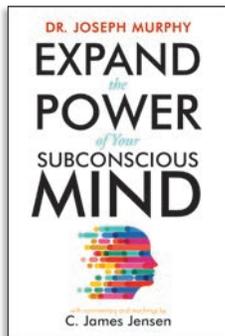




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by Dr. Joseph Murphy with commentary and teachings by C. James Jensen

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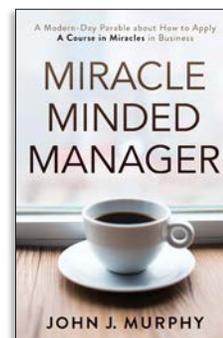
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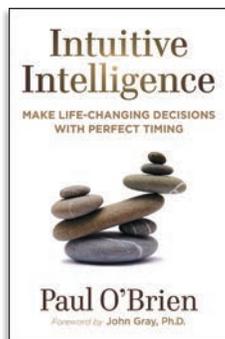
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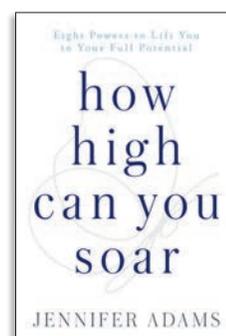
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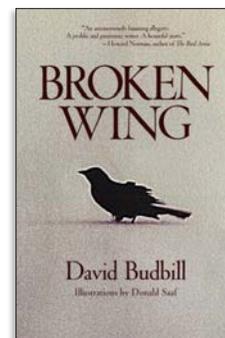
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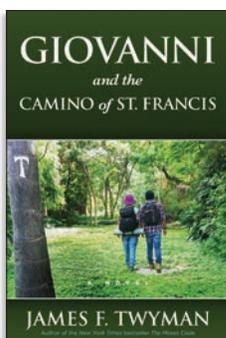
This posthumous novel from acclaimed author David Budbill tells the story of The Man Who Lives Alone in the Mountains. As winter descends on his idyllic home, the man encounters a bird with a broken wing, sending him into a poetic and profound meditation on solitude, friendship, and the unstoppable march of time. Visit [davidbudbill.com](http://davidbudbill.com).



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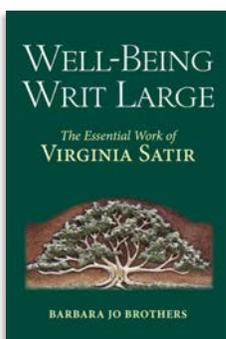
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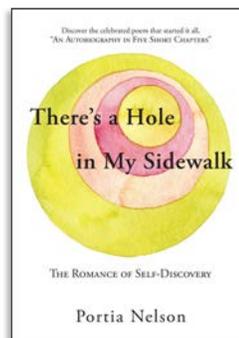
In her career, the "Mother of Family Therapy" Virginia Satir strove to make life better: for the individual, for families, for the entire world. Having formulated her groundbreaking philosophies from her clinical observations, Satir's practices continue to impact the world at large, spreading peace and understanding. Author, licensed clinical social worker, and Satir scholar, Barbara Jo Brothers has painstakingly researched and drawn from Satir's works, personal notes made over the course of Satir's career, and direct conversations during Brother's own extensive residential training to compile the most complete, most essential collection of Virginia Satir's work.

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THE ROMANCE OF SELF-DISCOVERY

by **Portia Nelson**

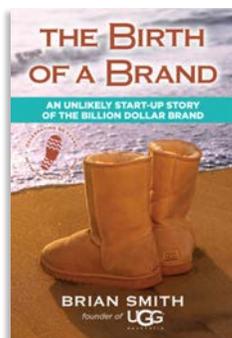
Insightful, humorous, touching, and inspiring are just a few of the words used to describe this well-loved book of poems and truisms by the late Portia Nelson. Designed to inspire self-discovery, *There's a Hole in My Sidewalk* includes more than 100 touching poems that gently guide readers to a more authentic and fulfilling life. This classic guide to life has been embraced by individuals, therapy groups, the self-help community, and 12-step programs around the world for more than 40 years. *There's a Hole in My Sidewalk* is the perfect inspirational gift for yourself, your friends, or your family.



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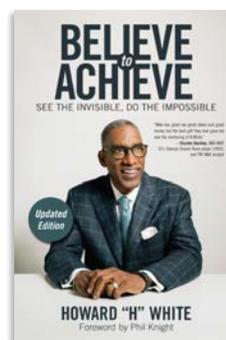
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SEE THE INVISIBLE, DO THE IMPOSSIBLE

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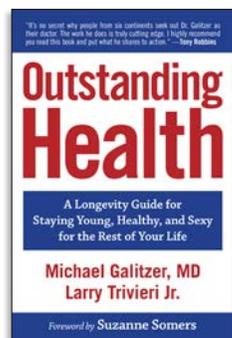
In this updated and expanded 2018 edition of *Believe to Achieve*, Howard "H" White shows readers how to turn his hard-earned lessons into a roadmap for their own personal success. This updated edition is a voice of encouragement that will help readers face the challenges of life with dignity and honor. It affirms that any one of us can make a difference. Howard believes that, "It's the low points in life that determine how high you will go." His optimism provides a heart-healing message in the face of adversity. His vision illuminates the opportunity inherent in the darkest moments. His voice calls out to the best part in all of us. Visit [howardhwhite.com](http://howardhwhite.com).



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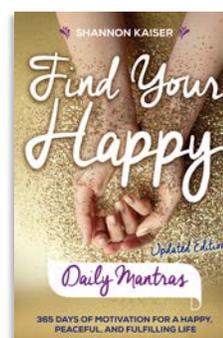
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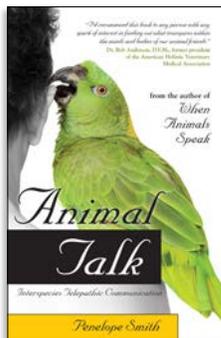
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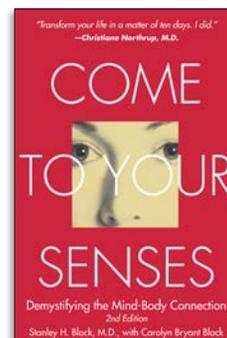
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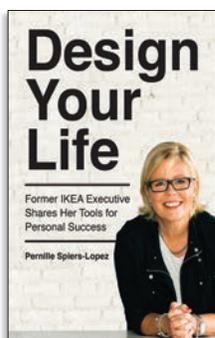
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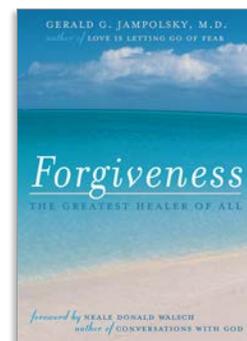
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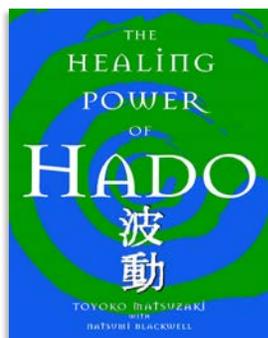
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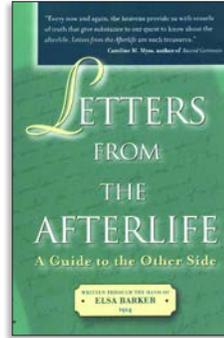
By tapping into their hado power, beginners can sense the hado of other people, objects, and environments. At a more advanced level, practitioners of this art can change physical aspects of their lives (for example, turn aggression into gentleness and change the taste of water). Those who practice hado at the master level can heal physical ailments of their own and others (hands-on or remotely), discover their clairvoyant abilities, and even receive messages from departed loved ones. In a world filled with violence and conflict, hado is an especially important and welcome force. Hado lessons and guidelines for forming a support group for continued practice are included.

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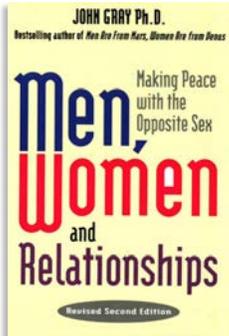
Does life go on beyond the grave? A growing body of evidence suggests that it does. Written through the hand of established author Elsa Barker, *Letters from the Afterlife* presents a kind of “astral travelogue” that describes often eloquently, sometimes humorously, life in the “invisible” world.



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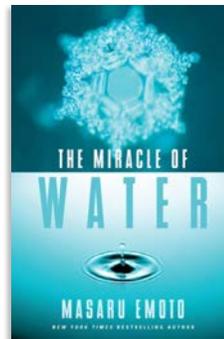
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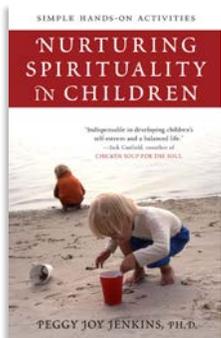
Masaru Emoto has photographed thousands of water crystals throughout his years of research, yet few have been as beautiful and life affirming as those formed from the words “love and gratitude.” In *The Miracle of Water*, Dr. Emoto demonstrates how water's unique role in transporting the natural vibration of these words can help you welcome change and live a more positive and happy life. This thoughtful book includes extraordinary water-crystal photographs that provide convincing reasons for all of us to choose positive words and strive for perfect resonance for a more healthy, peaceful, and happy life. Visit masaru-emoto.com.



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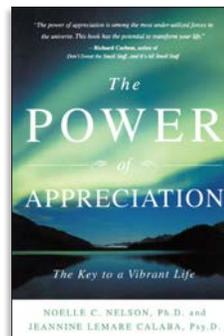
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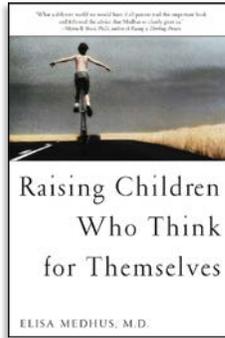
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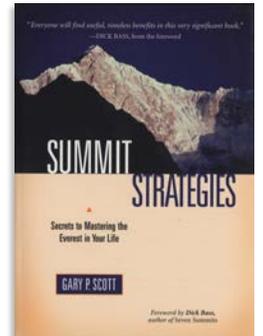
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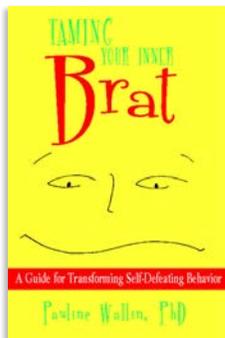
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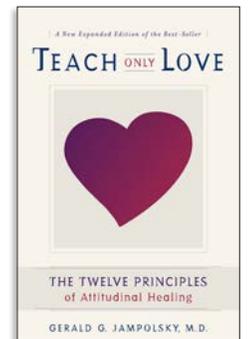
This book is about personal responsibility. People are not victims of their impulses, addictions, or bad memories. No longer can we say, "The devil made me do it" or "It's my parents' fault." *Taming Your Inner Brat* explains the psychological sources of the inner brat, rooted in early childhood, and why bratty thoughts, feelings, and behaviors persist. The book also addresses social and cultural conditions that encourage the self-centeredness and sense of entitlement upon which the inner brat thrives. The book teaches readers how to recognize the inner brat and acquire specific strategies and skills, based on the latest research from experts in the field, to bring it under control.

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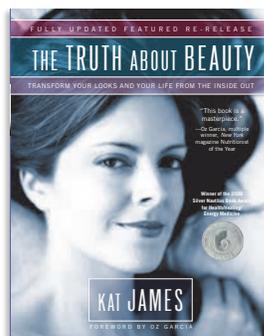
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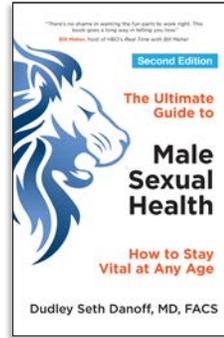
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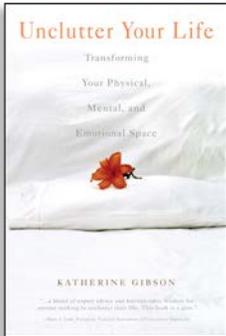
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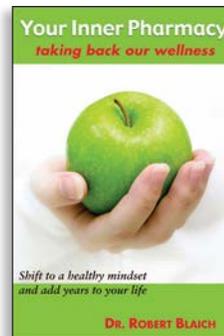
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