

200
JAHRE
KOSMOS

GUIDES & NON-FICTION



Rights Catalogue
Autumn 2022

Welcome

Dear Partners Around the Globe,

This is our new fall program ranging from nature guides to health titles, from astronomy titles to our program on dog keeping.

There is a number of titles we would like to draw your attention to: starting with the extremely well-done title on the **Moon Landscape** by T. Dambeck (page 4), which comes with a pair 3-D glasses so you can really see the moon craters. We offer co-editions for this title, please inquire.

In our Nature section we present the very successful **Ant Collective** by A. Schieb (page 20): this great title about the inner workings of the Red Forest Ant (formica rufa) has been translated to several languages and has sold its first edition within 3 months.

A word on our dog expert **Martin Rütter** and his titles: we stand at **over 1 Million sold copies** of these titles. He is Germany's best-known trainer and has an amazing knack for communicating with dogs (page 26).

Last but not least we have a strong growth in our health and spiritual segments (pages 36 – 41), among them a new title by R. Schache (bestselling author of the Heart Magnet): **the Illusion of Self Love** (page 39).

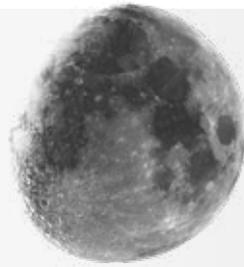
Please let us know if you want to see pdfs or real copies of our titles.

You will find us in Frankfurt celebrating our 200th anniversary and we look forward to seeing you.

Kirstin Kreppel, Julia Courmont & Franziska Lautenschlager



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New Perspectives of the Moon

Thorsten Dambeck
Lunar Landscapes

October 2022; € 50,- [D]

224 pages, 150 coloured photos,
laminated paperback, 33.0 x 26.0 cm
978-3-440-17300-8

All rights available

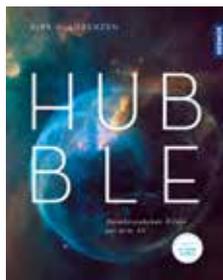
Inquire for
co-editions

Dr. Thorsten Dambeck is a physicist and works as a science journalist for a number of magazines. His title "Planet Worlds" is a Bestseller with Kosmos.



- ▶ **Breath taking images by the moon satellite**
- ▶ **Extraordinary book – comes with 3-D glasses**

Since 2009, the „Lunar Reconnaissance Orbiter“ (LRO) of NASA has been orbiting the moon and photographing its surface. This elaborately designed volume shows lunar landscapes in an entirely new light. Next to a complete moon atlas, it provides the newest scientific findings, describes the moon as a celestial body during the day and at night, and covers past and future moon missions. A unique book both scientifically and visually – and almost like a journey to the moon.



Dirk H. Lorenzen
Hubble
978-3-440-16496-9
Rights sold: CN



Thorsten Dambeck
Star Worlds
978-3-440-16912-4
All rights available

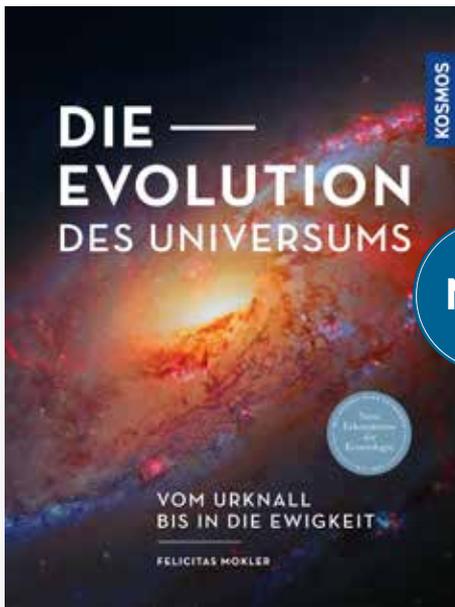


Michael König/Stefan Binnewies, Atlas of the Galaxies
978-3-440-16274-3
Rights sold: UK



Thorsten Dambeck
Planet Worlds
978-3-440-15630-8
Rights sold: CN, FR

Our Cosmos Explained



Felicitas Mokler
The Evolution of the Universe

10/22; € 34,- [D]

256 pages, 140 colour photographs
laminated paperback, 25.3 x 19.0 cm
978-3-440-17341-1

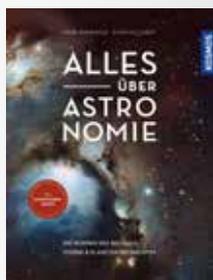
All rights available

- ▶ **Findings of cosmology – the best and most up-to-date overview**
- ▶ **Why our cosmos has to be different from what it seems to be**

What happened during the Big Bang, and what does the future of the universe look like? The evolution of the universe is the major topic in astronomy. Famous physicians like Planck, Einstein, or Hawking focussed on cosmology, the Hubble telescope has looked all the way to the edge of the cosmos. The astrophysicist Felicitas Mokler relates the historical development of cosmology, puts the worldviews connected to it in perspective, brings us up-to-date on scientific research.



Mokler, Astronomy and the Universe
978-3-440-16913-1
All rights available



Emmerich/Melchert
All About Astronomy
978-3-440-17069-4
All rights available



Hans-Ulrich Keller
Compendium of Chronology

10/22; € 34,- [D]

240 pages, 70 colour photographs
laminated paperback, 24.0 x 17.0 cm
978-3-440-17585-9

All rights available

- ▶ **The science of time: a uniquely complete overview**
- ▶ **Basics, calendar systems, timekeeping, important calendar datet**

For most people, using clocks and calendars is commonplace. But how do you explain the phenomenon of time? How did people in the past come up with the idea of recording the passage of time and establishing calendars? This book is a general survey of the topic of time. It explains the mystery of time from historical and astronomical perspectives, and offers a comprehensive overview.



Jürgen Teichmann, The Secret Code of the Stars
978-3-440-16920-9
All rights available

Astronomy

— Highlights

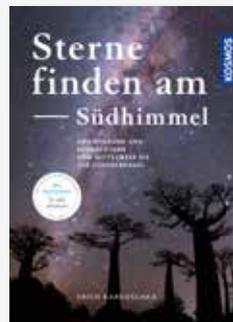
We carry a large range of titles on astronomy and astrophysics, from large coffee-table books to look at the world outside our tiny planet to textbooks explaining what we see and why we see it. We have titles for beginners and experts alike.

Klaus M. Schittenhelm
Finding Stars Made Easy
 € 12,- [D]
 978-3-440-17199-8
 Rights sold:
 HU, RO, FR, NL, CZ

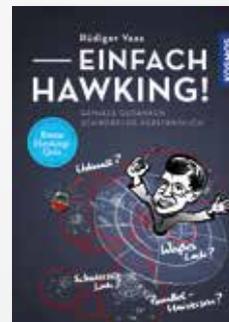
New



Michael Vogel
Star Guide to take along
 978-3-440-16107-4
 All rights available



Erich Karkoschka
Find Stars in the Southern Sky
 978-3-440-15156-3
 All rights available



Rüdiger Vaas
Simply Hawking!
 978-3-440-15624-7
 Rights sold: IT, HU, CZ, SK, PL,
 CN, NL, FR, ES + South America



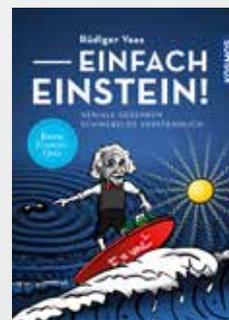
Ilja Bohnet
The 42 greatest Mysteries of Physics
 978-3-440-16882-0
 Rights sold: CZ



Ilja Bohnet/Thomas Naumann
The Mysterious Universe
 978-3-440-17346-6
 All rights available



Dr. Thomas Bürke
What Is Dark Matter?
 978-3-440-17421-0
 All rights available



Rüdiger Vaas
Simply Einstein!
 978-3-440-15836-4
 Rights sold: IT, HU, CZ, SK, PL,
 CN, NL, FR, ES + South America

Creating — Maps

MAPS @ KOSMOS

Looking for cartographical map data?
We at Kosmos have geographic and topo-
graphical vector data for the creation of
international mapping systems available.

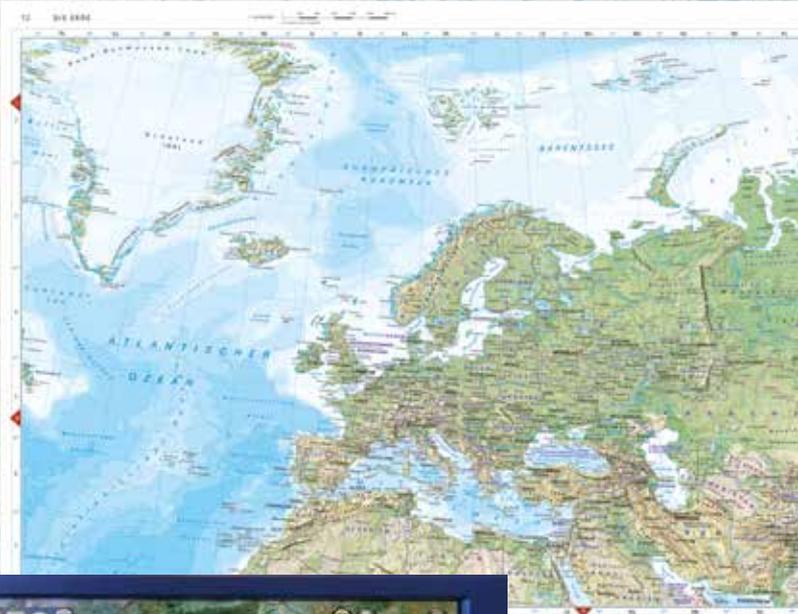
We can provide worldwide:

- ▶ cities with more than 5k inhabitants,
- ▶ borders (including disputes),
- ▶ rivers,
- ▶ and mountain names
- ▶ in over 14 languages.

Examples for the use of this information:

- inflight systems
- video games with live maps
- geographical maps

Please inquire for more information.



Henning Aibel/Renate Ell/
Philip Engler

World Almanach 2023

€ 26,- [D]

720 pages, 196 colored illustrations,
hardcover, 22.0 x 16.0 cm
978-3-440-17319

All rights available

Our World in Maps

KOSMOS Cartography KOSMOS New Atlas of the World

September 2022; € 26,- [D]

496 pages, 150 coloured photographs
laminated paperback with slipcase,
21.0 x 14.5 cm
978-3-440-17434-0

All rights available

Inquire for
co-editions



- ▶ **Digitally created top-notch cartography from Germany**
- ▶ **Large-format maps with 3-D elements**

The representative New Atlas of the World is the combination of world atlas and opulent coffee-table book. Up-to-date world maps invite you to discover our planet in an impressive way. The colour scheme of the physical maps and the optimised relief representation contribute to a nearly natural impression. A particular highlight is the 3-D depiction of the ocean floor. Thematic maps offer up-to-date information on nature, population, culture, economy, politics, and climate. Below a selection of our large and smaller compendiums.



The Kosmos Pocket World Atlas
978-3-440-17522-4
Rights sold: CZ



Kosmos World Atlas – Compact
978-3-440-17311-4
All rights available

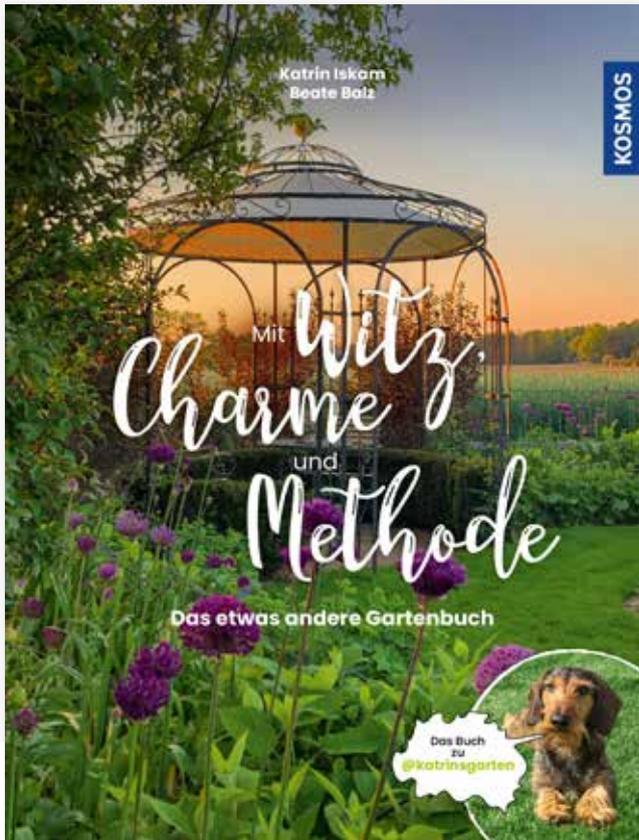


Kosmos Universal Atlas
978-3-440-17297-1
Rights sold: SK



Kosmos New World Atlas
978-3-440-17234-6
All rights available

Creating Gardens



Katrin Iskam/Beate Balz
With Humour, Charm, and Method

June 2022; € 25,- [D]

160 pages, 290 coloured photographs
 laminated paperback, 25.3 x 19.0 cm
 978-3-440-17627-6

All rights available

GARDENING

- ▶ **Garden design with clever ideas, great tips, and enchanting photos**
- ▶ **Bestseller from Publication onwards**

Katrin and Beate are passionate gardeners. Their style of gardening: English elegance, interpreted in the casual manner of the Dutch – simply beautiful! In their book, the two gardening bloggers reveal the secrets of their dream gardens. How do I structure my garden with perennials, bushes, flowers, and trees? What is a Chelsea chop, and how do I fight the box tree moth without chemicals but in a sustainable manner? With charm, humour, and method, the bloggers guide the reader through the gardening year, explain the most important tasks, and show how to realize their style in any garden.

Katrin Iskam lives in her beautiful house with garden in northern Germany – the entire title is shot in her own garden through out the year. Her dog is always at her side. She is very successful on social media.

Beate Balz is the photographer and has taken the many beautiful pictures of Katrin's garden.



Annette Born, Growing Together With the Garden
 978-3-440-17367-1
 All rights available



Thomas Heß, Upcycling Projects for the Garden
 978-3-440-15191-4
 Rights sold: NL, FR, PL



Lilli Straub, 6 Steps to Your Dream Garden
 978-3-440-16881-3
 All rights available

Flowers and Harvesting



Folko Kullmann
Orchids

6/22; € 15,- [D]

128 pages, 180 colour photographs
paperback, 21.50 x 18.50 cm
978-3-440-17574-3

All rights available

- ▶ **99 species easily explained**
- ▶ **Everything about appropriate care and help with diseases**

This title has the best answers for the most frequent questions on Orchid keeping. A great title for beginners and people, who want to have everything at one glance. Easy, brief and with a lot of pictures to help you find your way through gardening with this most amazing flower. Quick help and an intuitive access to information and step-by-step instructions. Extensive know-how is shared so you will be able enjoy your exotic house plant for a long time.



Iris Winkenbac
Flower Beds
978-3-440-17410-4
Rights sold: CZ



Simone Kern
Wild and Colourful
978-3-440-17336-7
Rights sold: CZ, NL



Melanie Öhlenbach
Cool Harvest

2021; € 16,- [D]

96 pages, 9 coloured illustrations
brochure with flaps, 24.0 x 17.0 cm
978-3-440-17298-8

Rights sold: HU

- ▶ **Winter vegetable planting and harvest on the balcony**
- ▶ **With 30 vegetable profiles**

When tomatoes, cucumbers, beans, etc., have died away, the pots, planters, and grow tubs on the balcony look sadly empty. It's time for lamb's lettuce, pak choi, spinach and many more ... Melanie Öhlenbach shows what you can grow in the cold season, how the temperatures influence the plants, and how cultivation and harvest will be successful: step by step with DIY projects like planting a vegetable soup and many other ideas for your balcony in winter time.



Carolin Engwert
Indoor Harvest
978-3-440-17071-7
Rights sold: HU



Agnes Pahler
It's All in the Mix
978-3-440-16547-8
Rights sold: CZ

Gardening — Highlights



New

Mareike Fedders
Garden Paradise for Animals!
 € 18,- [D]
 978-3-440-17605-4
 All rights available

You can do your gardening just about anywhere: there are titles for the balcony gardener, for animal lovers, for ecological gardening – things will grow, if you just know how....



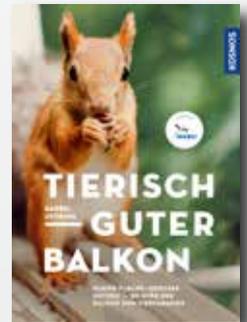
Joachim Mayer
Raised Beds – The Manual
 978-3-440-17130-1
 Rights sold: CZ



Melanie Grabner
Raised Beds all Year Round
 978-3-440-16402-0
 All rights available



Lisa-Maria Trauer
My Raised Bed on the Balcony
 978-3-440-17485-2
 Rights sold: CZ



Bärbel Oftring
Balcony Paradise for Animals
 978-3-440-17411-1
 All rights available



Markus Meyer
Cool Garden – An Oasis
 978-3-440-17409-8
 All rights available



Simone Kern
Gardenig without Watering
 978-3-440-17088-5
 All rights available



Bärbel Oftring
Make Me Loose
 978-3-440-17062-5
 Rights sold: CZ



Ortrud Grieb, Bedding Plants – What Goes Well Together?
 978-3-440-17343-5
 Rights sold: CZ

Simply Series

Felix Weiß Simply Garden Birds

July 2022; € 14,- [D]

128 pages, 150 coloured photographs
paperback, 19.3 x 13.2 cm
978-3-440-17444-9

Selected titles sold: CZ, NL



- ▶ **Nature guides with beautiful illustrations**
- ▶ **76 species everyone wants to know**

Biologist and avid ornithologist Felix Weiß is a long standing author in the Kosmos program. He lives in Northern Germany, where he can see most of these birds every day.

This series of nature guides makes it very easy to learn about nature. This title presents 76 domestic garden birds comprehensibly with one species per page and beautifully illustrated by Paschalis Dougalis. Every important feature is explained directly next to the colour illustration – you don't have to read more than that to definitely identify a bird. The additional texts provide astonishing specialised knowledge which makes you well-equipped for any small talk situation.



Holger Haag
Simply Trees
978-3-440-17386-2
Rights sold: CZ



Felix Weiß
Simply Birds
978-3-440-17024-3
Rights sold: NL, CZ



Felix Weiß
Simply Flowers
978-3-440-17025-0
Rights sold: CZ

Easy Nature Discovery Series



Ralf Bürglin
You Can See Those! –
Animals Around You

July 2021; € 18,- [D]

144 pages, 200 coloured photographs
 paperback, 19.3 x 13.2 cm
 978-3-440-17239-1

All rights available

- ▶ **New title in the series for the casual nature lover**
- ▶ **The mammal guide to all wild species around us**

This series offers a guide to nature that is rather unusual: the approach is through images and texts, rather than a specific colored guide system. It describes nature the way a casual onlooker just saw it and gives many interesting details and facts around this observation. This specific title guide through the observation of foxes at the graveyard, martens in the garden, or even wild boars.

“You Can See These!” makes discovering wild nature around us easy. The animals are arranged according to their habitats, and each species comes with tips on how to successfully observe them. The features to clearly identify them are presented with over 200 pictures.

Ralf Bürglin is biogeographer with focus on zoology, biology of game, geology and botany. He works as author and nature photographer for several publishers and magazines, like Terra and Geo.



Eva-Maria Dreyer, You Can See Those! – Flowers
 978-3-440-17106-6
 All rights available



Klaus Nottmeyer, You Can See Those! – Birds In the Forest
 978-3-440-16989-6
 Rights sold: CZ



Michael Schmolz You Can See Those!
 978-3-440-16527-0
 Rights sold: CZ

Relaunched

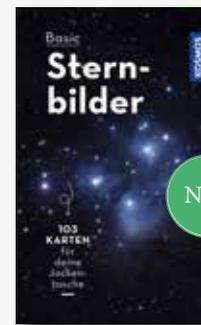
— Basic Series

NATURE

Further titles in
Spring 23

Our bestselling series of basic nature guides now in a modern and playful design. The 128 page guides fit in a jacket pocket and are especially user-friendly. Each presenting roughly the most common species they have ingeniously easy instructions for identification. In three steps the readers will identify nature around them.

Hermann-Michael Hahn
BASIC Star Constellations
€ 9,- [D]
978-3-440-17359-6
Selected titles sold to:
NL, CZ, SK



Volker Dierschke
BASIC Birds
978-3-440-17393-0



Frank Hecker
BASIC Animal Traces
978-3-440-17394-7



Volker Dierschke
BASIC Garden Birds
978-3-440-17388-6



Eva-Maria Dreyer
BASIC Flowers
978-3-440-17389-3



Katrin and Frank Hecker
BASIC Trees
978-3-440-17390-9



Eva-Maria Dreyer
BASIC Wild Berries
978-3-440-17392-3



Markus Flück
BASIC Mushrooms
978-3-440-17387-9



Roland Gerstmeier
BASIC Insects
978-3-440-17391-6

Classic Nature

— Guides

Over
7,000
— copies
sold



Margot and Dr. Roland Spohn
Which Tree is that?
€ 15,- [D]
978-3-440-16449-5
Selected titles sold:
CZ, FR, ES, IT, SI, NL, PL

Our Series of Nature Guides consists of 8 titles in total. We have sold about 700.000 copies and offer international co-editions for these medium sized titles. Another title on edible plants is available.



Volker Dierschke
Which Bird is that?
978-3-440-16451-8



Andreas Gminder/Tanja Böhning
Which Mushroom is that?
978-3-440-16452-5



Margot and Dr. Roland Spohn
Which Flower is that?
978-3-440-16450-1



Wolfgang Hensel
Which Healing Plant is that?
978-3-440-16453-2

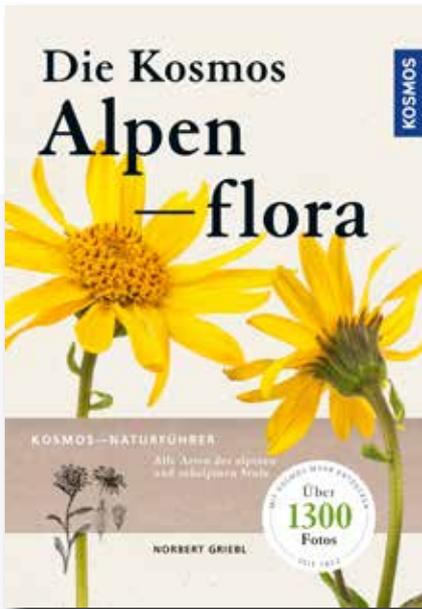


Heiko Bellmann
Which Insect is that?
978-3-440-16447-1



Rupert Hochleitner
Which Stone is that?
978-3-440-16478-5

Large Guides



**Norbert Griehl
Alpine Flora**

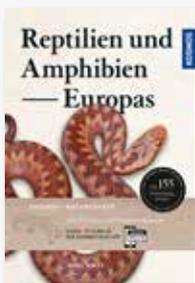
11/21; € 36,- [D]

464 pages, 1200 colour photographs
1200 colour illustrations
paperback, 19.4 x 13.2 cm
978-3-440-17498-2

rights sold: FR

- ▶ **The entire alpine flora in one nature guide**
- ▶ **With distribution maps**

Almost no other European landscape is as rich in flowering plants as the Alps. This nature guide presents all the species of the alpine and subalpine zones. More than 1,000 plants are shown with pictures and described in detail, and 700 additional species are outlined. Distribution maps show where the plants can be found and how common they might be. Extensive knowledge packed into a compact identification book.



Axel Kwet, Reptiles and Amphibians of Europe
978-3-440-16755-7
Rights sold: FR, IT



**Karl Wilhelm Harde
Beetle Guide**
978-3-440-16759-5
Rights sold: NL



New

**Ingrid und Peter Schönfelder
Mediterranean Plants**

7/22; € 18,- [D]

296 pages, 337 colour photographs,
302 colour illustrations
paperback, 19.3 x 13.2 cm
978-3-440-17499-9

All rights available

- ▶ **Unrivalled: the most comprehensive book on Mediterranean vegetation**
- ▶ **More than 1,300 species and over 1,600 colour photos**

This nature guide shows the variety and beauty of plants around the Mediterranean Sea. Over 1,300 species are depicted colour photos and detailed texts. 930 distribution maps show where you can find the respective plant. An overview of families and an easy identification key provide easy access. The authors are well-known specialists for the Mediterranean vegetation.



**Margot Spohn
Tree Guide Europe**
978-3-440-17094-6
Rights sold: IT



**Margot Spohn
What's blooming?**
978-3-440-17073-1
Rights sold: CZ, PL, IT, FR, NL

Garden Life



New

Frank Hecker
What's Buzzing Here?
Summer of Insects

June 2022; € 12,- [D]

128 pages, 150 coloured photographs
 paperback, 19.3 x 13.2 cm
 978-3-440-17548-4

All rights available

NATURE

- ▶ **35 insect species – charmingly portrayed**
- ▶ **The protection of species explained: with tips for preservation**

For anyone interested in protecting the Garden life and specifically insects, this compact identification book offers a colourful journey through the variety of our insects. 35 species are portrayed in detail with photos in life size, and many more are presented on overview pages. The identification part is complemented by entertaining fun facts as well as tips and DIY ideas for protecting insects.

This series below not only focusses on the observation of insect and wildlife in the garden, it also explains how to attract wildlife into the garden.



Rainer Ulrich
Who is fluttering here?
 978-3-440-16904-9
 All rights available



Bärbel Oftring
What attracts you?
 978-3-440-17263-6
 Rights sold: NL



Bärbel Oftring
Can you hear them?
 978-3-440-16405-1
 Rights sold: CZ



Bärbel Oftring
It Is Buzzing Everywhere
 978-3-440-16892-9
 Rights sold: CZ

Herbs and Wild Plants

Rudi Beiser
Our Edible Wild Plants

July 2021; € 18,- [D]

296 pages, 337 coloured photographs,
 302 colour illustrations
 paperback, 13.4 x 19.3 cm
 978-3-440-17466-1

Rights sold: IT, FR, SI



New
 edition

- ▶ **Updated edition with a part on garden and crop weeds**
- ▶ **Bestseller: over 50,000 copies sold**

*This series below always offers
 12 species for identification and also
 for harvesting and using nature.*

Herbs expert Rudi Beiser explains how you can find, clearly identify, and use edible wild plants. Hundreds of photos and illustrations and detailed descriptions provide all their important features. Whenever there is a danger of mixing up, the poisonous look-alikes are directly depicted in contrast. Additional recipes show what you can make with the mushrooms you picked. There are numerous suggestions for salads, soups, or desserts.



Katrin and Frank Hecker
A Good Dozen of Wild Herbs
 978-3-440-17241-1
 Rights sold: HU



Katrin and Frank Hecker
A Good Dozen of Healing Plants
 978-3-440-17115-8
 All rights available

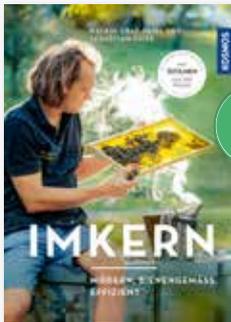


Otmar Diez
A Good Dozen of Wild Berries
 978-3-440-16986-5
 Rights sold: HU



Ewald Langer
A Good Dozen Wild Mushrooms
 978-3-440-16985-8
 Rights sold: HU

Beekeeping



New

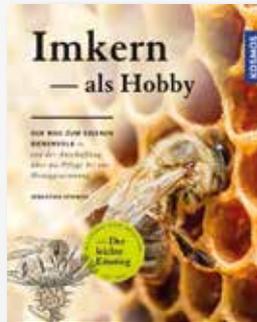
**Sebastian Faiß,
Katrin Graf-Faiß,
Beekeeping**
978-3-440-17334-3
All rights available

Here is an overview of our new titles and long-sellers on bee-keeping. We cover topics from specific challenges of beekeeping like handling disease to the ecological background and natural beekeeping, from standard titles to advanced bee keeping.

Our newest guide is for young beekeepers with tips through out the year. It comes with a calendar to mark special events, and what's happening to your own bees.



**Friedrich Pohl
101 of Beekeeping**
978-3-440-14945-4
Rights sold: IT, NL, KO



**Sebastian Spiewok
Beekeeping as a Hobby**
978-3-440-14947-8
Rights sold: SR, SK, HU



**Kaspar Bienefeld
Beekeeping – Step by Step**
978-3-440-14949-2
Rights sold: PL, CZ, CN, NL



**Friedrich Pohl
Guide to Bee Diseases**
978-3-440-15609-4
Rights sold: CZ, SK



**Gerstmeier/Mittenberge
Ecological Beekeeping**
978-3-440-15605-6
Rights sold: CZ, SK



**Tobias Mittenberger
Practical Guide to Ecological
Beekeeping (Vol. 2)**
978-3-440-16792-2
All rights available

The Secret Life of Ants

Armin Schieb
The Ant Collective

July 2022; € 35,- [D]

128 pages, 60 colour charts
laminated paperback, 35.0 x 25.5 cm
978-3-440-17602-3

Rights sold: CZ, FI, ES, FR



Armin Schieb has created a true masterpiece based on his 3-D illustrations of his master thesis. He lives in Norther Germany and is an expert at building 3-D models with scientific backgrounds.

- ▶ **Bestseller about the life of the red forest ant (Formica Rufa)**
- ▶ **A visually and scientifically outstanding book**

The complex community life of ants and their astonishing abilities to communicate with each other provided Armin Schieb with the inspiration for an unusual project. In completely computer-generated 3-D model images, he gives insights into the state of red wood ants. The digital illustrations are packed with information on biology, ecology, and behaviour of insects and are complemented by well-founded texts. That way, extensive knowledge is shared in a uniquely animated way. An illustrated non-fiction book which will delight everyone!



Natalie Friedrich
Winter Magic
978-3-440-17397-8
All rights available



Katrin and Frank Hecker
Make Something Out Of It
978-3-440-17103-5
All right available



Katrin and Frank Hecker
Do Something For Birds
978-3-440-17215-5
All right available

Our Nature
DIY portfolio

Mushrooms



**Andreas Gminder,
Peter Karasch,
The Kosmos Mushroom
Handbook**
€ 45,- [D]
978-3-440-17027-4
All rights available

Here is an overview of our most favoured mushroom titles for both beginners and advanced mycologist. Our newest title on Mushrooms, the Handbook has been delayed to 2023. It will be an illustrated mushroom guide and successor to the legendary Pary title. Watercolour illustrations of the highest quality show all the important identifying features at a glance.



**Hans E. Laux
The Big Kosmos Mushroom
Guide**
978-3-440-17471-5
All rights available



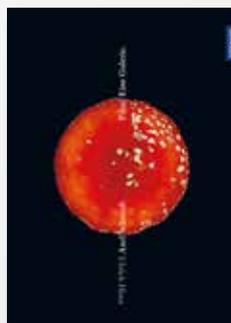
**Hans E. Laux/Andreas Gminder
Edible Mushrooms and their
poisonous look-alikes**
978-3-440-17038-0
Rights sold: DK, FR, NL



**Andreas Gminder
Guide for Mushroom Collectors**
978-3-440-17037-3
All rights available



**Heinz Gerber
Morels**
978-3-440-17016-8
All rights available



**Axel Schmidt
Mushrooms. A Gallery**
978-3-440-15835-7
Rights sold: FR



**Hans E. Laux
Mushroom Guide to take along**
978-3-440-17005-2
Rights sold: CZ, PL

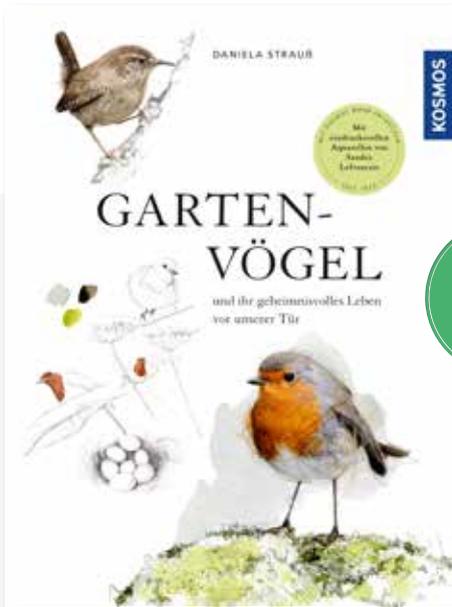


**Markus Flück
Which Mushroom is That?**
978-3-440-16782-3
Rights sold: NL, RU, FR, PL, SR



**Ewald Langer
The Happiness of Harvesting**
978-3-440-17049-6
Rights sold: CZ

Birds



Daniela Strauß
Garden Birds

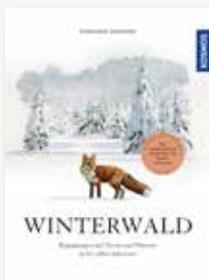
7/22; € 36,- [D]

256 pages, 60 colour illustrations,
40 black-and-white illustrations
efalin paperback with dust jacket, 17.0 x 23.0 cm
978-3-440-17441-8

All rights available

- ▶ **Beautifully illustrated companion through the year**
- ▶ **Atmospheric texts and bibliophile design**

These beautifully illustrated books are literary walks through nature. Experiencing the forest in winter time or learning about the birds in the garden. These are entertaining and contemplative stories about the wild life around us and make for beautiful gifts.



Ekkehard Ophoven
Winter Forest
978-3-440-16869-1
Rights sold: SK



Antonia Coenen/Philipp Juranek
Be Good to Birds

9/22; € 22,- [D]

208 pages, 300 colour photographs
paperback, 24.1 x 17.4 cm
978-3-440-17366-4

All rights available

- ▶ **The perfect introduction to birding**
- ▶ **Learn about different birds, observe and protect them**

A special birdwatching book. The two hobby ornithologists Philip and Antonia are podcasters and want to get people enthusiastic about what they love: birds. They present about 30 bird species and show how you can observe and protect them. Add to that personal anecdotes, detours into music, art, and pop culture, and you get a positive and entertaining book about loving birds which makes you want to get involved in (Urban) Birding.



Katrin and Frank Hecke
My Bird SnackBar
978-3-440-16938-4
Rights sold: CZ



Schmolz, The Bird Guide
For Late Risers
978-3-440-17216-2
All rights available

Birds

— Highlights



Leander Khil
Handbuch Bird Observation
€ 34,- [D]
978-3-440-16990-2
Rights sold: CZ

Here is an overview of our bestselling birding titles. From our new “bible” for ornithologists (left) to practical guides and very large books on owls and birds of prey, we have titles for all tastes and wallets available.



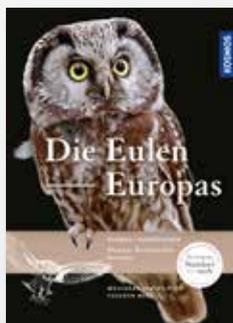
Detlef Singer
What Is Flying There? (Photo)
978-3-440-17328-2
Rights sold: NL, FR, CZ



Barthel/Dougalis
What Is Flying There?
978-3-440-16515-7
Rights sold: ES, PL



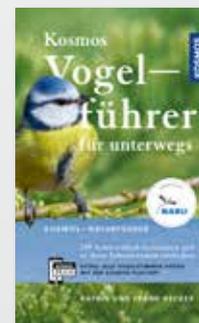
**Mebs/Schmidt-Rothmund/
Nachtigall**
Europe's Birds of Prey
978-3-440-16815-8
Rights sold: NL



Scherzinger/Mebs
Owls of Europe
978-3-440-15984-2
Rights sold: NL



Ulrich Schmid
A Garden Full of Birds (My Garden)
978-3-440-15895-1
Rights sold: SK



Frank and Katrin Hecker
Kosmos Bird Guide for the Road
978-3-440-16513-3
Rights sold: CZ, NL, PL

Marine Life



Markus Bötöfür
Learning to Fish Step by Step

7/22; € 16,- [D]

128 pages, 120 colour photographs
 paperback 18.0 x 10.9 cm
 978-3-440-17577-4

All rights available

► **A new guide for beginners and advanced fishermen**

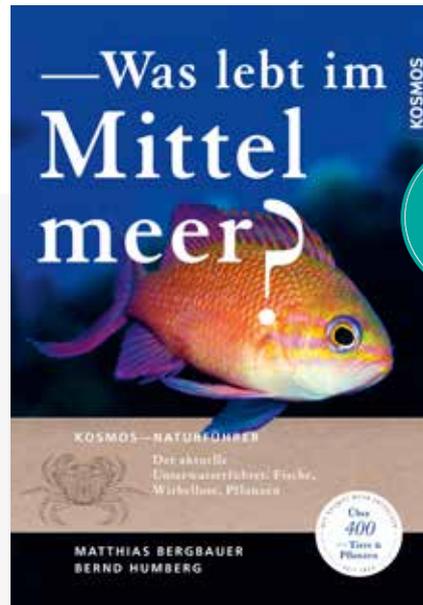
When do pikes and doctor fish bite? What equipment do I need for which of the different kinds of fish I want to catch? How can I increase my success? In this new guide, fishing expert Markus Bötöfür offers reliable knowledge of fish, bodies of water, fishing gear, and baits. Wittily written and vividly illustrated with 100 photos, this book lets beginners find thorough instructions and tips which can be easily put into practice. The fishing tips for fishes from A to Z describe the different behaviour patterns and the corresponding catching techniques.



Ben Boden
Knots, Leader & Mounts
 978-3-440-17240-7
 Rights sold: FR, CZ



Ben Boden
Which Fish is That?
 978-3-440-16936-0
 Rights sold: CZ, HU



Matthias Bergbauer/Bern Humberg
What Lives in the Mediterranean

6/22; € 32,- [D]

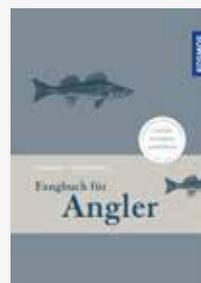
368 pages, 570 colour photographs
 paperback 19.20 x 13.30 cm
 978-3-440-17603-0

Rights sold: FR, IT, ES

► **Guide to all aquatic life in the Mediterranean**

► **New edition with 400 species and all protected zones**

This guide to Mediterranean nature is both identification helper and reference book in one. This new edition offers a compilation of more than 400 of the most common and important animals and plants. Extensive information about characteristics, habitats, and possibilities of confusion as well as the colour code help securely identify the nature under water. Ideal for divers, snorkellers, aquarists, and tourists visiting the Mediterranean.



Notebook for your Fishing
 978-3-440-16975-9
 Rights sold: CZ



Thomas Gretler
The Fishingbook for Kids
 978-3-440-16937-7
 Rights sold: CZ, HU

Wild Life



Thomas Rall
You Knife, The Forest and You

4/22; € 18,- [D]

176 pages, 250 colour photographs
flap brochure, 24.1 x 17.2 cm
978-3-440-16973-5

All rights available

- ▶ **The outdoor and survivalist Book**
- ▶ **Adventures for everybody**

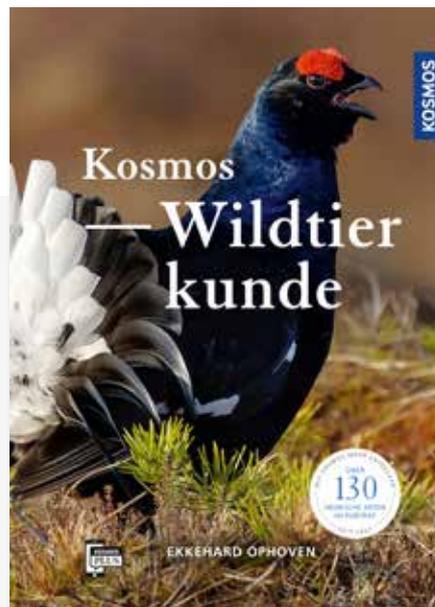
With this outstanding instruction book by wilderness pedagogue Thomas Rall, you learn the skills of the forest from scratch. The readers learn how they can carve simple wooden tools with a knife. That is the basis for more ambitious follow-up projects, in which all kinds of connections are used, from knots made with barkcloth string to clever wooden mortise and tenon joints. Detailed step-by-step instructions guarantee a fun outdoor adventure at the gates of the city.



Jörg Hübner
The Book of Knives
978-3-440-17162-2
All rights available



Stefan Mayer/Hubert Kapp
Shot and First Shot
978-3-440-17678-8
All rights available



Ekkehard Ophoven
Kosmos Wild Life Science

8/21; € 22,- [D]

192 pages, 225 colour photographs,
80 colour illustrations
hardcover, 24.1 x 17.1 cm
978-3-440-16908-7

Rights sold: CZ, HU

- ▶ **More than 300 coloured photographs and illustrations**

The popular companion for hunters and other nature enthusiasts is now available in a completely new edition. With more than 300 illustrations, the book informs about identification features, occurrence and behaviour of more than 130 species as well as important aspects of their hunting.



Norbert Klups
Hunting Weaponry
978-3-440-17004-5
All rights available



von Cramer-Klett,
Hunting in the Mountains
978-3-440-17264-3
All rights available

Martin Rütter – Dog Expert

Martin Rütter/Andrea Buisman Dog Training with Martin Rütter

2022; € 22,- [D]

176 pages, 180 coloured photographs
laminated paperback, 25.3 x 19 cm
978-3-440-17458-6

All rights available

Over
1 Million
— copies
sold in total



Martin Rütter is Germany's leading Dog expert. As a renown animal psychologist and trainer, his books alone sold over 1 million copies. He features in his own popular TV shows, that average between 300.000 and a million people watching almost daily. He has his own dog obedience school since 1995, in which he established his training philosophy DOGS (Dog Orientated Guiding System) based on findings in behavioural research. Martin Rütter is an advocate for a living and healthy relationship between dogs and people.

- ▶ **Easy to learn and team work based**
- ▶ **Individual focus by bestselling author**

“Dog Training with Martin Rütter” is the most popular dog training guide in German-speaking countries. It teaches dog owners everything about the basics of a good relationship between humans and dogs: how to strengthen your relationship with your dog, which signals it should understand and how to bring more variety into everyday life with your dog. Rütter's mot-to: “Dogs have personalities and they are worthy that we deal with their desires, strengths and weaknesses.”



**Rütter/Buisman
Puppy Training With
Martin Rütter**
978-3-440-17170-7
All rights available



**Rütter/Buisman
Occupying Dogs With
Martin Rütter**
978-3-440-17457-9
All rights available



**Martin Rütter/Andrea
Buisman, Fear in Dogs**
978-3-440-17455-5
All rights available



**Rütter/Buisman
Language Course With
Martin Rütter**
978-3-440-17456-2
All rights available

Understanding Dogs



New

Maren Grote
Learning to Read Dogs

10/22; € 25,- [D]

192 pages, 200 colour photographs
 paperback, 24.0 x 17.0 cm
 978-3-440-17558-3

All rights available

- ▶ **Unique: a complete explanation of dog behaviour**
- ▶ **Understanding your dog better**

Anything owners have always wanted to know about the behaviour of their dog! Dog trainer Maren Grote shows dog behaviour exactly as it can be observed in everyday life. Arranged according to situations and illustrated by many photos, the behaviour and body language are explained. The book offers tips for dog owners to better manage critical situations. A competent and practical guide.



New

Carolin Hoffmann
What My Dog Needs

8/22; € 18,- [D]

272 pages, 100 colour photographs
 paperback, 24.0 x 17.0 cm
 978-3-440-17440-1

All rights available

- ▶ **comprehensive and easy guide to basic questions**
- ▶ **everything you need at a glance**

If you are looking for quick and sound advice instead of the partial knowledge found in internet forums, you can find that in this book. The dog trainer and behaviour counsellor Carolin Hoffmann gives concise, simple, and scientifically reliable answers to typical questions on dog training and other important topics in the everyday life with a dog. This helpful collection of FAQs offers a new perspective on our dogs and helps avoiding unnecessary mistakes.



Heike Schmidt-Röger
What Does My Dog Think?
 978-3-440-16787-8
 Rights sold: FR



Gansloßer/Kitchenham
Current Dog Research
 978-3-440-15644-5
 All rights available

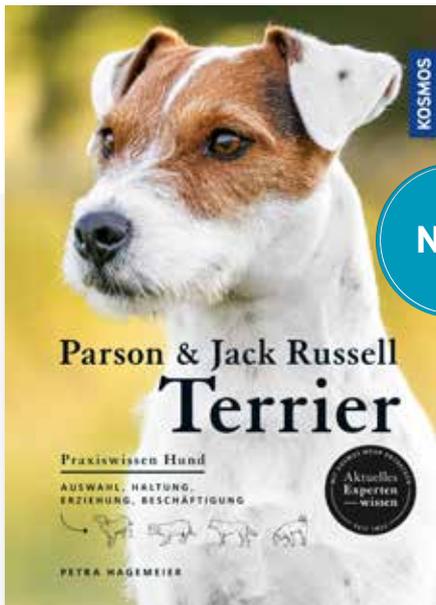


Robert Mehl
Psychology of Dogs
 978-3-440-16701-4
 All rights available



Marie Nitzschner, The
Personality of the Dog
 978-3-440-15852-4
 All rights available

Which Dog?



Petra Hagemeier
Parson and Jack Russell Terriers

9/22; € 16,- [D]

128 pages, 150 colour photographs
paperback, 24.0 x 17.0 cm
978-3-440-14974-4

All rights available

- ▶ **A dog breed that is intelligent, lively, cheerful**
- ▶ **a popular breed for which advice is needed**

Parson and Jack Russell Terriers have been bred for hunting foxes for centuries. Nowadays, the robust outdoor breed is appreciated as a cheerful family dog and companion for riding. The competent guide in the series of offers the accumulated knowledge on selection, keeping, educating, and exercising of the breed. It provides first-time dog owners with a sense of security and guarantees a harmonious life of human and dog.



Michelle Goldermann
Golden Retriever
978-3-440-16949-0
Rights sold: HU



Beate Jodl/Barbara Ossig
Ossig, Boxers
978-3-440-15960-6
All rights available



Udo Gansloßer/Yvonne Adler/Gudrun Braun, Dog Breeds

2021; € 68,- [D]

608 pages, 465 colour photographs
paperback, 24.8 x 19.7 cm
978-3-440-16008-4

All rights available

- ▶ **The influence of genes on dogs' breed and characteristics**
- ▶ **The differences in behaviour and training**

The author team of Udo Gansloßer, Yvonne Adler and Gudrun Braun, scientists and practitioners, describes how today's dog breeds arose. They explain the molecular family trees of more than 160 dog breeds. A very big handbook revealing the newest findings of scientific research.



Holler/Schmidt-Röger
Chihuahua
978-3-440-17001-4
Rights sold: CZ



Eva-Maria Krämer
Dog Breeds
978-3-440-17260-5
Rights sold: ES

Dogs and Humans



New

Sonja Meiburg
Recalling your Dog

8/22; € 20,- [D]

208 pages, 150 colour photographs
 paperback, 24.0 x 17.0 cm
 978-3-440-17379-4

All rights available

- ▶ **Build recall with marker training**
- ▶ **Learn to interact with respect**

The recall is the most important signal for living together with our dogs, but it is also the one that often does not work. Sonja Meiburg guides dog and owner. Her recall training is integrated into the marker training, a very successful and gentle method of dog training. With the help of positive reinforcement, dogs learn the desired behaviour with motivation and without fear. This recall guarantees that a trusting relationship develops – full of respect, fairness, and on equal terms.



José Arce
Human & Dog

10/22; € 25,- [D]

176 pages, 200 colour photographs
 laminated paperback, 25.3 x 19.0 cm
 978-3-440-17333-6

All rights available

- ▶ **Four steps to a good relation with your dog**
- ▶ **Trust your own guts – convey a sense of security**

José Arce encourages people to listen to their guts again when training dogs. He shares a training for dog and human which creates a good foundation for living together in four easy steps. Together with his Dobermann Fred, the therapist shows how you can guide dogs safely through different everyday situations, how to take on the responsibility, and how to win their trust through love and respect.



Kai Hartmann/Nancy Wendler, Leading Subtly
 978-3-440-17340-4
 All rights available



Ursula Löckenhoff
Spatial Thinking
 978-3-440-17461-6
 All rights available

mindfulness
 — around dogs



Andreas Ohligschläger
Dogs as Companions
 978-3-440-17203-2
 All rights available



El Ayachi/Herrnkind
The Attentive Dog
 978-3-440-16919-3
 All rights available

Dog Health



New

Martina Flocken
Physiotherapy for the Dog

10/22; € 28,- [D]

192 pages, 250 colour photographs
 laminated paperback, 24.0 x 17.0 cm
 978-3-440-17425-8

All rights available

- ▶ **Mobile and without pain through movement therapy**
- ▶ **Many exercises to do at home**

Physiotherapy is a great way to promote and maintain mobility, especially for senior dogs, handicapped dogs, and athletic dogs. Martina Flocken, physiotherapist and originator of the successful concept “Doggy Fitness”, shows dog owners how they can detect lameness and diseases and actively support their dog through exercises and therapeutic measures. The extensive guide also informs you about treatment options and aids and gives advice on how to handle your patient.



Sonja Meiburg
Stop It!
 978-3-440-16915-5
 All rights available



Lützenkirchen, Are You Still Calling Your Dog?
 978-3-440-16804-2
 All rights available



New

Engelstädter
Resilience in Dogs

9/22; € 16,- [D]

128 pages, 150 colour photographs
 paperback, 24.0 x 17.0 cm
 978-3-440-17293-3

All rights available

- ▶ **Nosework – train your dog’s abilities**
- ▶ **Help with allergies**

Dog trainer and expert for scent differentiation Matthias Mück shows how you can use clicker training to teach dogs to find and point out specific scents without fail. Any scent is suited, for example fennel, nuts, or mildew. Eventually, pros are able to locate the one bowl among many filled bowls that contains three drops of peanut water only by sniffing, it can be a great help for people suffering from allergies. Any dog can learn nosework, and will greatly enjoy the new hobby.



Charlotte Kolodzey
Feeding Wholesomely
 978-3-440-16923-0
 All rights available



Lenka Sochor, Cancer Diagnosis For Dogs
 978-3-440-16994-0
 All rights available

Dog Training



Matthias Mück
Recognizing and Pointing Out Scents

September 2022; € 16,- [D]

128 pages, 150 coloured photographs
 paperback, 24.0 x 17.0 cm
 978-3-440-17295-7

All rights available

► **Nosework – train your dog’s abilities**

► **Help with allergies**

Dog trainer and expert for scent differentiation Matthias Mück shows how you can use clicker training to teach dogs to find and point out specific scents without fail. Any scent is suited, for example fennel, nuts, or mildew. Eventually, pros are able to locate the one bowl among many filled bowls that contains three drops of peanut water only by sniffing, it can be a great help for people suffering from allergies. Any dog can learn nosework, and will greatly enjoy the new hobby.

Together with Katharina Nünninghoff author Matthias Mück operates the dog center black forest (Hundezentrum Schwarzwald). He and his dogs are active man trailers and help with rescue missions. He teaches courses and seminars on scent trailing.



Anne Krüger-Degener
When Dogs Trust
 978-3-440-17112-7
 All right available



Thomas & Ina Baumann
Slow Living for Dog and Owner
 978-3-440-16797-7
 All right available



Gansloßer/Käufer
They Play After All
 978-3-440-17186-8
 All right available

Pets

— Overview

Training puppies following the principles of HarmoniLogie® means: the dog is supposed to develop trust into humans first, while exercises like Sit, Lie Down, and Heel are postponed to later. It builds week after week. The author's training diary puts its focus on calmness, bonding, and fixed rituals, but also on practical health care and housetraining. This practical companion provides structure for puppy care and lays the foundation for a successful partnership.

Anne Krüger-Degener
Puppy Diary
€ 20,- [D]
978-3-440-17537-8
All rights available



Christine Wilde
Guinea Pig Guide
978-3-440-16999-5
All rights available



Anne Warrlich
Rabbit Guide
978-3-440-16784-7
All rights available



Ralf-Wigand Usbeck
Having Chickens
978-3-440-16702-1
All rights available



Anne Warrlich
Dwarf Rabbits
978-3-440-14703-0
All rights available

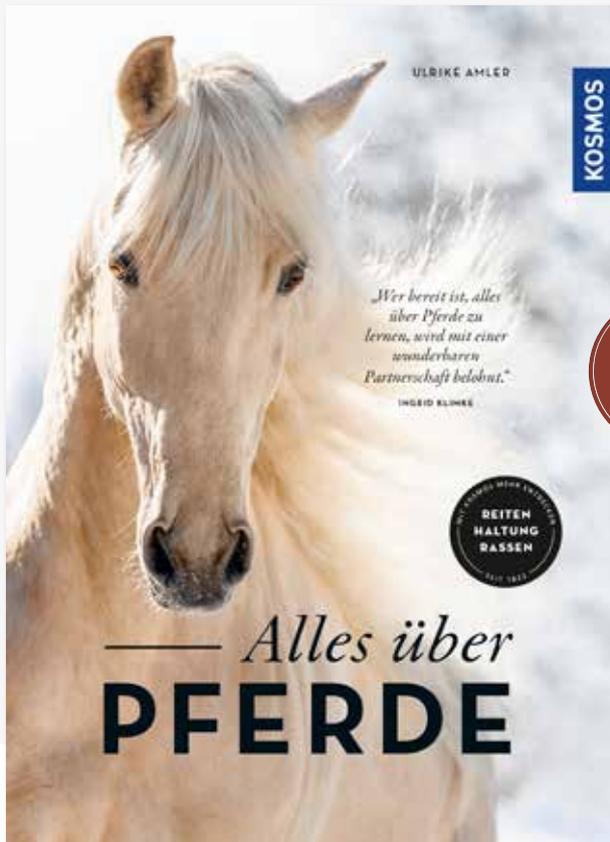


Denise Seidl
Games and Fun for Cats
978-3-440-15996-5
All rights available



Raud-Widmann
What's my Cat thinking?
978-3-440-15129-7
Rights sold: CZ, FR

All about horses



New edition

Ulrike Amler
Everything About Horses

June 2022; € 14,- [D]

144 pages, 245 coloured photographs
laminated paperback, 27.0 x 19.5 cm
978-3-440-17198-1

All rights available

- ▶ **Riding, keeping, breeding**
- ▶ **huge knowledge of horses**

This unique all-round information package on horses offers everything that horse friends want to know. Clearly structured double pages enable quick access to guidance on keeping, riding, and breeds. From language and behaviour of horses to care and equipment – every topic is explained in a comprehensible way. The beautiful photos provide the details of what really matters. The perfect book for adolescent and adult riding beginners.

Ulrike Amler has an agricultural degree and writes freelance articles for various journals. She is an avid equestrian.



Behling/Schriever/Binder
Understanding, raising and riding horses
978-3-440-16742-7
All rights available



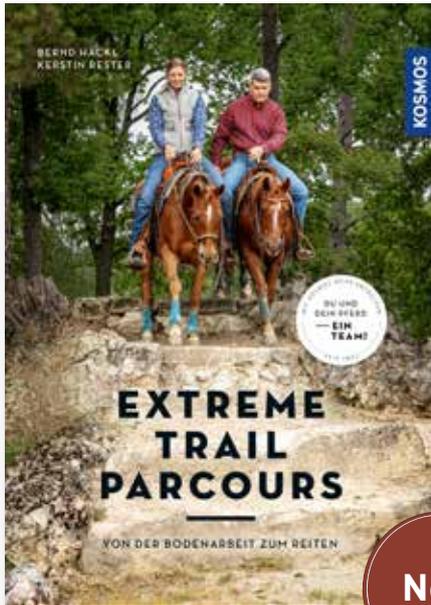
Ulrike Amler
Everything about riding
978-3-440-17060-1
All rights available



Sibylle Luise Binder
Which horse suits me?
978-3-440-14940-9
Rights sold: NL

Over
80,000
— copies
sold

Working with Horses



New

Bernd Hackl/Kerstin Rester
Extreme Trail Parcours

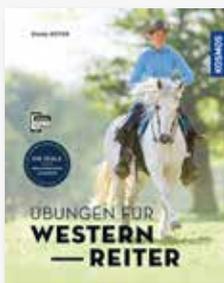
7/22; € 24,- [D]

128 pages, 100 colour photographs
paperback, 24.0 x 17.0 cm
978-3-440-17349-7

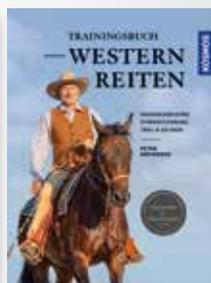
All rights available

- ▶ **Extreme: Challenges for groundwork fans**
- ▶ **A new book by horse expert Bernd Hackl**

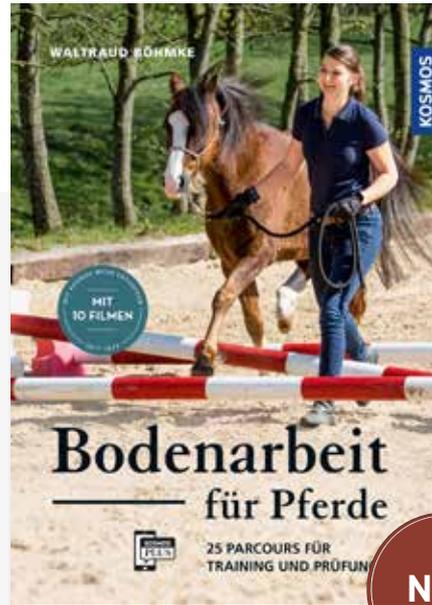
Groundwork for the bold: in extreme trail parcours with their unusual obstacles, a horse and its rider prove to be a perfect team. Lying tree trunks, suspension bridges, or seesaws make for exciting challenges for all groundwork freaks. What must the horse be able to do? How can we prepare horses? It lists which exercises are the right ones to begin with, and how to train at home. Bernd Hackl and Co-trainer Kerstin Rester show how anxious horses turn into heroes.



Diana Royer, Exercises for Western Riders
978-3-440-15778-7
All right available



Peter Kreinberg, Training Guide for Western Riding
978-3-440-14931-7
All rights available



New

Waltraud Böhmke
Groundwork for Horses

7/22; € 16,- [D]

96 pages, 122 colour photographs
paperback, 24.0 x 17.0 cm
978-3-440-17438-8

All rights available

- ▶ **25 diverse parcours with practical task schedule**
- ▶ **Exercises for teaching yourself**

Let's go to the riding ground! But this time, we won't go there for riding but for practising exciting and varied parcours for groundwork. The experienced and certified horse groom and trainer Waltraud Böhmke presents 25 parcours with different goals: gymnastication, training to stay calm, rules for interaction, and agility. Over 100 photos and 25 illustrations make setting up everything easy. The exercises are fun, encourage teamwork, and additionally help train specifically for riding badge tests.



Schneider, Training Guide for Groundwork
978-3-440-16977-3
All rights available



Jung, Back Training with the lunge line
978-3-440-17470-8
All rights available

Horses — Highlights



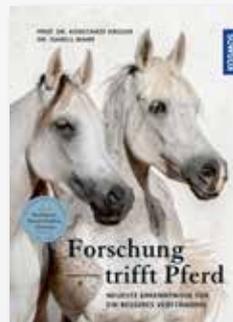
New

Anne Krüger-Degener
Forging Happiness for Horses
 € 28,- [D]
 978-3-440-17188-2
 All rights available

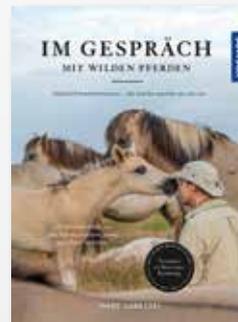
Anne Krüger-Degener's method HarmonieLogie® is a unique concept for trusting interaction with horses, and other animals (see page 32). In this book, she shows how communication with horses can be successful. Practical and with many examples, she explains how to read a horse's body language signals correctly. The horse is motivated and shows the desired reaction during training. Horse training with HarmonieLogie®: joy for humans, happiness for animals – and the other way around!



Ingolf Bender, Keeping and Feeding Horses
 978-3-440-17322-0
 All rights available



Konstanze Krüger/Isabell Marr
Research meets Horse
 978-3-440-17187-5
 All rights available



Marc Lubetzki
Talking with Wild Horses
 978-3-440-17294-0
 All rights available



Marc Lubetzki
In the Circle of the Herd
 978-3-440-16436-5
 All rights available

New



Catherin Seib
True Friendship with Horses
 978-3-440-17450-0
 All rights available



Sigrid Schöpe
Circus Tricks with Horses
 978-3-440-17067-0
 Rights sold: US, UK



Iris Charles
Fit on the Horse
 978-3-440-17061-8
 All rights available



Ingrid Klimke, Cavaletti – Small edition with tables
 978-3-440-17015-1
 All rights available

Healthy with — Series

What used to be common knowledge for our great grandmother is making a big comeback today: these titles impart ancient wisdom and common knowledge about certain properties we use in everyday life.

This new title is on the new trend of fermenting – which was for ages a healthy method to make vegetables last longer. Fermented vegetables do not only taste good but they are rich in vitamins and minerals. This book gives valuable advice how to ferment. It presents the different and includes healthy recipes.

► **Over 12 titles available**

Martin Auerswald
Healthy With
Fermented Vegetables
€ 12,- [D]
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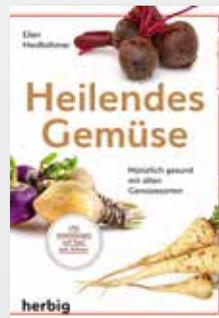
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The Doctor Is In



Inka Jochum
Back Healing Book

9/22; € 14,- [D]

96 pages, 80 colour photographs
paperback, 19.3 x 13.2 cm
978-3-96859-059-2

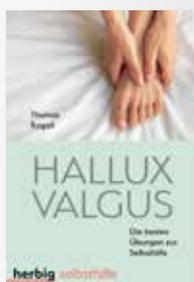
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- ▶ **New: fresh look, modern photos, more exercises**
- ▶ **Overview of most common back aches and their causes**

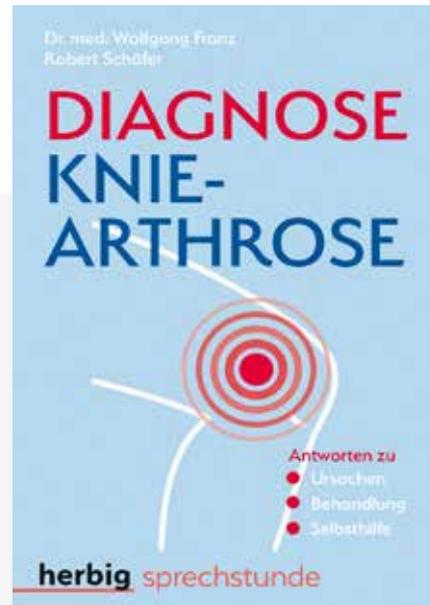
You can live without any pain with just 15 minutes of pleasant self-discipline each day! The Heal Your Back Book shows how easy that is. The easy but incredibly effective exercises strengthen the spine, relieve tension and muscle pain, and even help with severe cases of slipped discs. Breathing exercises and exercises in water support the effects. The new edition includes seven additional exercises. That way, everyone can put together their individual programme to fight back pain.



Raymond Best, Quickly Fit Again After a Cruciate Ligament Rupture
978-3-96859-032-5
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Thomas Rogall
Hallux Valgus
978-3-96862-852-4
Rights sold: FR, CZ



Dr. Franz/R. Schäfer
Diagnosis Knee Arthritis

2019; € 14,- [D]

128 pages, 15 b/w illustrations
Softcover, 18.6 x 12.8 cm
978-3-77662-856-2

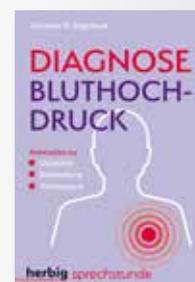
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- ▶ **Real doctors give advice**
- ▶ **Answers to the most common questions**

These titles give helpful advice and explanations on the most common diseases, like arthritis, high blood pressure, hearing loss and others. Easy to understand and helpful for those affected.



Christoph Pies, In Consultation: The Bladder
978-3-968-59019-6
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Christian W. Engelbert
Diagnosis Hypertension
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All rights available

Male and Female Health



New

Heide Fischer
My Compass for Menopause

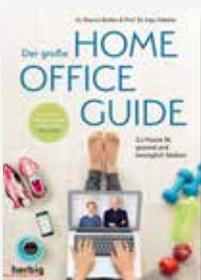
6/22; € 22,- [D]

256 pages, 10 black-and-white illustrations
paperback, 21.5 x 13.5 cm
978-3-96859-043-1

All rights available

- ▶ **Effectively alleviating menopausal symptoms**
- ▶ **Standard therapies of medicine and natural medicine**

The well-known doctor Heide Fischer shows how to activate your body's potential for self-healing during menopause with a combination of treatments from conventional and natural medicine. She explains the reasons for hot flashes and for problems with mucous membranes, discusses loss of libido and contraception, describes the conventional hormone replacement therapy as well as alternatives, and gives tips for self-care.



Ballas/Froböse, The Big Home-Office Guide
978-3-96859-030-1
All rights available



Michael Rogall
Talking About Hair
978-3-96859-011-0
All rights available



New

Dr. Christoph Pies
Potency on Prescription

9/22; € 20,- [D]

144 pages, 5 black-and-white illustrations
paperback, 21.5 x 13.5 cm
978-3-96859-035-6

All rights available

- ▶ **The first guide dealing with the taboo issue**
- ▶ **With a 12-week-programme**

Many men suffer from it but nobody talks about it. Actually, you can easily get help for potency problems. This book is a companion with extensive information and exercises. It offers well-founded medical facts, questionnaires, checklists, self-tests, and a 12-week-programme to help yourself. With workouts, mental exercises, and a better diet you can solve the problem in the long term – from the comfort of your own home.



Christoph Pies
Men Above the Age of 50
978-3-96859-016-5
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Love and Acceptance



New

Ruediger Schache
The Illusion of Self-Love

June 2022; € 18,- [D]

160 pages, 10 colour charts
paperback, 19.3 x 13.2 cm
978-3-96860-031-4

All rights available

New title from
— Bestselling
Author

- ▶ **A new book by “Magnetic Heart” author Rüdiger Schache**
- ▶ **7 steps to personal development without stress**

If you consider self-love a goal that you can train for with mantras and exercises, you are on the wrong track. Focusing on performance and achievement does not lead to self-acceptance but into the craze of self-optimisation. Rüdiger Schache explains why self-love cannot be achieved by efforts but only through the magic of letting go. Instead of doing more, you should do less to become happy: end the things that put you under pressure and that keep you from experiencing true self-love.

*Ruediger Schache works as coach and author. He teaches courses together with his wife Nicole Diana. His titles (*The Heart Magnet*) have sold to 26 languages and are bestsellers in the Nymphenburg imprint.*



Guido Schleich, Why Less Possessions Create Happiness
978-3-96860-007-9
All right available



Silvia Mahlow, Welcome on Planet Happiness
978-3-96860-011-6
All right available

Spirit in Nature



Sam Hess, The World of Nature Spirits – The Very Personal Practice Book

7/22; € 16,- [D]

128 pages, 30 colour photographs
paperback, 21.3 x 17.0cm
978-3-96860-053-6

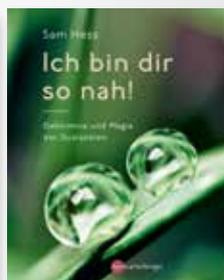
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- ▶ **The workbook complementing the bestseller**
- ▶ **For a deep connection with the world of elemental beings**

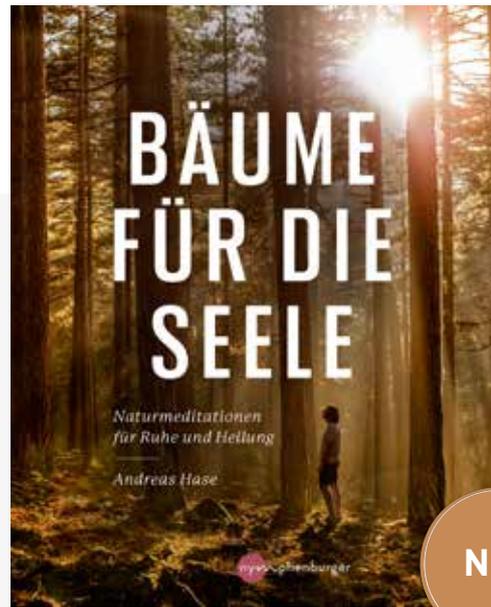
Sam Hess is right at home in the world of nature spirits. Each week, he goes into the forest with people to show them how you can perceive the beings that inhabit the elements earth, fire, water, and air. The practice book based on his bestseller makes it possible to establish contact with dwarves, fairies, nymphs, and sylphs by immersing yourself and to experience their power effects and healing impulses in that way.



Sam Hess, The World of Nature Spirits
978-3-968030-22-9
All rights available



Sam Hess I Am So Close to You
978-3-96860-045-1
All rights available



Andreas Hase Trees for the Soul

8/22; € 20,- [D]

144 pages, 70 colour photographs
paperback, 21.3 x 17.0 cm
978-3-96860-032-1

All rights available

- ▶ **Use the elementary natural powers for meditation**
- ▶ **Description of 13 healing trees and their effects**

Andreas Hase takes the reader on a contemplative hike to places of silence into the forest, and he shows how we can access the concentrated natural powers of trees: through meditation, in prayers, or with healing exercises. The author describes the special effects of 13 healing trees and explains the botanical, mythical, and spiritual backgrounds.

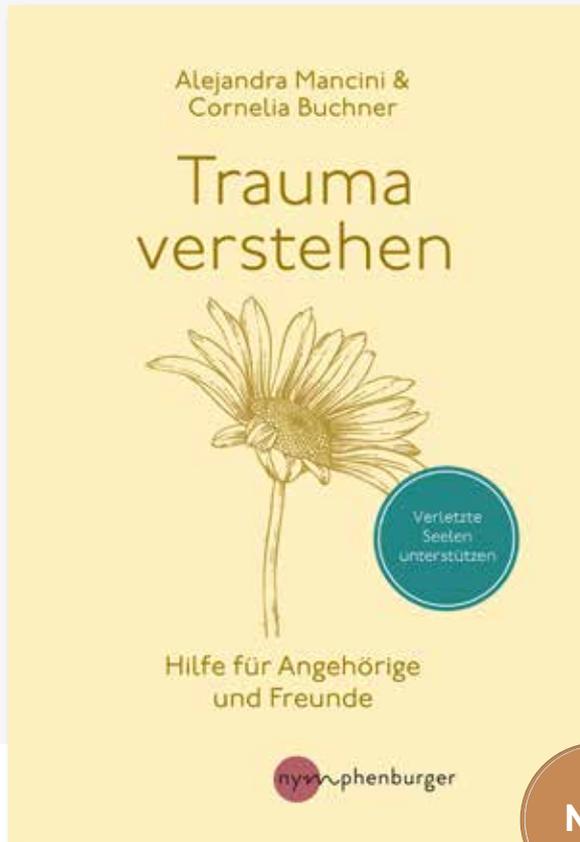


Adelheid Brunner Plant Shamanism
978-3-96860-055-0
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Neumayr, The Healing Power of Advent Time
978-3-96860-063-5
All rights available

Helping in Crisis



New

Mancini/Buchner Understanding Trauma

June 2022; € 12,- [D]

128 pages
paperback, 18.5 x 12.5 cm
978-3-96860-006-2

All rights available

- ▶ **Effective support for the people supporting us in crisis**
- ▶ **New title on Guidance through Trauma**

This new title focusses on Trauma: What can you do when a person you know struggles with traumatic experiences? Based on up-to-date research, this guide comprehensibly describes characteristics and symptoms of different forms of trauma, from grief to post-traumatic stress disorder.

This mini-series is addressed to the people nearest those with challenging life circumstances. It provides help and guidance through issues like depression, burn-out, or anxiety that afflict the people near to you, including addresses, checklists, and reports.



Kati Imbeck/Christine Berg, Understanding Dementia
978-3-96860-009-3
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Selina Vogt, Understanding Depression
978-3-96803-012-0
All rights available



Christina Pielken, Understanding Burnout
978-3-96803-020-5
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Isabel Schroth, Understanding Anxieties
978-3-96803-008-3
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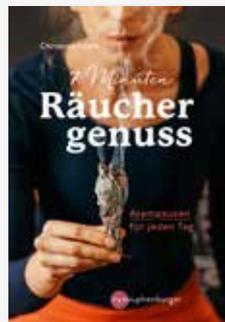
Unsere — Highlights

Another title in our series which helps you find the time for yourself in an ever-accelerating world. Each title gives brief impulses in units of seven minutes. Ellen Heidböhmer has compiled the best techniques and simple exercises from Yoga, Tai Chi, NLP, Qigong, and therapeutic eurhythmmy – and each unit is matched to the cosmic quality of the individual weekdays. The exercises are complemented by short meditations, affirmations, mudras, and visualisations.

Ellen Heidböhmer
7 Minutes of Self-Care
 € 12,- [D]
 978-3-96860-002-4
 All rights available



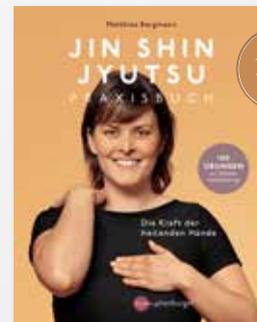
Doris Iding
7 Minutes Of Chakras Power
 978-3-96860-035-2
 All right available



Christine Fuchs, 7 Minutes of Incense Pleasure
 978-3-96860-015-4
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Facia Yoga
 978-3-96860-024-6
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Guntram Stoehr
Nature as a Place of Power
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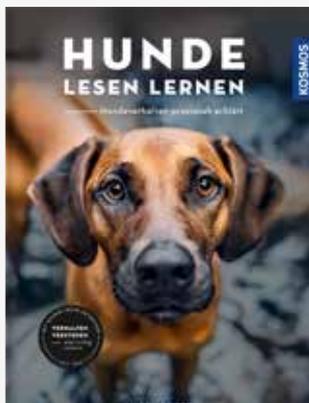


Christine Fuchs, Incense in the Rhythm of the Cycle of the Year
 978-3-96860-018-5
 All right available



Christine Fuchs, Smoking with Indigenous Plants
 978-3-96860-008-6
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Our Recommendations



“It is truly amazing how much we can read in the expressions of dogs if we learn to decipher them – understanding your dog becomes a lot easier with this title.”



“Looking for the “The Dark side of the moon”? It simply no longer exists after looking at these wonderful images – this will be a favorite of mine for a long time to come!”



“A mind changing title – it feels good and makes complete sense.”

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