

KOSMOS

GUIDES & NON-FICTION

Rights Catalogue

AUTUMN 2024

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Astronomy

Choose from a large selection of beautiful coffee-table books about our stunning universe. Deep dive into textbooks with special topics on astrophysics, have journalists explain entertainingly the most puzzling questions of astronomy: titles range from beginner's levels to highly advanced readers.

Cartography

We offer atlases in different formats and price points ranging from compact books as overviews, to the universal atlas for the entire family to large format, high quality titles. You can also acquire the cartographical data for non-book venture, light inflight maps, gaming or other areas.

Gardening

Our Gardening titles cover easy beginner titles on general tips and tricks around the garden as well as the increasingly important topics like sustainability, and self sufficiency in the garden. Germany's top gardening publisher our titles are produced climate neutral.

Nature

The core area of Kosmos expertise lies here, ranging from guides on fauna and flora to topics like birding, bee keeping, and many others. Choose from basic series for everyone to titles used at universities. Identification guides, textbooks and coffee-table books, we have something for everybody.

Hunting & Fishing

Each program we publish a selected number of titles on both topics both for beginners as well as advanced huntsmen and fishers. We also carry guidebooks on the equipment, the necessary exams and strategies for success.

Dog Care & Pets

Kosmos is Germany's #1 in Dog titles. Our bestselling authors cover general topics of dog care, breeds and introduction to the keeping of pets. We also offer the latest research on canine behaviour, on the proper training and maintaining healthy pets.

Horses

Our program is well known to equestrians around the world. Our authors are Olympic riders, trained professionals and teachers. Choose from titles for beginners to highly advanced scientifically researched topics.

herbig Health

This imprint is a program with focus on the human body and its physical well being. Doctors, nurses and therapist have written these titles on male and female health, guidebooks to understand diseases or ailments and how to help.

nymphenburger

Spiritual & Mental Health

Nymphenburger stands for spiritual and mental health. We offer self help books on personal growth, exercise books and beautiful coffee-table books with a focus on nature and spirituality.

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The Beauty of Space

Thorsten Dambeck
Mars

10/24; 44.00 €

pages: 216
Hardcover; 24.50 x 29.00 cm
coloured photos: 160
coloured illustrations: 10
b/w-photos: 20
978-3-440-17991-8

All rights available

NEW



Dr Thorsten Dambeck is a physicist and science journalist. He has worked for the European Space Agency ESA, the German Aerospace Center DLR, „Bild der Wissenschaft“, „Scientific American“ and „Spiegel Online“, among others.

- ▶ **A large format coffee table book with breathtaking images**
- ▶ **The latest research on the red planet with fold-out Mars panorama**

Mars within your grasp! With this highly topical illustrated book, physicist and science journalist Dr Thorsten Dambeck makes the fascination of the red planet tangible. In addition to the latest scientific findings from the Curiosity and Perseverance missions, this volume shows Mars in splendid photographs and fascinating details.



Dirk H. Lorenzen
The Splendor of the Universe
978-3-440-17692-4
All rights available



Thorsten Dambeck
Lunar Landscapes
978-3-440-17300-8
Rights sold: CN, FR



Gerhard Hüdepohl
Very Large Telescope
978-3-440-17803-4
All rights available



Michael König
Atlas of the Galaxies
978-3-440-17798-3
All rights available

Understanding Stars for Beginners



Klaus M. Schittenhelm
Finding Stars Very Easily

04/2022; 12.00 €

pages: 96
Hardcover; 19.50 x 26.00 cm
coloured photos: 50
coloured illustrations: 61
978-3-440-17199-8

Rights sold: FR, HU, RO, CZ, NL

- ▶ **Easy introduction to the observation of the sky**
- ▶ **Bestselling book in a new edition**

Little and big stargazers enjoy this: With this appealing guide to the stars everyone will reliably find the 25 most beautiful constellations during any season. Especially well-arranged celestial charts show the way to the heavens with your hand as the scale. With fascinating stories and old legends about the constellations, as well as practical tips for observing the moon, planets and satellites.



Michael Büker
What Keeps the Moon in the Sky
978-3-440-16026-8
All rights available



Joachim Herrmann
Which Star Is That?
978-3-440-16275-0
Rights sold: CZ, FR, RU



Dr. Werner E. Celnik
Astronomy for Beginners

10/2020; 20.00 €

pages: 224
Paperback with flaps; 17.20 x 24.10 cm
coloured photos: 206
coloured illustrations: 60
b/w-photos: 16
b/w-illustrations: 4
978-3-440-16864-6

Rights sold: CN, CZ, KO, PL, RO,

- ▶ **Step-by-step guide to successful observation of the sky**
- ▶ **Astronomy for everybody**

The classic choice for amateur astronomers with a new layout and up-to-date research, from the first look at the starry sky to the use of a telescope to create your own photos, this book contains information on observations of the moon, planets and stars. In addition, readers can learn all about the structure of the universe. Tips and tricks from experienced amateur astronomers characterize this popular guide.



Dr. Felicitas Mokler
The Evolution of the Universe
978-3-440-17341-1
All rights available



Hans-Ulrich Keller
Compendium of Astronomy
978-3-440-17361-9
All rights available

Star Maps Overview

Hermann-Michael Hahn
**Noctilucent Star Map For
 Beginners**

03/24; 16.00 €

pages: 2
 Turnable wheel; 31.20 x 36.80 cm
 coloured illustrations: 21
 978-3-440-17701-3

All rights available

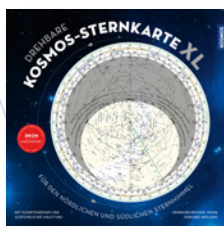


Hermann-Michael Hahn is a graduate physicist and works as a freelance science journalist on celestial topics. He was chairman of the Cologne Observatory for over 30 years, worked for national newspapers and has written numerous astronomy books and helped design several star charts.

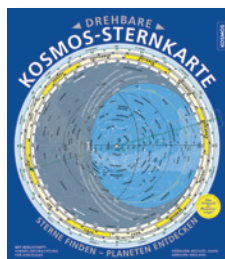
► **New edition of the turnable star map**

► **Sold over 130.000 copies**

This glow-in-the-dark celestial chart shows beginners all important constellations for their first strolls through the sky. Its handling is child's play, based on the proven principle of the KOSMOS maps for beginners. Briefly shine a flashlight onto the map and it now lights up in the dark. With brief instructions about navigating the starry sky, the position of the planets and data about sun and moon eclipses.



Hermann-Michael Hahn
KOSMOS Star Map XXL
 978-3-440-16884-4
 All rights available



Hermann-Michael Hahn
KOSMOS Star Map
 978-3-440-15451-9
 All rights available



Hermann-Michael Hahn
Star Chart for Beginners
 978-3-440-17068-7
 All rights available



Justina Engelmann
My First Star Map
 978-3-440-17795-2
 All rights available

Space and Physics Explained



NEW

Anne-Dorette Ziems
Take Off Into Space
 10/24; 20.00 €

pages: 256
 Paperback with flaps; 13.50 x 21.50 cm
 coloured illustrations: 30
 978-3-440-17940-6

All rights available

ASTRONOMY

- ▶ **How will we conquer space**
- ▶ **A to-do list for our journey into the cosmos**

Mission space colonisation – between dreaming and technology; Who hasn't experienced it: you leave the house and check again whether you've packed everything? Keys, mobile phone, wallet? Then you're ready to go. Unfortunately, it's not quite that easy for space travellers in search of a second Earth, because they have to deal with completely different – existential – questions. Where are we going? Do we even have the means? And once we are there – how will we survive? Science journalist Anne-Dorette Ziems (@annesnerdnight) provides exciting, surprising and honest answers to these and many other questions about space travel and the colonisation of space. In an easy-to-understand and entertaining way, she collects everything on the to-do list for our departure into space, shows the current status of space travel and puts common science fiction scenarios to the test.

Anne-Dorette Ziems is a freelance journalist and physicist. She has been working as a freelance science journalist since April 2021 – mainly as a writer for various YouTube formats. Her absolute favorite topic is space.



Rüdiger Vaas
Simply Einstein
 978-3-440-15836-4
Rights sold: CAT, CZ, PL, SK, FR, NL, CN, HU, IT, ES



Dr. Ilja Böhnet
Physic's 42 Biggest Questions
 978-3-440-16882-0
Rights sold: CZ



Dr. Erik Bertram
Pure Coincidence in Space
 978-3-440-17790-7
All rights available



Dirk H. Lorenzen
The New Race into Outer Space
 978-3-440-17271-1
All rights available

Creating — Maps

MAPS @ KOSMOS

Looking for cartographical map data?
We at Kosmos have geographic and topographical vector data for the creation of international mapping systems available.

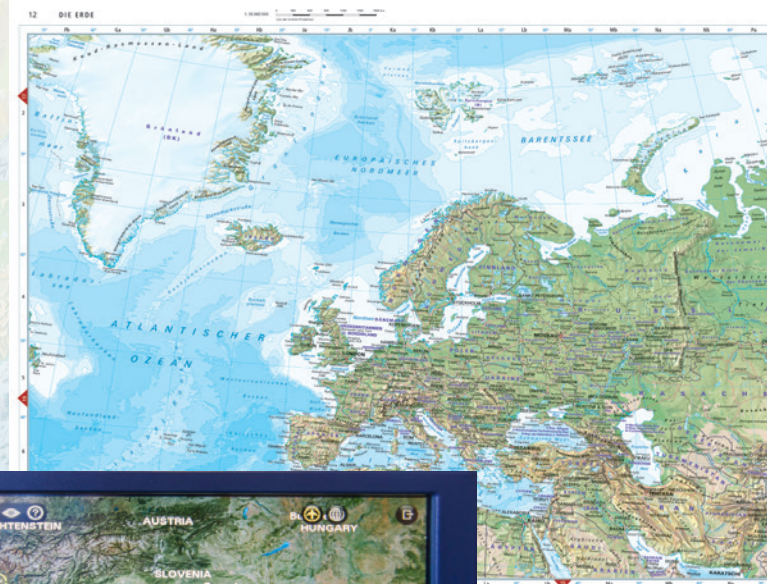
We can provide worldwide:

- ▶ cities with more than 5k inhabitants,
- ▶ borders (including disputes),
- ▶ rivers,
- ▶ and mountain names
- ▶ in over 14 languages.

Examples for the use of this information:

- **inflight systems**
- **video games with live maps**
- **geographical maps**

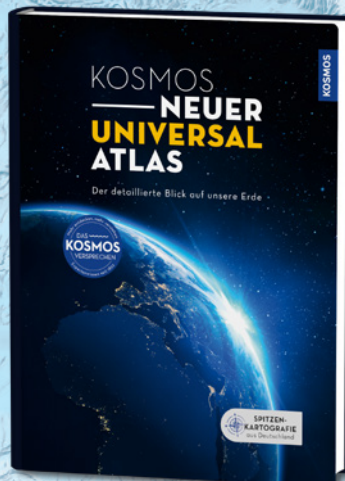
Please inquire for more information.



KOSMOS Pocket World Atlas
978-3-98904-013-7
€ 15,00 (D)
All rights available



KOSMOS World Atlas Compact
978-3-98904-014-4
€ 24,00 (D)
All rights available



KOSMOS Universal Atlas
978-3-98904-023-6
€ 34,00 (D)
Rights sold: SK



KOSMOS New Atlas of the World
978-3-98904-017-5
€ 160,00 (D)
All rights available

Indoor Gardening



KOSMOS

NEW

Antonia Hartwich
Loving House Plants
06/24; 26.00 €

pages: 160
Hardcover; 19.00 x 25.30 cm
coloured photos: 180
978-3-440-17953-6

All rights available

GARDENING

- ▶ **Cultivating and helping houseplants**
- ▶ **How to turn your home into a green jungle**

House Plants – it's a lifestyle. Our author lives it with passion, which she shares in this guide. With practical tips and highly aesthetic imagery, she shows how anyone can turn their home into a green jungle - without any drama. Which plants are easy to cultivate, which need more care? What to do against pests and disease.

Antonia Hartwich is a plant mom, plant enthusiast, full-time aesthete, nature lover – and trained landscape gardener! She is also an enthusiastic amateur photographer/videographer.



Horst Stahl
Cultivate Your Own Bonsai
978-3-440-17008-3
All rights available



Melanie Öhlenbach
Cool Harvest
978-3-440-17298-8
Rights sold: HU



Dr. Folko Kullmann
Orchids
978-3-440-17574-3
All rights available



Carolin Engwert
Indoor Harvest
978-3-440-17071-7
Rights sold: HU

The Lifestyle of Gardening



NEW

Elisabeth Grindmayer
Slow Gardening

09/24; 30.00 €

pages: 192
Hardcover; 19.00 x 25.30 cm
coloured photos: 250
978-3-440-17780-8

All rights available

- ▶ **Trend topic of natural gardening with mixed cultivation**
- ▶ **Inspiring and practical – the perfect gift for gardening fans**

A traditional cottage garden has always provided flower arrangements, medicinal plants and tasty crops – so it's no wonder that natural gardening is becoming increasingly popular. In this gift guide, sisters Steffi and Lisa show what is important and provide lots of inspiration for gardening fans with easy-to-understand instructions and beautiful photos.



Ortrud Grieb
Vegetables for Dry Weather
978-3-440-17880-5
Rights sold: UK



Simone Kern
Dry Herb Heroes
978-3-440-17088-5
Rights sold: CZ

over **45.000**
copies sold



Anja Klein
Everything in A Small Garden

01/24; 20.00 €

pages: 144
Paperback with flaps; 17.30 x 24.10 cm
coloured photos: 206
coloured illustrations: 3
978-3-440-17905-5

Rights sold: CZ

- ▶ **Grow your own food supply**
- ▶ **Effective use of small garden**

Instead of lawns and flowers, more and more allotment garden owners wish to transform their green oasis with fruit, vegetables and herbs into a self-sufficient and useful garden. In this book, Anja Klein shows how this can be achieved even in the smallest of spaces, with many useful tips, ideas and solutions.



Anja Klein
Raised Bed Gardening around the Year
978-3-440-17381-7
Rights sold: CZ, FR

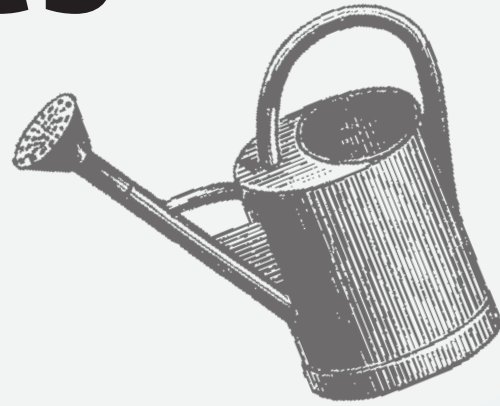


Simone Kern
Wild and Colourful
978-3-440-17336-7
Rights sold: CZ, FR, NL

over **24.000**
copies sold

over **15.000**
copies sold

Gardening in small — Spaces



Lisa-Maria Trauer
Raised Beds for the Balcony
978-3-440-17485-2
Rights sold: CZ, ES

The raised bed is simply ideal for the balcony! Garden blogger Lisa-Maria Trauer provides a complete guide to raised bed gardening in a small space and presents sample plantings for vegetables, herbs, fruit and flowers. A unique guide for a beautiful and fruitful balcony at any time of year.



Ortrud Grieb
Wild Herbs in Pots and Tubs
978-3-440-17380-0
All rights available



Bärbel Oftring
Balcony Paradise for Animals
978-3-440-17411-1
Rights sold: HU



Sibylle Maag
No Room and Still a Garden
978-3-440-16321-4
All rights available



Simone Kern
Wild Buckets
978-3-440-17902-4
Rights sold: CZ



Tina Ullmann
My Wonderful Potted Plants
978-3-440-17787-7
All rights available



Christa Weinrich, OSB
Secrets of The Monastery Gardens
978-3-440-17994-9
All rights available



Burkhard Bohne
All About Your Herb Garden
978-3-440-17951-2
All rights available



Mareike Fedders
A Buzzing Balcony
978-3-440-17823-2
All rights available

Garden Helpers

Bärbel Oftring
Can It Still Be Saved?

06/24; 18.00 €

pages: 144
Paperback with flaps; 21.50 x 18.50 cm
coloured photos: 338
coloured illustrations: 6
978-3-440-17924-6

All rights available

NEW
edition

Recognizing and removing pests



Bärbel Oftring is a well-known non-fiction book author. She studied biology at the universities of Mainz and Tübingen focusing on zoology, palaeontology and botany. The author lives near Stuttgart. Like no other she can teach nature to children and in the process convey excitement and fun. She has already written several non-fiction books for Kosmos; some of these won awards.

- ▶ **New edition of the garden helper**
- ▶ **Awarded the 'German Garden Book Prize 2018'**

Is it the enemy in your own bed or the friendly beneficial insect next door? Should the leaf look like this or does something need to be done? Looking at the garden sometimes raises many questions – Bärbel Oftring provides answers. With expert knowledge and detailed photos, she helps you to recognise and successfully solve the 100 most common garden problems.

Sustainable gardening



Engelbert Kötter
Simple Sustainable Gardening
978-3-440-17878-2
All rights available

Gardening tips



Thomas Heß
Does This Grow by Itself – Or Do I Need to Do Something Now?
978-3-440-17445-6
Rights sold: CZ, NL, SK

Seasonal Vegetable Gardening



Otmar Diez
What to do in My Vegetable Garden And When
978-3-440-17123-3
Rights sold: CZ

Identifying weeds



Bärbel Oftring
Identify desirable and undesirable garden plants
978-3-440-16785-4
Rights sold: CZ, FR, NL, PL

Understanding Your Garden



Carolin Engwert
Gardening for the Clueless
 02/23; 18.00 €

pages: 128
 Paperback with flaps; 17.00 x 24.00 cm
 coloured illustrations: 250
 978-3-440-17679-5

All rights available

► The fascination of gardening as a hobby

Harvesting your own vegetables, taking fruit snacks from the balcony or having a field for bees outside your doorstep – if you are dreaming of gardening, this book will provide you with an easy introduction. Bestselling author Carolin Engwert and illustrator Véro Mischitz unconventionally tackle the topic: with a sense of humour and an easy-going drawing pencil. Which gardening type am I? Which basic rules are there for successfully starting a garden? What are the typical mistakes and how can I avoid them? These and many other questions are amusingly, knowledgeably, and clearly answered – so that garden dreams quickly come true.

Carolin Engwert is a graphic designer, hobby photographer and gardener in her allotment garden in Berlin since 2016. She holds the camera in one hand and the secateurs in the other, as both show her green passion.

Veronika „Véro“ Mischitz is a graduate biologist, freelance illustrator and comic artist. She discovered her heart for birds during her studies, when she spent a lot of time with bird-loving friends and colleagues at a field station in Norway. She discovered her fascination for insects in her childhood.

**Garden
Helpers**

Attracting Insects



Bei dir summt's wohl!
Lernen mich kennen und sie was für mich.
 BÄRBEL OFTRING

Bärbel Oftring
Insects for the Garden
 978-3-440-16892-9
 Rights sold: CZ

Attracting Birds



Bei dir piept's wohl!
Lernen mich kennen und sie was für mich.
 BÄRBEL OFTRING

Bärbel Oftring
Birds in the Garden
 978-3-440-16405-1
 Rights sold: CZ

Flowers for Insects



Worauf fliegst du?
100 Pflanzenarten, die Insekten anlocken.
 BÄRBEL OFTRING

Bärbel Oftring
Plants Attracting Insects
 978-3-440-17263-6
 Rights sold: NL

Wer flattert hier?



Wer flattert hier?
112 Schmetterlinge bestimmen und bestimmen.
 RAINER ULRICH

Rainer Ulrich
Which Butterfly is this?
 978-3-440-16904-9
 All rights available

Nature Guides — Basic

Sold over **1.6 million**
copies since 2006

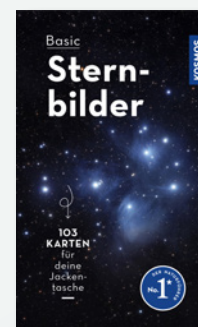
NATURE

Further titles in this series: Healing Plants, Spiders, Butterflies, Animal Traces, Alpine Flowers, Coast Line, Wild Herbs, Gardenbirds

Series sold to:
CZ, FR, NL, SE, SK, RO

Our bestselling series of basic nature guides now in a modern and playful design. The 128 page guides fit in a jacket pocket and are especially user-friendly. Each presenting roughly the most common species they have ingeniously easy instructions for identification. In three steps the readers will identify nature around them.

Hermann-Michael Hahn
Basic – Star Constellations
978-3-440-17359-6
Rights sold: NL, CZ, FR



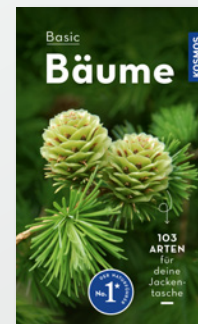
Volker Dierschke
Basic – Owls and Raptors
978-3-440-17689-4
Rights sold: NL



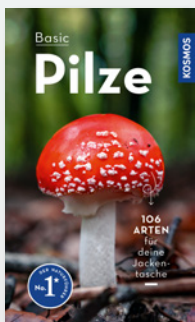
Volker Dierschke
Basic – Birds
978-3-440-17393-0
Rights sold: NL, CZ, SE



Eva-Maria Dreyer
Basic – Flowers
978-3-440-17389-3
Rights sold: FR, SE, CZ, NL



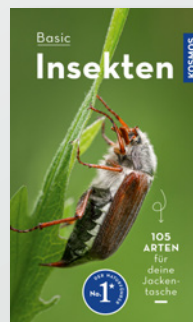
Katrin Hecker
Basic – Trees
978-3-440-17390-9
Rights sold: FR, CZ, NL



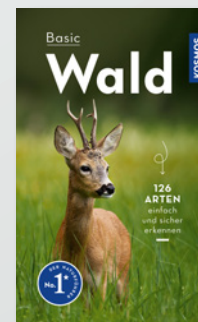
Markus Flück
Basic – Mushrooms
978-3-440-17387-9
Rights sold: SK, NL, CZ, SE, FR



Eva-Maria Dreyer
Basic – Berries and Wild Herbs
978-3-440-17392-3
Rights sold: NL



Dr. Roland Gerstmeier
Basic – Insects
978-3-440-17391-6
Rights sold: CZ, NL, FR



Ute Wilhelmssen
Basic – Forest
978-3-440-17684-9
Rights sold: CZ

Classic Nature Guides

Over **150.000** copies sold in 3 years



NEW edition

Margot Spohn
Which Tree Is That?

06/24; 18.00 €

pages: 272
Paperback with flaps; 11.80 x 19.40 cm
coloured photos: 848
coloured illustrations: 872
978-3-440-18001-3

Rights sold: CAT, CZ, ES, FR, NL, RO

- ▶ **Direct combination of image and text**
- ▶ **Additional information for all species**

Is that a spruce or a fir? And what lives in that big oak tree? This comprehensive tree guide provides the answers. Over 350 species from Germany and Europe are presented on 272 pages. Extras: Everything you need to know about tree dwellers and how best to observe them.

Margot Spohn is a biologist with a focus on botany and pharmaceutical biology. She is the author of the bestseller „Which Flower is that?“ and has published several other nature guides with Kosmos.

New edition of our bestselling nature guides for the most common topics. 256 pages, photographic guides. Sold over 150.000 copies and several languages.



Dr. Heiko Bellmann
Which Insect Is That?
978-3-440-18000-6
All rights available



Christa Bastgen
What Edible Wild Plant is This?
978-3-440-17999-4
All rights available



Rupert Hochleitner
Which Mineral is That?
978-3-440-18026-6
Rights sold: PL



Volker Dierschke
Which Bird is That?
978-3-440-18002-0
All rights available



NATURE

Large Guides



**NEW
edition**

Rainer Ulrich
Diurnal Moths

08/24; 34.00 €

pages: 312
Paperback with flaps; 13.20 x 19.30 cm
coloured photos: 600
978-3-440-18069-3

Rights sold: FR

- ▶ **Identify 200 diurnal moths of Central Europe**
- ▶ **New edition with over 600 photographs**

Often overlooked, they are given their very own stage in this identification book: diurnal moths. In over 200 portraits, butterfly expert Rainer Ulrich presents the often inconspicuous butterflies, explains where they can be found and makes identification particularly easy by directly comparing similar species.



Heiko Bellmann
Bees, Wasps, Ants
978-3-440-17982-6
Rights sold: FR



Matthias Helb
The Kosmos Beetle Guide
978-3-440-16759-5
Rights sold: NL



Peter Schönfelder
Mediterranean Plants

06/2022; 36.00 €

pages: 480
Paperback with flaps; 13.20 x 19.30 cm
coloured photos: 1598
coloured illustrations: 11
978-3-440-17499-9

Rights sold: ES

- ▶ **Unrivalled: the most comprehensive book on Mediterranean vegetation**
- ▶ **More than 1.300 species and over 1.600 colour photos**

This nature guide shows the variety and beauty of plants around the Mediterranean Sea. Over 1.300 species are depicted colour photos and detailed texts. 930 distribution maps show where you can find the respective plant. An overview of families and an easy identification key provide easy access. The authors are well-known specialists for the Mediterranean vegetation.



Peter Schönfelder
The Kosmos Guide to Medicinal Plants
978-3-440-17694-8
All rights available



Margot Spohn
The Big Kosmos Guide to Trees
978-3-440-17094-6
Rights sold: PL, IT

Nature Mini Series



Kalle Nibbenhagen
Nature Guide Birds

02/24; 16.00 €

pages: 160
Paperback with flaps; 13.50 x 19.40 cm
coloured photos: 250
978-3-440-17723-5

All rights available

- ▶ **Young author offers easy approach to bird watching**
- ▶ **A new series for beginners**

The new KOSMOS series „Nature Guide“ introduces newcomers to various topics. Individually and personally designed as well as practice-oriented and easy to understand, Kalle Nibbenhagen introduces native birds and describes them accurately in lovingly compiled portraits. This nature guide promises the new generation a quick sense of achievement in identifying native bird species, makes them want to discover and protect nature, and in the process helps to preserve biodiversity. Because only what you really know can be sustainably protected.



Theresa Ester-Nacke
Nature Guide Wild Herbs
978-3-440-17748-8
All rights available



Ewald Weber
Our Favourite Trees
978-3-440-17587-3
Rights sold: CZ



Holger Haag
Simply Edible

02/23; 14.00 €

pages: 128
Paperback with flaps; 13.50 x 19.40 cm
coloured illustrations: 150
978-3-440-17682-5

Rights sold: CZ

- ▶ **100 edible wild plants everyone wants to know**

This nature guide offers an especially easy and beautiful introduction to the world of edible wild herbs. This book introduces you to 100 species of wild herbs and healing plants – very clearly presented with one plant per page and illustrated with wonderful colour illustrations by Marianne Golte-Bechtle and Roland Spohn. All important features are explained with the help of the drawing. The additional texts provide astonishing special knowledge for any small talk situation. An affectionately designed identification book in a large format.

5 Titles
in Series



Felix Weiß
Simply Garden Birds
978-3-440-17444-9
Rights sold: CZ, FR



Holger Haag
Simply Trees
978-3-440-17386-2
Rights sold: CZ

Herbs and Trees



NEW

Rainer Schall
Find Happiness in the Forest

07/24; 16.00 €

pages: 128
 Paperback with flaps; 24.00 x 17.00 cm
 coloured photos: 200
 978-3-440-17934-5

All rights available

- **Rediscover the fascination of the forest**
- **With creative outdoor ideas and interactive pages**

The forest - a place to relax, experience nature and an adventure playground all in one. If you want to experience all this and more with the whole family, this hands-on guide is the perfect companion. Organized by season, it contains lots of exciting information and creative outdoor ideas to try out straight away and will whet your appetite for the great outdoors.

NEW



Katharina Hedder
Family Nature Guide
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Meike Bosch
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NEW edition

Ursula Stumpf
Our Medicinal Herbs

09/24; 18.00 €

pages: 256
 Paperback with flaps; 13.20 x 19.30 cm
 coloured photos: 308
 coloured illustrations: 302
 978-3-440-17677-1

All rights available

- **The power of nature: everything about medicinal plants in everyday life**
- **160 medicinal plants in over 600 photos and drawings**

This belongs in every medicine cabinet! In 160 extensively illustrated portraits, medicinal plant expert Dr Ursula Stumpf presents the most important local medicinal plants and their uses. From field horsetail for memory to cinquefoil for cramps, there is something for everyone. Extra: detailed section on poisonous plants with an index of symptoms.



Isabel Fischer
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Ursula Stumpf
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All About Mushrooms



NEW

Moritz Schmid
Mushroom Fever

06/24; 22.00 €

pages: 208
Paperback with flaps; 17.00 x 24.00 cm
coloured photos: 250
978-3-440-17926-0

All rights available

- ▶ **Harvesting mushrooms as a lifestyle**
- ▶ **With original recipes and applications**

Anyone who likes mushrooms will love this book! In a uniquely personal journey through the fascinating world of mushrooms, photographer and mushroom coach Moritz Schmid shows just how beautiful, useful and tasty the mycological 'mushrooms' can be. In addition to the basics of mushroom picking, the book provides original tips on how to use them and makes you want to go out and pick them.



Prof. Dr. Ewald Langer
Mushroom Happiness
978-3-440-17049-6
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Andreas Gminder
Handbook for Mushroom Collectors
978-3-440-17037-3
All rights available



NEW edition

The Big Kosmos Mushroom Guide

06/2025; 22.00 €

pages: 720
Paperback with flaps; 10.70 x 18.00 cm
coloured photos: 1200
978-3-440-17674-0

Rights sold: PL

- ▶ **Updated new edition for mushroom experts**
- ▶ **Reliable identification with key and colour code**

It couldn't be more detailed! The Big KOSMOS Mushroom Guide lives up to its name and presents more than 1200 species on 720 pages. In addition to more than 1200 high-quality photos, detailed portraits of the mushrooms and a simple identification key, the new edition of this standard work impresses with an extensive expansion of content and a modern layout.



Hans E. Laux
A Take Along Guide – Mushrooms
978-3-440-17662-7
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Andreas Gminder
The Kosmos Handbook of Mushrooms
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New Aspects of Nature

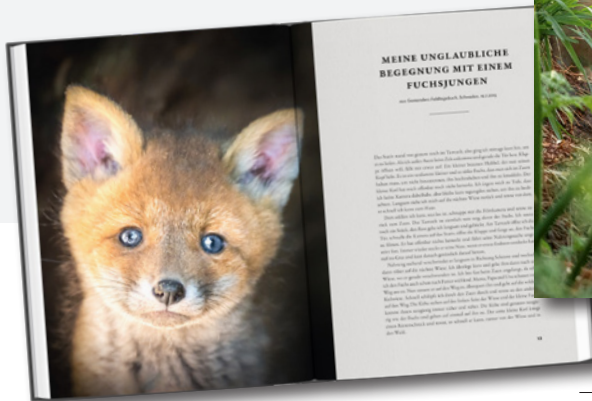
Gamander López
Moments in Nature

09/24; 30.00 €

pages: 240
Hardcover; 19.00 x 25.30 cm
coloured photos: 250
978-3-440-17876-8

All rights available

NEW



- ▶ **Beautiful title by exceptional nature photographer**
- ▶ **Discover the splendor of the moment**

The young animal filmmaker and photographer Gamander López has received numerous awards for his films at national and international film festivals. On Tiktok and Instagram, he very successfully gives his growing number of followers an insight into his experiences.

Una López is studying English and German language and literature in Cologne. She has published short stories and poems in various anthologies and has won several literary prizes.

Photography expert and 20-year-old exceptional talent Gamander López presents his unique view of nature in this visually stunning book. His fascinating nature photographs and exciting stories from the field and forest make it clear that the extraordinary is right in front of our eyes - we just have to see it!



Ulrich Schmid
Which Garden Bird is This?
978-3-440-18006-8
Rights sold: CZ



Dr. Alexandra-Maria Klein
This Grows in Your City
978-3-440-17671-9
Rights sold: UK, FR, CZ, NL

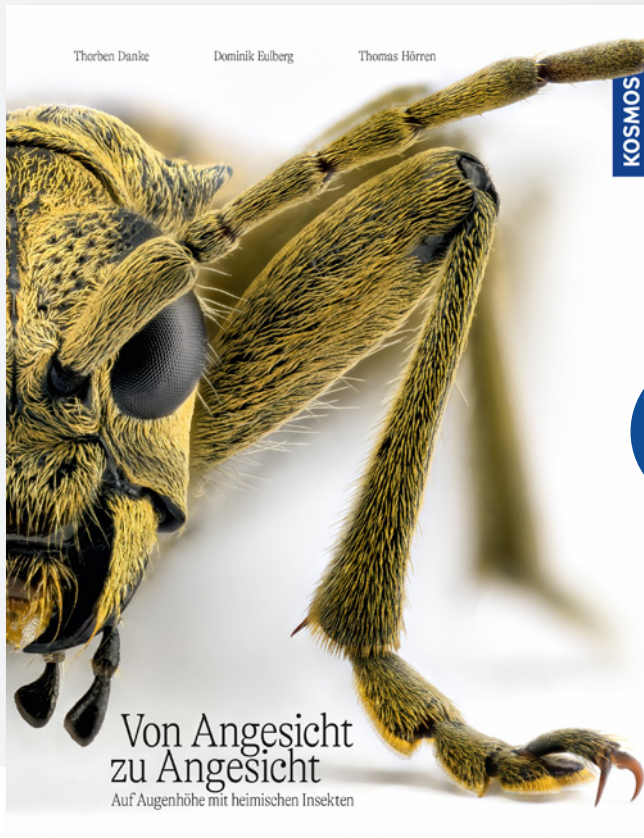


Dr. Hannes Petrischak
Garden Animals in Life Size
978-3-440-17776-1
Rights sold: FR



Katrin Hecker
Make Something of It
978-3-440-17105-9
Rights sold: NL

What A Wonderful World ...



NEW

Dominik Eulberg
**Eye to Eye.
 The World of Insects**
 09/24; Thorben Danke 38.00 €
 pages: 208
 Hardcover; 23.00 x 29.70 cm
 coloured photos: 250
 978-3-440-17900-0

All rights available



NATURE

- ▶ **The world of insects in photographs**
- ▶ **Amazing title providing wonderful insights**

In this highly aesthetic title ecologist Dominik Eulberg, together with Thomas Hörren, take their readers into the world of our native insects. Photographs by Thorben Danke, which show the insects in unprecedented detail, reveal the peculiarities and astonishing characteristics of the six-legged creatures and make it clear how important these seemingly insignificant animals are in the grand scheme of things.

Dominik Eulberg has a huge fan base that happily embraces his nature messages. His biodiversity shows are well attended and his book „Mikroorgasmen überall“ won the 2021 Science Book of the Year Award.

Thomas Hörren is a German entomologist and coleopterist. He conducts research on insect diversity and has published numerous papers, with a focus on faunistics.

Among other things, Thorben Danke has published the photo of the year in Geo magazine and his photos have recently been featured in the Netflix series „Life on our planet“. His macro shots are not only brilliant, but absolutely fascinating.



Heinz Strebler
Life in a Water Drop
 978-3-440-15694-0
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Frank Hecker
What's Buzzing Here?
Summer of Insects
 978-3-440-17548-4
 Rights sold: CZ, FR



Armin Schieb
The Ant Collective
 978-3-440-17602-3
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 FR, US, IT



Ulrich Schmid
Insects
 978-3-440-17608-5
 All rights available

Fishing



NEW edition

Ben Boden
Fly Fishing Knots Step by Step
 06/24; 12.00 €

pages: 96
 Paperback with flaps; 10.80 x 18.00 cm
 b/w-illustrations: 100
 978-3-440-17852-2

Rights sold: FR, CZ

- ▶ **The compact guide on the go**
- ▶ **With over 100 fishing knot instructions**

Step by step to the perfect fishing knot in every situation – this compact guide for the fishing backpack makes it possible. With detailed illustrated step-by-step instructions for over 100 fishing knots, it is the ideal companion for anglers and anyone who wants to become one.



NEW edition

Florian Läufer
Kosmos Practical Guide to Fishing
 08/24; 32.00 €

pages: 208
 Hardcover; 19.00 x 25.30 cm
 coloured photos: 306
 b/w-illustrations: 31
 978-3-440-17983-3

All rights available

- ▶ **Handbook for beginners and fishing professionals**
- ▶ **With over 300 photos and comprehensive knowledge**

Fishing professional Florian Läufer provides anglers of all levels with the ideal companion to deepen their own knowledge and refine their practices. This book should be on every angler's bookshelf!



Markus Bötterf
Learning to Fish Step by Step
 978-3-440-17577-4
 Rights sold: CZ



Thomas Gretler
The Rod Fishing Book for Kids
 978-3-440-16937-7
 Rights sold: CZ, HU



Ralf Kiefner
Whales and Dolphins
 978-3-440-16339-9
 All rights available



Bernd Humberg
Bubble Maker – Diving for Kids
 978-3-440-17057-1
 All rights available

Hunting



NEW

Michael Gast
The Perfect Rifle Shot
 09/24; 28.00 €

pages: 160
 Hardcover; 17.00 x 24.00 cm
 coloured photos: 80
 coloured illustrations: 30
 978-3-440-18043-3

All rights available

► **From aiming to target acquisition: Rifle shooting from A-Z**

Whether static shooting on a hide or stalk or shooting at moving targets on a driven hunt – safe shooting is a basic requirement for hunters. In this book, shooting instructor Michael Gast teaches the correct techniques of hunting rifle shooting.



NEW

Frank Rakow
Tracking Legends
 08/24; 24.00 €

pages: 168
 Hardcover; 13.50 x 21.50 cm
 b/w-photos: 28
 978-3-440-18029-7

All rights available

► **Real-life hunting thrillers on the red trail**

► **About exciting and bizarre experiences on the hunt**

The law of secrecy applies on the Red Scent Trail; those not involved in the hunt don't actually find out anything about what happens. Actually ... But they do in this book. Because in this book, tracking guides spill the beans and talk about their most exciting and bizarre experiences on the hunt.



Inga Haase
The Hunting Book for Kids
 978-3-440-17570-5
 Rights sold: CZ



NEW

Dr. Christian Hackenbroich
First Aid for Hunting Dogs
 978-3-440-17883-6
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Dr. Jörg Mangold
In the Here and Now
 978-3-440-17939-0
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Uwe Tabel
Tracking Work
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HUNTING

Martin Rütter — Dog Expert

Over **1 million** copies sold

Martin Rütter
Hunting Behavior in Dogs

10/24; 22.00 €

pages: 176
Hardcover; 19.00 x 25.30 cm
coloured photos: 200
978-3-440-17700-6

All rights available



Martin Rütter is Germany's leading Dog expert. As a reknown animal psychologist and trainer, his books alone sold over 1 million copies. He features in his own popular TV shows. He has his own dog obedience school since 1995.

Andrea Buisman is a breeder and dog trainer. At DOGS she handles the training of coaches and support for dog training schools.

- ▶ **Finally achieve relaxed dog walking**
- ▶ **Understanding and managing the hunting behaviour**

It is the dream of many dog owners: relaxed walks, no long waits at the edge of the forest because the dog has disappeared to chase game, no worries about uncontrolled chasing after joggers or cyclists ... And yet the reality is often quite different. Andrea Buisman and dog professional Martin Rütter explain in easy-to-understand terms where the hunting instinct in dogs comes from and show how it can be controlled. With their valuable tips, they support dog owners in tricky situations, present alternative activities and how to use a drag lead, and show how hunting behavior in puppies can be controlled from the very beginning.



Martin Rütter is Germany's leading Dog expert. As a reknown animal psychologist and trainer, his books alone sold over 1 million copies. He features in his own popular TV shows. He has his own dog obedience school since 1995.

Top-Seller



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With Martin Rütter
978-3-440-17458-6
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Martin Rütter
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With Martin Rütter
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Training and Understanding Dogs



Linda Tellington-Jones
Tellington Training for Dogs
 10/24; 26.00 €

pages: 144
 Paperback with flaps; 17.00 x 24.00 cm
 coloured photos: 200
 coloured illustrations: 20
 978-3-440-18040-2

All rights available

**NEW
 edition**

- ▶ **The unique TTouch concept for dogs**
- ▶ **Bestselling author Linda Tellington**

In this guide, the inventor of the unique bodywork and training method gives valuable tips on how to use TTouches in everyday life and shows how gentle communication in daily training can strengthen trust and well-being for dogs and humans.

Linda Tellington-Jones is recognized worldwide as an expert in body training and communication with animals. The Tellington TTouch and Tellington Training developed by her are used successfully by countless animal lovers. The successful author's books have been translated into over 28 languages.



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Humans and Dogs
 978-3-440-17333-6
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Martina Flocken
Physiotherapy for the Dog
 978-3-440-17425-8
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Maren Grote
Leading and Feeling Dogs
 978-3-440-17917-8
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Maren Grote
Learning to Read Dogs
 978-3-440-17558-3
 Rights sold: NL, CZ

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 copies sold

Behaviour and Training



NEW

Sonja Pfaff
Walking Dogs Without a Leash

03/2025; 26.00 €

pages: 192
Hardcover; 19.00 x 25.30 cm
coloured photos: 220
978-3-440-16918-6

All rights available

► **Leash-free relaxed life for Dogs and humans**

Clear communication, reliability and deep serenity – what dog trainer Sonja Pfaff lives with her own dogs, she now passes on to other dog owners in this book. Her training methods for a leash-free life quickly lead to success and enable dogs and their owners to live together in the greatest possible freedom thanks to the deepest trust



Nancy Wendler
Play with the Whistle
978-3-440-17816-4
All rights available



Sonja Meiburg
„Don't!“
978-3-440-16915-5
All rights available



NEW

Thomas Bursch
Abort Signals for Dogs

10/24; Lars Thiemann 30.00 €

pages: 232
Hardcover; 17.00 x 24.00 cm
coloured photos: 200
978-3-440-16301-6

All rights available

► **Abort signals as an important communication channel for dogs**

Abort signals are an important form of communication for dogs. Many dog owners perceive abort signals as aggression or provocation. But is this impression correct? The „Dogwatcher“ team from Berlin has observed and videotaped various abort signals in mixed groups of dogs. In their analysis in text, images and film, the team pursued the question of whether the different termination signals also have different meanings. Their results represent an important contribution to behavioral research that helps us to better understand our own four-legged friends.

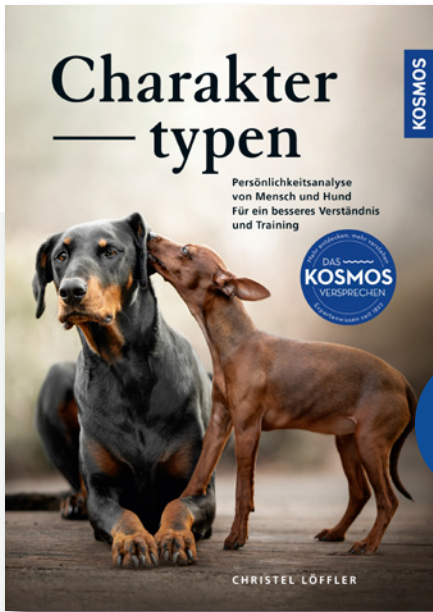


Nicole Lützenkirchen
Are you still Calling your Dog?
978-3-440-16804-2
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Jeanette Przygoda
Improve Your Relationship with Your Dog
978-3-440-16297-2
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You and Your Dog



NEW

Christel Löffler
Character Types

10/24; 26.00 €

pages: 208
Hardcover; 17.00 x 24.00 cm
coloured photos: 200
coloured illustrations: 15
978-3-440-17920-8

All rights available

- ▶ **Character analysis for dogs**
- ▶ **Understanding dog behavior**

Shy, cheeky or relaxed - dogs are real character animals. In this guide, animal trainer Christel Löffler provides valuable tips and many practical examples to help dog owners recognize their pet's character in order to personalize their daily training. This creates trust and strengthens the bond in the dog-human team.



Vanessa Engelstädter
Resilience in Dogs
978-3-440-17293-3
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Anne Krüger-Degener
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978-3-440-17112-7
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NEW

Vanessa Engelstädter
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08/24; 20.00 €

pages: 224
Hardcover; 13.50 x 21.50 cm
978-3-440-17846-1

All rights available

- ▶ **Resilience training for dogs and humans**
- ▶ **For more serenity in everyday life**

Dogs are masters of empathy. That's why human resilience is the be-all and end-all for a relaxed dog. In this book, Vanessa Engelstädter shows how dog owners can improve their own impulse control in order to master everyday life confidently and calmly and improve their relationship with their dog.



Thomas Baumann
Slowing Down for Humans and Dogs
978-3-440-16797-7
All rights available



Sami El Ayachi
Turning Towards Dogs
978-3-440-16919-3
All rights available

The Science of Play

Dr. Udo Gansloßer
They Play After All

09/2022; 34.00 €

pages: 288
Hardcover; 17.80 x 24.70 cm
coloured photos: 246
coloured illustrations: 8
978-3-440-17186-8

All rights available



Dr. Udo Gansloßer is a private lecturer in zoology teaching courses in behavioral biology and zoo biology. The Canidae (canine species) is one of the focal points of his research covering interdisciplinary topics from zoological and veterinary issues to questions of human-dog relationships, animal welfare ethics, social sciences and law.

Mechtild Käufer is a qualified social worker and trained dog trainer. She writes many specialist articles about dog behavior and in particular about play behavior between dogs and between people and dogs.

- ▶ **Play as the key strategy in interaction between dogs and humans**
- ▶ **New scientific findings explained**

It is regularly a matter of debate what playing is, what its influence on the dog's development could be, and when playing turns into bullying. Often, distinguishing between playing and being serious is difficult, and boundaries are constantly shifting. Udo Gansloßer and Mechtild Käufer detail the different forms of playing and describe their contexts and consequences.



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Playful Ways to a Clever Dog
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The Dog's Psyche
978-3-440-16701-4
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Tracking and Feeding



Sandra Vonderstein
Rally Obedience

09/24; 30.00 €

pages: 256
Hardcover; 17.00 x 24.00 cm
coloured photos: 180
coloured illustrations: 140
978-3-440-18013-6

All rights available

► **Everything about the popular dog sport**

Invented in the USA at the end of the 1990s, the dog sport of Rally Obedience is extremely popular. With her easy-to-understand instructions, creative ideas for training and course plans, expert Sandra Vonderstein provides beginners and advanced users with the right tools to successfully start rally obedience and take part in competitions.



Ute C. Fallscheer
**Trainingbook:
Tracking Work**
978-3-440-16358-0
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Ulrike Seumel
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978-3-440-16719-9
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Christiane Beulen
Bowl Ideas

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pages: 192
Paperback with flaps; 17.00 x 24.00 cm
coloured photos: 235
978-3-440-17919-2

All rights available

► **The reference book for high-quality dog feeding**

► **Sensible, colorful and healthier feeding**

Whether it's puppyhood or tartar: with over 100 suggestions for a more colorful, healthier and high-quality dog diet, this reference book is the ideal companion to support dogs in a variety of situations. There is guaranteed to be the right thing for every dog.



Anke Jobi
Veggie Feeding
978-3-440-17479-1
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Dr. med. vet. Charlotte Kolodzey
**Preventing Inflammation
by Healthy Feeding**
978-3-440-16923-0
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Basic Pet Care Series,
8 titles, 96 pages each

Expert Maria Höppner provides a compact and clear overview of what is important when buying and keeping kittens. From the initial equipment to ideas for occupation and mistakes that should be avoided, she gives first-time cat owners all the important dos and don'ts to ensure that their new roommate feels completely at home.

Maria Höppner
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Svenja Wilms
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Dr. med. vet. Eva Maria Casteel
Chickens
978-3-440-17866-9
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NEW



You and Your Horse



Eckart Meyners
Improve Your Riding Technique
 02/24; Roswitha Schreiber-Jetzinger 26.00 €

pages: 128
 Paperback with flaps; 17.20 x 24.10 cm
 coloured photos: 185
 coloured illustrations: 13
 b/w-illustrations: 1
 978-3-440-17829-4

All rights available

- ▶ **Learn riding like a professional with tips from European championship trainers**
- ▶ **Equestrian experts give valuable instructions**

In this book, sports educator Eckard Meyners and his colleagues Katrin Eschenhorst and Rosi Schreiber-Jetzinger show what modern learning methodology is all about. Competently and easily understandable, they show how a more action-oriented and empathetic teaching language leads to visible success in riding training.



Sigrid Schöpe
Groundwork for Horses
 978-3-440-17734-1
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Marius Schneider
Groundwork Training Manual
 978-3-440-16977-3
 All rights available



Michael Zanger
Reading Hooves
 06/24; 28.00 €

pages: 144
 Paperback with flaps; 171.00 x 240.00 cm
 coloured photos: 147
 coloured illustrations: 42
 b/w-illustrations: 5
 978-3-440-17938-3

All rights available

- ▶ **How to read a horse's hoof**
- ▶ **Veterinarian Dr Zanger explains what to discover**

Every horse's hooves are as individual as the horse itself. They tell us a lot about the horse's attitude, health and behavior. In this book, hoof expert Dr Michael Zanger explains his unique concept of hoof reading in a competent and easy-to-understand way and gives many practical tips on the ideal hoof shape for every horse.



Prof. Dr. Konstanze Krüger
Laterality in Horses
 978-3-440-17658-0
 Rights sold: US



Marc Nölke
Neuroathletics for Riders
 978-3-440-17225-4
 Rights sold: US/UK, PL

Olympic Qualities

Mirjam Wittmann
Working Equitation

08/24; 22.00 €

pages: 112
Paperback with flaps; 17.00 x 24.00 cm
coloured photos: 150
978-3-440-17760-0

All rights available

NEW



Mirjam Wittmann was born into an equestrian family of several generations and was already in the saddle before she could walk. She has been a trainer and instructor at the Jakobsberg riding facility since 2013, where she looks after the training of horses and riders in full and part riding.

- ▶ **Trend topic Working Equitation**
- ▶ **Dressage work to form the horse-human team**

Working Equitation is based on traditional working riding methods, challenges and encourages both horse and rider and brings variety to dressage work. This is why many horse owners are now discovering this competition discipline for themselves. Mirjam Wittmann shows how Working Equitation helps to train in a targeted and precise manner and gives exciting tips on how to implement it in everyday life.



Ingrid Klimke
Cross-Country Riding
978-3-440-16698-7
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Ingrid Klimke
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978-3-440-16364-1
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Ingrid Klimke
Cavaletti: Configurations and Dimensions
978-3-440-17015-1
All rights available

Classic Instruction



Alois Podhajsky
The Classic Art of Riding

06/24; 58.00 €

pages: 304
 Hardcover; 17.00 x 24.00 cm
 b/w-photos: 32
 b/w-illustrations: 73
 978-3-440-17416-6

All rights available

- ▶ **Updated new edition of the equestrian classic**
- ▶ **The principles of riding by riding master Alois Podhajsky**

This is classical and horse-friendly riding at the highest level: in this classic of equestrian literature, the legendary riding master Alois Podhajsky passes on his knowledge and the experience of a lifetime of riding to all dressage riders in a comprehensive, comprehensible and systematic way.

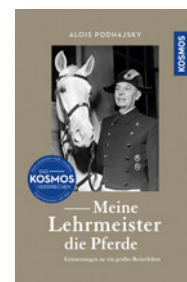
Alois Podhajsky (1898-1973) was a horseman and officer in the Austrian army and head of the Spanish Riding School. Podhajsky received his first riding lessons at the age of twelve. He was later an officer in an infantry regiment.



Linda Tellington-Jones
Practical Guide Tellington Training for Horses
 978-3-440-17532-3
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Linda Tellington-Jones
TTouch for Horses - compact
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Alois Podhajsky
My Horses, My Teachers
 978-3-440-17413-5
 All rights available

Understanding Your Horse

Catherin Seib
The Space in Between
 07/24; 22.00 €

pages: 224
 Paperback with flaps; 13.50 x 21.50 cm
 978-3-440-17750-1

All rights available

NEW



Catherin Seib has been a full-time animal communicator since 2009, specializing in horses since 2016. In 2021, she won the prestigious „Equestrian professional of the year“ award.

- ▶ **Horse communication on a holistic basis**
- ▶ **Fascinating insights into the emotional world of horses**

From the first exchange to active conversations, successful author Catherin Seib provides valuable tips for telepathic communication with horses in this book. She shows how a deep connection can help to respond to the needs of humans and horses and achieve a new dimension of togetherness.

Top-Seller



Catherin Seib
Conversations with Your Horse
 978-3-440-17744-0
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 978-3-440-17347-3
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Carola von Kessel
What is my Horse Thinking
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The Doctor — is In

FAQ
answered by
doctors



Dr. Tassilo König
At The Doctor's: Osteoporosis
978-3-96859-067-7
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As one of the most common diseases of the musculoskeletal system, osteoporosis is a widespread ailment. Orthopaedic specialist and osteoporosis specialist Dr. med. Tassilo König answers the most frequently asked patient questions about the causes and risk factors, diagnosis and treatment of this metabolic bone disorder in this book from the successful Herbig series „In der Sprechstunde“. He passes on his specialist knowledge to patients in an easy-to-understand and clear manner, focusing on everyday life with the disease. Because he knows that thanks to an adapted diet, medication and an individualized exercise concept, a self-determined life is possible despite the disease.



Dr. Carsten Grohmann
At the Doctor's: Cataract
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Dr. Eva Christina Schwaneck
At the Doctor's: Rheuma
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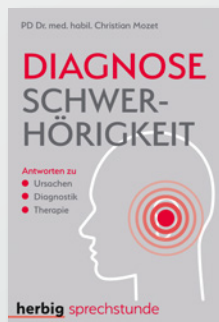
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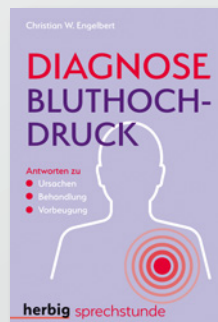
Dr. Christoph Pies
In Consultation: The Bladder
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Women's Health

HERBIG HEALTH



NEW

Dr Vanessa Tessmann
Diagnosis Breast Cancer

09/24; 15.00 €

pages: 128
Paperback with flaps; 13.20 x 19.30 cm
coloured photos: 20
coloured illustrations: 30
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- ▶ **Reviewing all aspects of breast cancer**
- ▶ **How to make patients feel comfortable again**

Breast cancer diagnosis: a shock – and countless questions. What happens in the body with breast cancer? What treatment options are there? And what does life look like after cancer? Dr Vanessa Tessmann provides the answers and, in addition to her expert knowledge, also conveys the confidence of a self-determined, beautiful life after cancer.



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Dr Mirjam Wagner
How Contraception Works Today

11/24; 20.00 €

pages: 208
Paperback with flaps; 13.50 x 21.50 cm
coloured illustrations: 40
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- ▶ **All contraceptive methods at a glance**
- ▶ **Make self-determined decisions**

There are many different methods of contraception and the decision should be carefully considered. Gynecologist Dr Mirjam Wagner explains and focuses on contraception in this guide. In a competent and easy-to-understand manner, she presents all the common methods of hormonal and natural contraception, lists their benefits and risks and, with many practical examples and a contraceptive quiz, provides all people of fertile age with a comprehensive tool to help them decide on the right contraceptive method for their individual needs.



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Michael Rogall
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08/24; 16.00 €

pages: 144
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coloured photos: 120
coloured illustrations: 15
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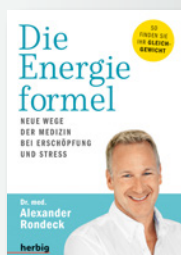
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- ▶ **Expert author gives tips**
- ▶ **More self-confidence and healthy hair**

As an expert in men's hair, „hair practitioner“ Michael Rogall devotes this comprehensive guide to a subject that is often associated with shame: hair problems in men. He reveals the causes of hair loss, a flaky scalp or dull hair and helps those affected to improve their hair health with over 100 expert tips. Special chapter: Hair transplantation.



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Prof Dr Alexander Rondeck
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Dr Christoph Pies
Do not Fear Your Urologist

08/23; 22.00 €

pages: 208
Paperback with flaps; 13.70 x 21.60 cm
978-3-96859-017-2

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- ▶ **Focus on cancer prevention**
- ▶ **Getting away from the taboo topic of „down below“**

Awkward silence and rather quickly away from the topic... People don't like to talk about „down below“. Dr Christoph Pies has experienced this all too often in his practice. He knows: that has to change! With this book he declares war on silence. In a humorous and sympathetic way, easy to understand and with the greatest competence, he not only reports on his daily practice, but also explains to the reader how medical treatments are carried out by a urologist. Because: No one has to be afraid of the urologist.



Dr Christoph Pies
Men Over 50
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Healthy with — Home Remedies

Algae become more and more popular as a food item. They are rich in protein and other nutrients, strengthen the immune system, and provide us with vitamins and the rare dietary element iodine, among other things. Spirulina, wakame, chlorella, ulva, and dulce: what different kinds of algae are there and what are their health effects? Which algae are suited for detox and which support weight loss? The algae experts Kirstin Knufmann and Jörg Ullmann share delicious power food recipes and many tips for using sea vegetables.

NEW



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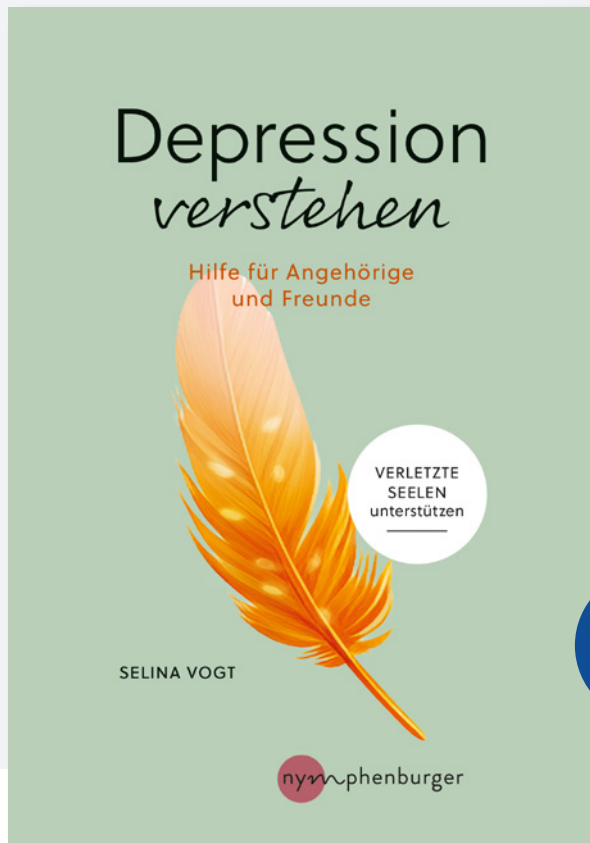


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Help for the Helpers



**NEW
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Selina Vogt
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pages: 128
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coloured illustrations: 1
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NYPHENBURGER BODY & SOUL

- ▶ **Basic help for friends and family**
- ▶ **How to be helpful and how to understand the disease**

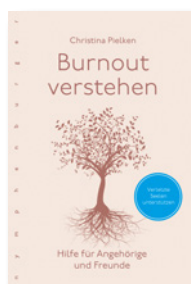
Helpful and holistic tips from experts, for relatives and friends of people with psychological issues. Psychological problems and disorders have become more and more relevant in the past ten years. The number of patients is rising. Relatives, partners, and close friends of people with psychological problems are often strongly affected by the topic, too. The struggle changes their lives and routines, and they often also need professional support. This new series offers accessible, yet well-founded information on these topics.

This mini-series is addressed to the people nearest those with challenging life circumstances. It provides help and guidance through issues like depression, burn-out or anxiety that afflict the people near to you, including addresses, checklists and reports.

**NEW
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The Power of Nature



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7 Minutes Happiness

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- ▶ **Happiness in 7 minutes**
- ▶ **Effective rituals for a happy life**

7 minutes a day – that's all it takes to be happy! Doris Iding shows you how: her exercises and rituals help to focus attention on the positive, provide relaxing moments and, if practiced regularly, lead to more peace and serenity in everyday life.

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coloured illustrations: 5
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- ▶ **Experience the power of the planets through herbs**
- ▶ **Recipes for body, soul and spirit**

Even the famous travelling physician and nature mystic Paracelsus referred to the active powers of the planets in his writings and recognized the connection between the earth, man and the stars. Christoph Pollak passes on this ancient knowledge in his book and uses numerous recipes from spiritual botany to help you achieve physical, mental and spiritual well-being.

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Relationships



NEW

Caroline Hehenberger
**From Dating Frustration To
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08/24; 20.00 €

pages: 144
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 coloured photos: 50
 coloured illustrations: 5
 978-3-96860-094-9

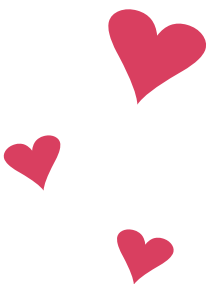
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- ▶ **Love in the age of dating apps**
- ▶ **Transforming your love life sustainably with self-acceptance**

Tinder, Bumble, Hinge – the list of dating apps is long and love happiness is just a swipe away. Finding the right partner should be child's play. But many seekers know that the reality is often very different. They go from date to date, get their hopes up and yet remain alone. Why is that? And how do you get out of this frustrating dating spiral and find a happy relationship? The keyword is 'self-love', say psychologists Caroline Hehenberger and Alexander Tiesenhausen. In their guidebook, they show the positive effects that working on yourself can have on your love life, provide valuable tips and exercises for self-reflection and help dating sufferers to finally find the relationship they want.

Caroline Hehenberger is a psychologist and dating coach. She offers 1:1 coaching, online courses and dating events.

Alexander Tiesenhausen is a psychologist and sports and exercise scientist. He offers a holistic health concept in a psychological practice in Graz.



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Witchcraft & Rituals

Iris Panhans
The Art of Witchcraft
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pages: 176
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 coloured photos: 100
 coloured illustrations: 40
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Iris Panhans is one of the most successful witch Youtubers. She also has her own witch store on Etsy (incense, incense chalices, candles, healing stones, pendulums, rune sets etc.). In normal life she works as a post production editor in the games industry.



- ▶ **Magical rituals and spirituality**
- ▶ **Ancient knowledge in a modern life**

Modern witches live out their spirituality with the help of ancient knowledge from herbalism, rituals and tarot. In this book, Iris Panhans presents her favorite rituals, explains magical symbolism and provides concrete tips and exercises that anyone can use to magically charge their own everyday life.



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Your Path through — Life

**NEW
edition**



Bernhard Jakoby
We Will See Each Other Again!
978-3-96860-090-1
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Visions of death, in which the deceased guide the soul of the dying into another world, have been documented many times and are increasingly fascinating researchers. In this book, grief expert Bernhard Jakoby gets to the bottom of the phenomenon and shows how it can help us to accept death with hope.



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