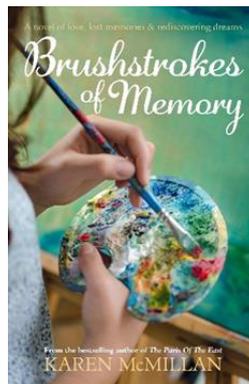
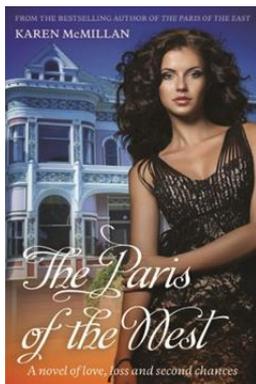
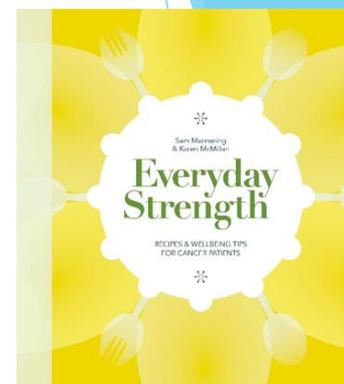
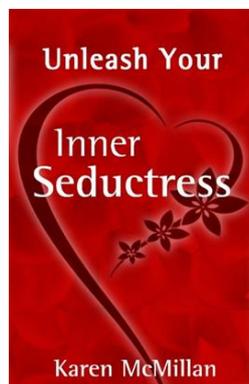
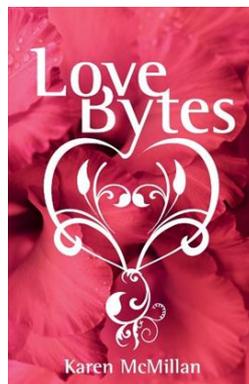
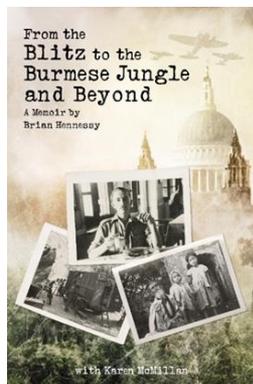
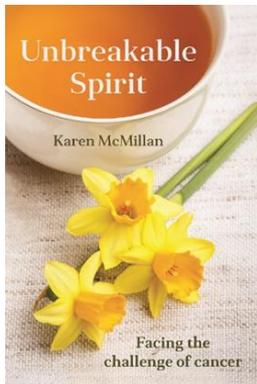


Karen McMillan Catalogue 2020



Susanne Theune & Asociados

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Karen McMillan Catalogue 2020



Karen McMillan is the author of fiction, non-fiction and children's books.

Fiction works include the novels *Brushstrokes of Memory*, *Watching Over Me*, *The Paris of the East*, *The Paris of the West*, and the delightful collection of short stories *Shaggy Dog* and *Fishy Cat Tales*.

Her non-fiction titles include *Everyday Strength*, *Unbreakable Spirit*, *Love Bytes*, *Unleash Your Inner Seductress*, and *From the Blitz to the Burmese Jungle and Beyond*.

Karen is also the author of the junior fiction children's book series, *Elastic Island Adventures*, that have been optioned to be made into a series of movies. The first movie script has been written and a theme song written by Murray Grindlay has been recorded.

Karen is a cancer survivor, and she lives in Auckland, New Zealand.

For more information about Karen and her writing visit www.karenm.co.nz.

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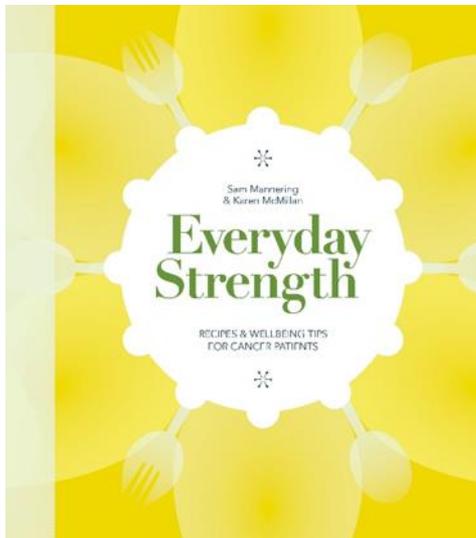
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Karen McMillan Catalogue 2020

Everyday Strength is an invaluable resource for families facing cancer.

Going through treatments for cancer is undoubtedly challenging, which authors Karen McMillan and her co-author Sam Mannering well know from personal experience. But this book is packed with practical, everyday things you can do to make each day a little brighter during this difficult time.

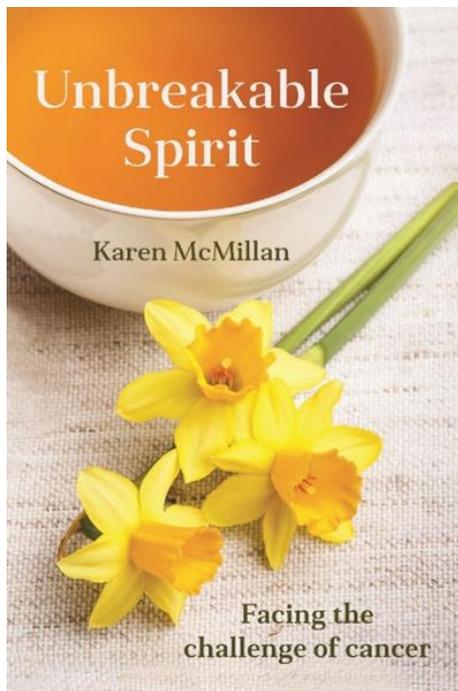
Sam has created nourishing, easy-to-prepare, family-friendly recipes that are designed specifically for people who may be feeling unwell. Karen has sought advice from experts, so there are practical suggestions that may help with common symptoms such as exhaustion, changes in weight, nausea, pain and discomfort, and the various symptoms you might not want to talk about. There are sections on hair and skin care, as well as emotional wellbeing. There is also a special section of recipes especially designed to tempt young children, along with practical tips for parents. **Finalist Gourmand World Awards 2018. Top ten NZ Listener Cookbook.** Rights unavailable: NZ, Australia, UK and Germany.



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An invaluable collection of real life stories of cancer, representing a wide range of circumstances that will provide comfort and help for families facing cancer.

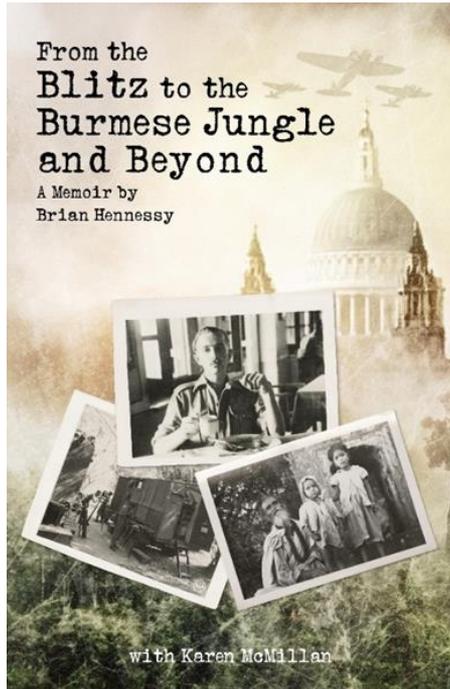
Unbreakable Spirit is a testimony to the resilience of the human spirit in the face of cancer. It tells the true stories of people who have survived cancer and of those who are terminally ill. It also shares the experiences of people who have had a loved one die from cancer and includes information from hospice workers, oncologists, GPs, a counsellor, surgeon and breast physician.

Unbreakable Spirit was first published in 2003, and it has helped numerous families facing cancer. In this revised edition, Karen finds out what has happened to many of the people featured in the book and updates their stories. She discusses the advances of medical science in the past decade and other changes. She also tells her own story of being diagnosed with breast cancer in 2011 – a positive story of the importance of early detection through screening, and she includes insightful new chapters from her medical team.

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Karen McMillan Catalogue 2020



One man's memoir of World War II that took him from the Blitz to the jungles of Burma, to the devastation of Hiroshima.

'I consider myself lucky to have survived the global carnage still myself – a reluctant soldier who had to go to war, who only ever wanted peace for everyone.' Brian Hennessy

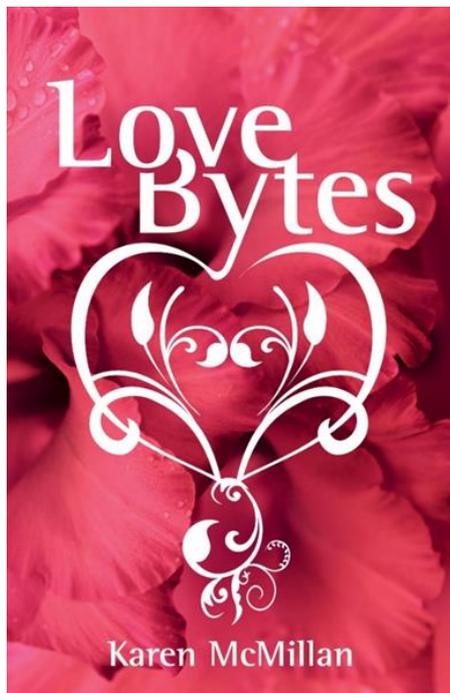
Born in Germany to English parents Brian came from a family who served in the army. He was seventeen years old and living in London when war broke out, and he experienced the Blitz firsthand. Brian joined the British Army and became the youngest armament artificer. What follows was a true adventure story as Brian journeyed via South Africa to India and the remote jungles of Burma. Danger was always present, and his narrative is sometimes humorous, at other times poignant. At the end of the war, he went to Japan and saw first-hand the devastation at Hiroshima.

This is his story, a sweeping journey through the landscape of war and far more fascinating and exciting than any fiction.

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Karen McMillan Catalogue 2020



Real life stories of love, punctuated by famous quotations, Love Bytes is for everyone from teenagers to grandparents

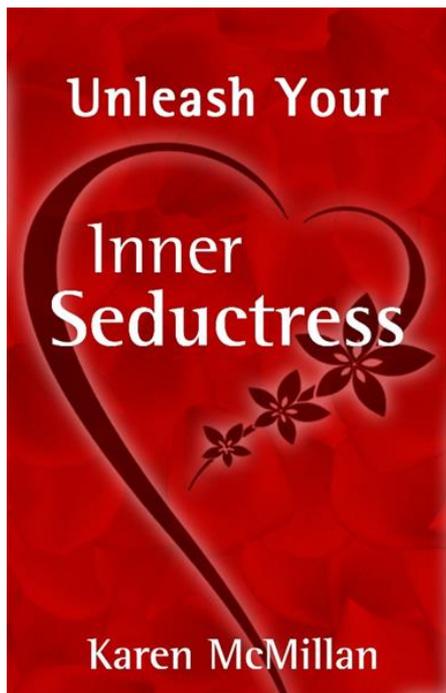
Romance – family – friendship – humanity: love is the most important aspect of our lives. With love we become vibrant, passionate and caring people, living fully.

People of all ages and all walks of life share their special moments of love. Everyday, down-to-earth examples we can all relate to are mixed with stories of love that will challenge and inspire the way we think about love. Karen uses the Greek words for the four different types of love: Eros (romance), Storge (family love), Philia (friendship) and Agape (love of humanity). In Eros, people share their experiences from first impressions to being married for more than sixty years. In Storge, people of all ages talk about the love they have for their children, their parents, their siblings and their extended family. In Philia, friends talk about the simple fun of friendship; and in Agape unsung, modest people take centre stage for a moment to talk about the caring they do and what motivates them.

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Karen McMillan Catalogue 2020



The ultimate guide for women looking to increase their confidence, reclaim their femininity and enjoy life to the full!

Accessible for both single women and those in relationships, it explores themes of building confidence and tapping into a woman's natural femininity, tricks of making the most of your physical assets, and taking this information and putting it into action.

Unleash Your Inner Seductress will help women everywhere enjoy the benefits of their inner seductress. Here they learn how unleashing their own charm, beauty, sophistication and intelligence can enrich their entire lives, whether it be in the boardroom, bedroom or at a social gathering.

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Karen McMillan Catalogue 2020

PRAISE

'This invaluable resource for families facing cancer offers practical advice to make each day a little brighter. The nourishing, easy recipes are designed for people who may be feeling unwell, and there are tips on how to ease exhaustion, nausea, pain and discomfort.' **MindFood Magazine**

'Told with empathy, clarity and insight, *Unbreakable Spirit* will provide valuable support for individuals with cancer and the families and friends walking beside them.' **Australian Women's Weekly**

'Remarkable stories and an equally remarkable book.' **New Zealand Listener**

'*Unbreakable Spirit* is a book that I believe everyone should read as it is such an honest, well-rounded account of cancer that I can't think of another book that even comes close to it... This book is a very well written, insightful collection of personal experiences giving the reader a very wide ranging view of the experiences of cancer sufferers, as well as the teams behind them...A fantastic book, buy it and love it.' **The Library NZ Blogspot**

'This is not a cancer handbook. Rather it is a realistic, practical and remarkably upbeat book. It will answer many questions, offer some hope, and most especially it should demystify cancer by bringing it out into the open and talked about, frankly and clearly.'

FlaxFlower

'Under the four headings of friendship, family love, love of humanity and romance, the author has captured the essence of the many forms love takes. In this special little gift book, New Zealanders from all walks of life share their poignant stories, views and moments of love, and these are interspersed with various quotations. It certainly celebrates that love is all around us and all you need is...love, aroha, alofa.' **NEXT Magazine**

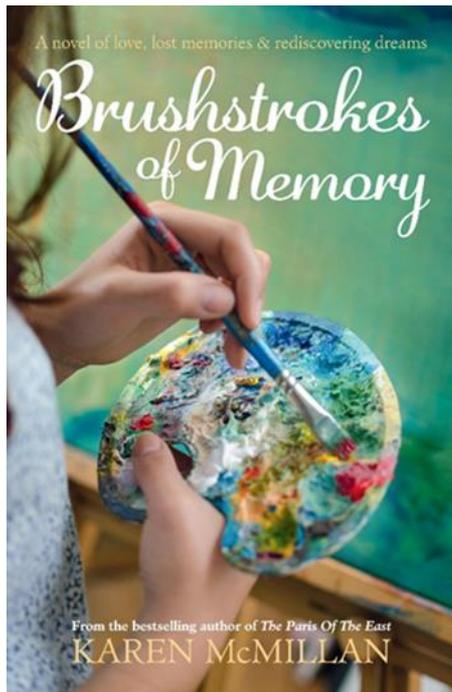
'*Unleash Your Inner Seductress* is both practical and imaginative, and leaves no stone unturned on the path to uncovering the world of seduction. It is the ideal accomplice to the task of unleashing your signature brand of charm, beauty and sophistication.'

chelsey.co.nz

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Karen McMillan Catalogue 2020



***Brushstrokes of Memory* is a compelling novel of love, lost memories and rediscovering dreams**

On her thirty-second birthday, Rebecca is in high spirits and life could not be better personally and professionally. But in 2013, she wakes in hospital after a head injury and finds out that nearly a decade of her life has been erased from her memory. Now almost forty-two, she can't remember anything after her thirty-second birthday, a decade fraught with changes she would never have anticipated – illness, infidelity, betrayal, separation and death – and the disintegration of many of her dreams.

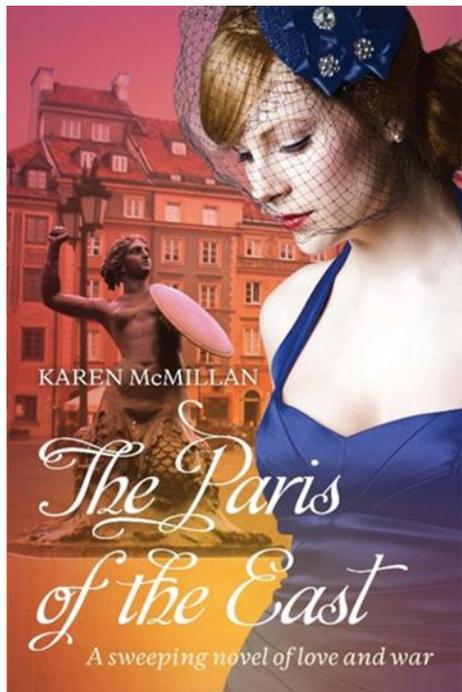
But if Rebecca can't remember anything of nearly ten years, then could this be the chance for her to wipe the slate clean and start again?

A top ten bestseller in New Zealand.

Susanne Theune & Asociados

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Karen McMillan Catalogue 2020



The Paris of the East is a sweeping epic of love and war, courage and survival, sacrifice and loss.

Warsaw, 1939. Four friends picnic on a brilliant summer's day and celebrate an engagement, aware of the rumbles of war, but hopeful that in any conflict Poland will have the upper hand...

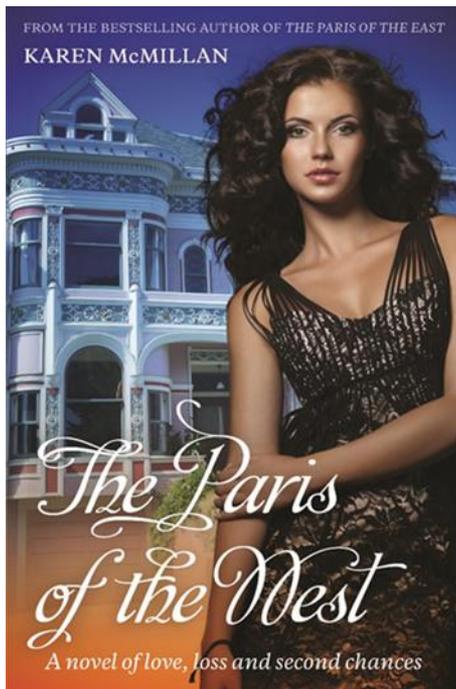
A page-turning story that spans the period of the Second World War, this is a dramatic historical adventure that goes from Warsaw to Lublin, from Bucharest to Paris, from London to the Concentration Camp at Ravensbruck – but always at the heart of this novel is the mesmerising city of Warsaw – 'The Paris of the East.'

A top ten bestseller in New Zealand.

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Karen McMillan Catalogue 2020



The Paris of the West is a story of love and loss, betrayal and forgiveness, and having the courage to start over.

San Francisco, 1948. Having survived the Second World War against all odds, Celina and her family arrive on a Liberty Ship into the Bay Area with high hopes for their new lives. But as new immigrants they face many hurdles, and they have to deal somehow with the trauma of war and the grief of losing loved ones. Betrayal and more heartbreak are just around the corner.

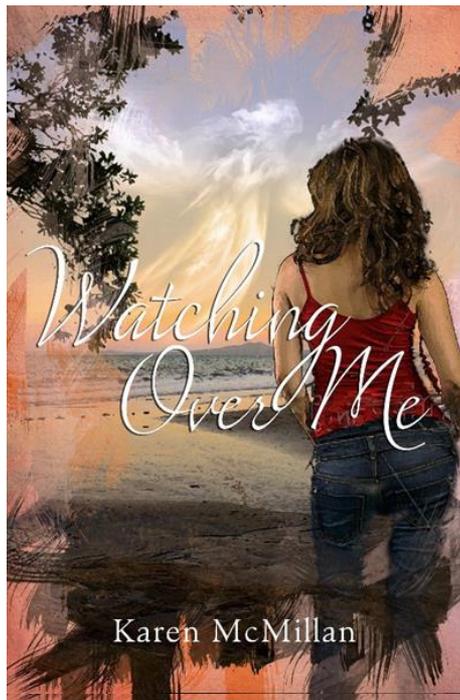
A historical read set in the spectacular hilly city of San Francisco, 'The Paris of the West' goes from the jazz clubs in the Fillmore District to the sun-kissed vineyards of Sonoma.

A top ten bestseller in New Zealand.

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Karen McMillan Catalogue 2020



Watching Over Me is a mesmerising novel of love and loss.

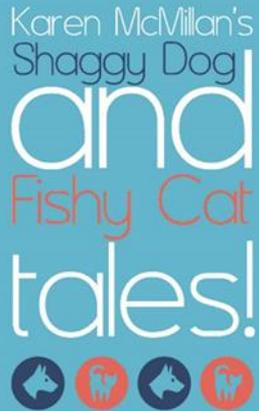
What would you do if you lost everything you had ever loved? In this page turning novel of love and loss, set in the late 1990s, Sarah Martin's idyllic world is shattered when the death of her father sets into motion a series of terrible life-changing events. While fighting to save her father's bookstore from bankruptcy, Sarah discovers family secrets that tear her and her husband Michael's lives apart.

Thrilling and compelling, *Watching Over Me* is an inspirational read that reveals, ultimately, how the power of love can transform lives.

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Karen McMillan Catalogue 2020



The cat with nine distinct personalities; the pooch who is an undercover agent; the cat who thinks he is a dog...

Shaggy Dog and Fishy Cat Tales is a delightful celebration of the unique feline and canine characters that share and enrich our lives.

Always amusing, at other times touching and sometimes downright hilarious, twenty cat and dog antics are told both from the owner's point of view and the very different viewpoint of the animal concerned. Their stories will bring a smile to pet owners everywhere!

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Karen McMillan Catalogue 2020

PRAISE

'*Brushstrokes of Memory* is a beautifully crafted love story, written from the heart.' **NEXT Magazine**

'The three main characters in this story, Rebecca, her best friend Julie and husband Daniel are well drawn...As the story progresses there are many twist and turns in the plot and the tension keeps building. It is certainly a love story with a difference!' **grownups.co.nz**

'From the derring-do of Allied fighter pilots to the cunning of the Polish resistance and the everyday bravery of a professor and his daughter, there are heroes of all kinds in this sweeping tale of war-torn Warsaw. At its heart lies a tender love story which offers a glimpse of hope for a better future, and reminds us that humanity and kindness ultimately always prevail.' **NEXT Magazine**

'The weaving of truth and imagination blurs the lines of fiction into a compelling and enjoyable read.' **Australian Women's Weekly**

'admirable characters and well-researched writing.' **New Zealand Herald**

'*The Paris of the East* is a generous and energetic account of an historical period of terrible darkness, and one that revives what is often overlooked.' **Coast FM**

'I found this book very hard to put down. A tender love story, a story of courage and survival set in extraordinary times.'

Booksellers NZ Blog

'This well-researched novel paints a vibrant picture of post-war San Francisco, from the jazz clubs in the Fillmore District to the vineyards of Sonoma. An enjoyable historical read with a touch of romance.' **Sweet Living Magazine**

'a romantic page turner with many a heart wrenching and bittersweet moment but also a gradual healing. It is a well-researched read.' **grownups.co.nz**

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