  
 All rights available



Doreen Aldugan  
**ADHD Meets Family Life**

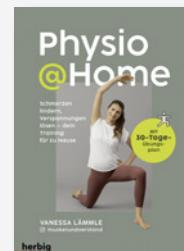
08/2025; 24.00 €

pages: 176  
 Paperback with flaps; 17.00 x 24.00 cm  
 coloured illustrations: 15  
 978-3-96859-089-9

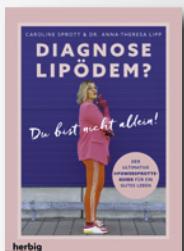
**All rights available**

- ▶ **Personal and competent: expert knowledge from a parent coach**
- ▶ **ADHD as a strength: tips, tricks, and experiences for everyday life**

For some ADHD is still a mere fashionable diagnosis used to explain unpleasant behavior in children. But for those affected and their families, it is often a major challenge that overshadows everyday life. The author, a parent counselor who has been diagnosed with ADHD, not only shares her personal story, but also provides expert and easy-to-understand information on the topic of ADHD in children.



Vanessa Lämmler  
**Physical Therapy @home**  
 978-3-96859-068-4  
**Rights sold: CZ**



Caroline Sprott  
**Diagnosis Lipoedema**  
 978-3-96859-063-9  
**All rights available**

# Healthy with Home Remedies



## Bibliographic Information

120 pages, 19.3 x 13.5 cm,  
Paperback with flaps, 14.00 €

Jörg Ullmann  
**Healthy With Algae**

09/24; 14.00 €

pages: 120  
Paperback with flaps; 13.50 x 19.30 cm  
coloured photos: 30  
978-3-96859-054-7

**All rights available**

Algae become more and more popular as a food item. They are rich in protein and other nutrients, strengthen the immune system, and provide us with vitamins and the rare dietary element iodine, among other things. Spirulina, wakame, chlorella, ulva, and dulse: what different kinds of algae are there and what are their health effects? Which algae are suited for detox and which support weight loss? The algae experts Kirstin Knufmann and Jörg Ullmann share delicious power food recipes and many tips for using sea vegetables.



Ellen Heidböhmer  
**My Medicinal Plants**  
978-3-96859-005-9  
Rights sold: HU



Ellen Heidböhmer  
**Healthy with Sprouts and Microgreens**  
978-3-7766-2877-7  
All rights available



Prof Dr Michaela Döll  
**Healthy With Pomegranate**  
978-3-7766-2883-8  
All rights available



Prof Dr Michaela Döll  
**Healthy With Vital Mushrooms**  
978-3-7766-2833-3  
All rights available



Gabriele Zimmermann  
**Healing With Water And Salt**  
978-3-7766-2844-9  
All rights available



Ellen Heidböhmer  
**Healthy with Supergrains**  
978-3-7766-2835-7  
All rights available



Irene Dalichow  
**Healthy With Curcuma**  
978-3-7766-2863-0  
All rights available



Ellen Heidböhmer  
**Healthy With Elderberry**  
978-3-7766-2862-3  
All rights available

# Simple Changes to a Better Life



NEW

Doreen Hüsser-Wächter  
**The 5 Elements of TCM**

06/2025; 20.00 €

pages: 176  
 Paperback with flaps; 17.00 x 24.00 cm  
 coloured photos: 130  
 coloured illustrations: 20  
 978-3-96860-116-8

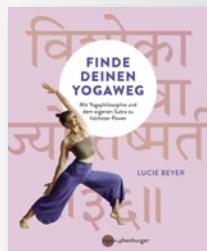
All rights available

- ▶ **Traditional Chinese medicine and local herbalism**
- ▶ **Help for self-help – with self-tests and recipes**

TCM, traditional Chinese medicine, has become an integral part of European healthcare. In this book, expert Doreen Hüsser-Wächter presents the five elements of Far Eastern medicine in combination with local herbs, explores the root causes of illnesses, and provides valuable applications and ideas for self-help.



Lucia Schmidt  
**Detox Yoga**  
 978-3-96860-110-6  
 All rights available



Lucie Beyer  
**Find Your Yoga Way**  
 978-3-96860-099-4  
 All rights available



NEW

Lelia Kühne de Haan  
**Yes, but ...**

08/2025; 18.00 €

pages: 192  
 Hardcover; 12.50 x 20.50 cm  
 978-3-96860-111-3

All rights available

- ▶ **Finding yourself through language**
- ▶ **Understanding and unlocking the hidden power of 15 everyday words**

Words, as small and insignificant as they may seem, have a powerful influence on our consciousness and thus on our lives. Therapist Lelia Kühne de Haan uses 15 everyday terms to show the effects their hidden powers can have on ourselves and other people, and how we can consciously apply and use them.

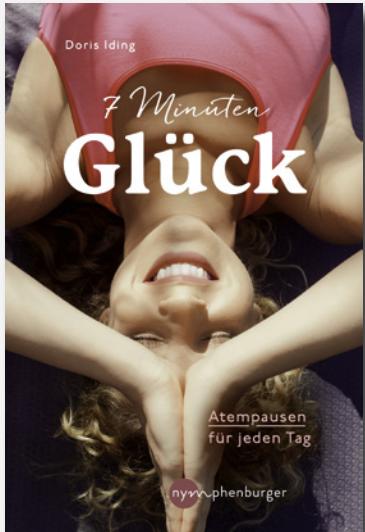


Lucia Schmidt  
**Fascia Yoga**  
 978-3-96860-079-6  
 All rights available



Lucia Schmidt  
**Fascia Yoga for Wrists, Neck and Shoulders**  
 978-3-96860-024-6  
 Rights sold: PL

# 7 Minutes for You



## Bibliographic Information

64 pages, 12.7 x 18.6 cm,  
Paperback with flaps, 12.00 €

Doris Iding  
**7 Minutes Happiness**

06/24; 12.00 €

pages: 64  
Paperback with flaps; 12.70 x 18.60 cm  
coloured illustrations: 20  
978-3-96860-017-8

All rights available

Break free from the daily rut and start taking care of yourself. A series for the busy women of our time – to start a 7 minutes per day program of self-care and well-being, choosing from different areas of holistic life approaches.



Tina Rosenkranz  
**7 Minutes Healing Herb Power**  
978-3-96860-071-0  
All rights available



Katharina Bollack  
**7 Minutes of Healing Stone Power**  
978-3-96860-065-9  
All rights available

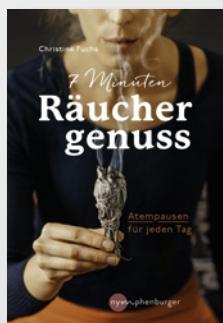


Ellen Heidböhmer  
**7 Minutes of Self Care**  
978-3-96860-002-4  
All rights available

Series for young women, taking 7 minutes per day in their lives for self-empowerment



Nina Pfau  
**7 Minutes Star Power**  
978-3-96860-058-1  
All rights available



Christine Fuchs  
**7 Minutes of Enjoying Incense**  
978-3-96860-015-4  
All rights available



Doris Iding  
**7 Minutes of Chakra Power**  
978-3-96860-035-2  
All rights available



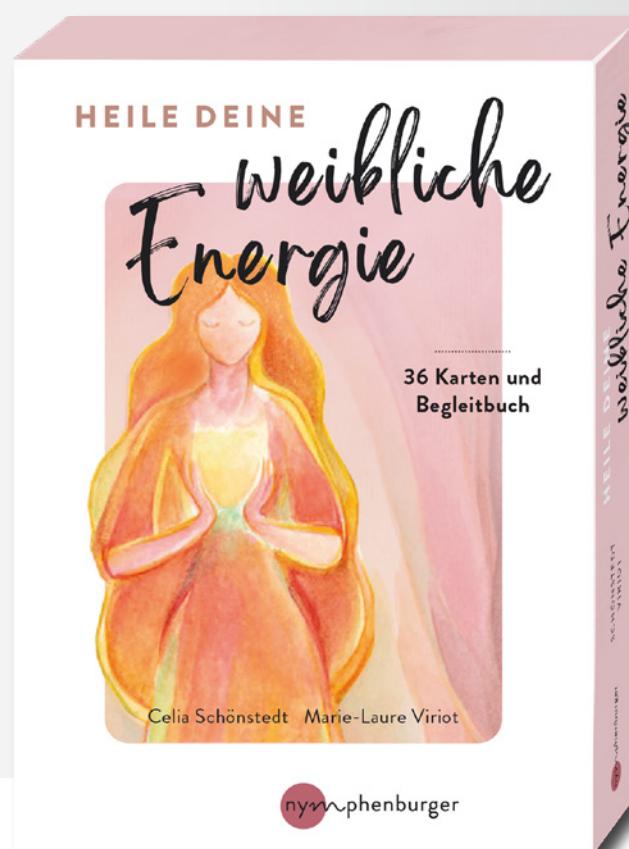
# Feel and Develop Yourself

Celia Schönstedt  
**Heal your Female Energy**

04/2025; 25.00 €

pages: 128  
 Book plus; 9.00 x 12.50 cm  
 coloured illustrations: 36  
 b/w-illustrations: 36  
 978-3-96860-118-2

All rights available



Celia Schönstedt studied business administration and journalism and worked for several years in the pharmaceuticals department at WALA Heilmittel GmbH. She has been working as a naturopath in her own practice since 2017. Her focus is on holistic and spiritual women's health (Holistic Female Health), which unites body, soul and spirit. She also incorporates past traumas, especially from the female ancestral line, and works sensitively and gently with suppressed emotions and the psychosomatic background of symptoms or illnesses.

## ► Unique card set

## ► 36 powerful impulses celebrating feminine energy

The very special card set: 36 impulse cards help you to explore and live out your own femininity in a new way. In addition to the most important women's medicinal plants, the female archetypes, healing gemstones, aromatic oils and rituals for everyday life are presented.



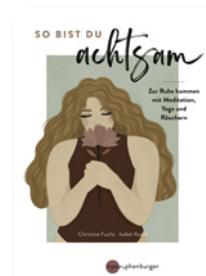
Celia Schönstedt  
**Be Yourself – Live Your Female Energy**  
 978-3-96860-057-4  
 All rights available



Diana Zenz  
**Be Yourself – Develop Your Personality**  
 978-3-96860-049-9  
 All rights available



Natalie van Ratingen  
**Everything is Energy**  
 978-3-96860-097-0  
 All rights available



Christine Fuchs  
**How to be Mindful**  
 978-3-96860-048-2  
 All rights available

# Healing from Within



NEW

Folke Tegetthoff  
**New Herb Tales**

09/2025; 14.00 €

pages: 128  
Hardcover; 13.50 x 21.50 cm  
b/w-illustrations: 17  
978-3-96860-108-3

All rights available

- ▶ **17 unique stories from the world of herbs**
- ▶ **From mugwort to hyssop: with recipe suggestions and use**

Herbs, juices, ointments, and tinctures - with their diverse effects, they have always been associated with beliefs in fairies, elves, and even devils. In this book, herbalist and storyteller Folke Tegetthoff recounts the ancient tales of 17 herbs that have been passed down through generations, sharing the knowledge of many generations in a uniquely insightful way.



Myriam Veit  
**The Healing Power of the Twelve Days of Christmas**  
978-3-96860-125-0  
All rights available



Sam Hess  
**The World of Nature Spirits – The Very Personal Practice Book**  
978-3-96860-053-6  
All rights available



NEW

Dr Dieter Awender  
**Self-healing With Your Hands**

08/2025; 28.00 €

pages: 272  
Paperback with flaps; 17.00 x 24.00 cm  
978-3-96860-098-7

All rights available

- ▶ **Healing currents, mudras, and acupressure – the practical guide to self-help**
- ▶ **150 applications with photo instructions for all healing techniques**

This book explains clearly, concisely, and vividly how you can improve your health using proven and effective healing techniques. Easy-to-understand descriptions and comprehensive photo instructions help you integrate these proven healing techniques into your everyday life, promoting health and well-being.



Michael Gienger  
**Healing Stone Therapy (Practical guide)**  
978-3-96860-114-4  
All rights available



Myriam Veit  
**Essences for the Soul**  
978-3-96860-023-9  
All rights available

NEW

# Mindfulness



NEW

Ksenija Rodos  
**Mindful Bedtime Rituals for Your Child**

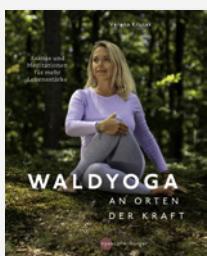
09/2025; 16.00 €

pages: 128  
 Paperback with flaps; 13.20 x 19.30 cm  
 coloured photos: 50  
 coloured illustrations: 10  
 978-3-96860-113-7

All rights available

- ▶ **From an early age: healthy sleep and mindfulness**
- ▶ **Exercises and rituals for calm, stability, and security for children up to 10 years**

In our increasingly hectic world, more and more children are suffering from problems falling asleep and staying asleep: a threat to healthy development. In this book, educator Ksenija Rodos shows how mindfulness in everyday life can lead to more calm, stability, and security in children. Based on the latest scientific findings, her exercises and rituals strengthen children's personalities and resilience and help establish healthy sleep rituals.



Verena Krutak  
**Forest Yoga at Places of Power**  
 978-3-96860-052-9  
 All rights available



Andreas Hase  
**The Healing Power of Trees According to Hildegard von Bingen**  
 978-3-96860-102-1  
 All rights available



NEW

Antonia Langsdorf  
**The Soul of the Planets**

08/2025; 25.00 €

pages: 208  
 Paperback with flaps; 17.00 x 24.00 cm  
 coloured photos: 10  
 coloured illustrations: 5  
 978-3-96860-038-3

All rights available

- ▶ **This is modern astrology: the power of the 13 planets**
- ▶ **The practical guide with valuable tips for personal development**

In this book, astrologer Antonia Langsdorf offers a completely new approach to astrology: instead of focusing on the 12 signs of the zodiac, she draws on the power of the sun, moon, planets, and Pluto, supplementing these with Chiron, the inner goddess Lilith, and the lunar nodes. This unique holistic view enables a comprehensive analysis from which individual tips for personal development can be derived.



Christoph Pollak  
**The Elemental Force of The Planets in Plants**  
 978-3-96860-080-2  
 All rights available



Susanne Fischer-Rizzi  
**Being One with the Wilderness**  
 978-3-96860-085-7  
 All rights available

# Contact Us And Our Agents

## Thanks go to our agents abroad\*:

### **Italy**

Berla & Griffini Agency  
Ms. Chiara Fumagalli  
fumagalli@bgagency.it

### **Russia + Ukraine**

Maria Schliesser Literary Agent  
Ms. Maria Schliesser  
schliesser.maria@gmail.com

### **The Netherlands**

(for Nymphenburger and Herbig)  
Schönbach Literary Agency bv  
Ms Marianne Schönbach  
m.schonbach@schonbach.nl

### **Spain + Portugal**

ST&A Literary Agency  
Ms. Susanne Theune  
susanne.theune@staciados.com

\*some territories may have additional representation, plus inquire.



**Julia Courmont-Deiterding | Senior Licensing Manager**  
Phone | +49 (0) 711 2191 - 371  
Mobile | +49 (0) 160 94 94 62 58  
j.courmont@kosmos.de  
**Languages: Czech, Dutch, Slovak, and all English Language territories**



**Anna Gafus | Licensing Manager**  
Phone | +49 (0) 711 2191 - 358  
a.gafus@kosmos.de  
**Languages: all other languages and territories**

## CONTACTS

### International Book Rights:

Julia Courmont-Deiterding | Senior Licensing Manager  
Phone | +49 (0) 711 2191 - 371  
Mobile | +49 (0) 160 94 94 62 58  
j.courmont@kosmos.de

Anna Gafus | Licensing Manager  
Phone | +49 (0) 711 2191 - 358  
a.gafus@kosmos.de

### Audio and National Rights:

Anna Gafus | Licensing Manager  
Phone | +49 (0) 711 2191 - 358  
a.gafus@kosmos.de

### Licensing Rights:

Franziska Lautenschlager | Licensing Manager  
Phone | +49 (0) 711 2191 - 390  
Mobile | +49 (0) 151 11 60 63 99  
f.lautenschlager@kosmos.de

### Entertainment and Film Rights:

Kirstin Kreppel | Head of Entertainment & Licensing  
Phone | +49 (0) 711 2191 - 294  
Mobile | +49 (0) 151 50 65 59 45  
k.kreppel@kosmos.de

Rights Catalogues as pdf-downloads at  
[www.kosmos.de/de/Rights/International/Books](http://www.kosmos.de/de/Rights/International/Books)



**Franckh-Kosmos Verlags-GmbH & Co. KG**

Pfizerstraße 5 - 7 | 70184 Stuttgart | Germany | [www.kosmos.de](http://www.kosmos.de)