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New

The Power Of True Love



Author: Claus Walter

Publication Date: January 2021

Format: 174 pages

Love – The basis of all things and all being

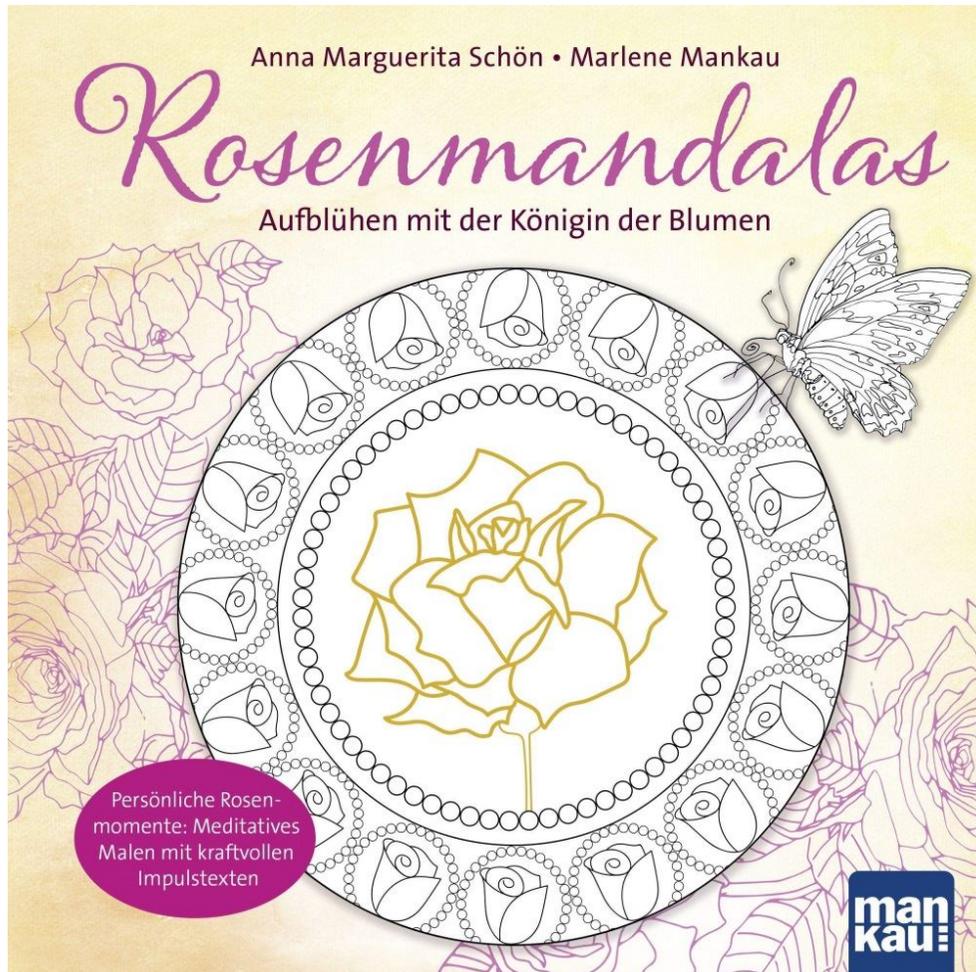
Love is the basis of all things and all being, an intangible energy with enormous power and effect. If the earth were not built on the basic energy of love, it would be cold, dark and lifeless. True love not only determines the life of a person, but also that of those around him. From the point of view of quantum physics, "love" is information that shows itself in a very positive energy and allows connection to develop and grow. It can be located in our core, in the heart, the center of feelings. The essence of the human being is therefore basically "full of love". We are born with this information, but forget about it in the course of life.

Since "love" has been misused or suppressed egotistically by innumerable generations, it is perceived by many people today as "wrong", not according to its own origin. But if we are given true love from outside or if we activate our self-love, the "love information" can again generate its powerful and healing effect. This book supports you in (re) establishing the basic tenor of true love - a harmony of freedom, self-determination, balance and harmony. At the same time, the new WE or self-understanding is strengthened and positive change is supported by turning away from EGO behavior. You can expect new, strengthening and growth-promoting results from many years of heart work:

In over 600 heart-resonance coaching sessions, Claus Walter has gained extensive experience and new insights into love for and through us humans, which he summarizes in a simple and clearly understandable manner. Thanks to small exercises and "aha" effects, you will see love from different angles and experience it anew. Experience sustainable and meaningful personal growth on all levels - in powerful connection with (self) love!

New

Rose Mandalas



Authors: Anna Marguerita Schön & Marlene Mankau

Publication Date: January 2021

Format: 90 pages

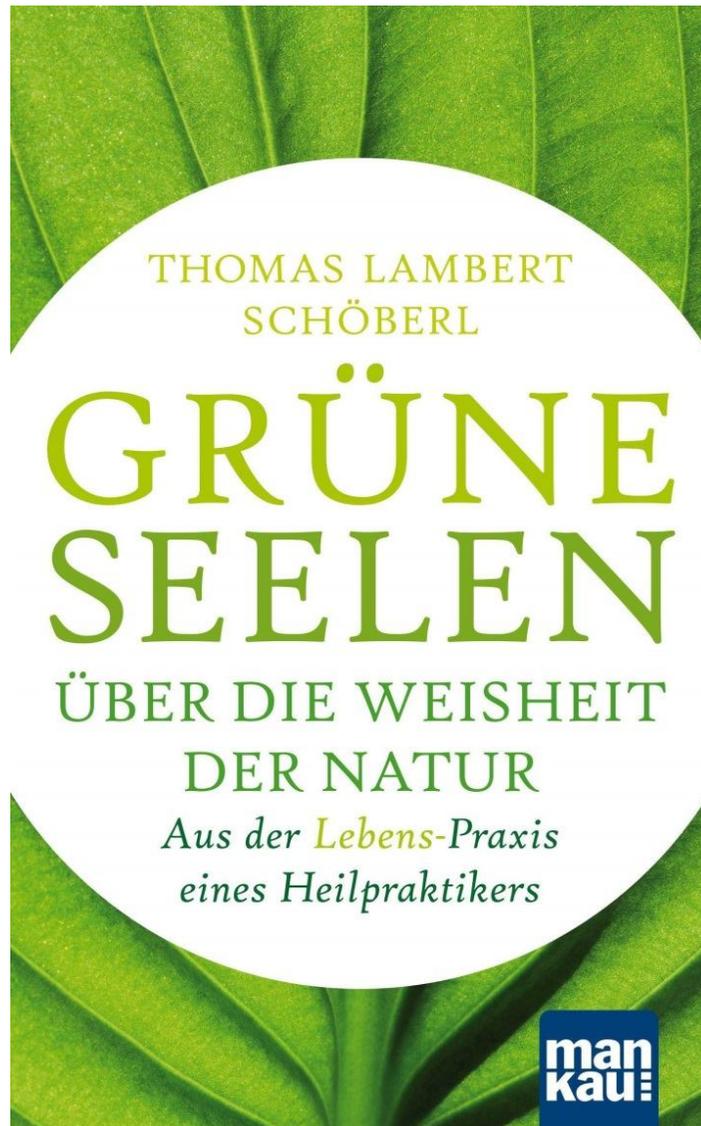
Bloom with the queen of flowers

Rose mandalas, zendalas and many other beautiful illustrations around the rose invite you to blossom inside and out in this coloring book. Marlene Mankau's drawings were lovingly created by hand. Strengthening and enjoyable impulse texts, written by Anna Marguerita Schön, guide you through the individual chapters.

In this coloring book the rose stands for beauty and love, for tenderness and strength. In self-care, she listens to her very own rhythm and instinctively knows when it is time to open and close. The flower is laid out deep within it - always facing the sun, even rainy seasons cannot prevent it from blooming from within at the right time. Let yourself be carried away to wild rose gardens, refreshed by the morning dew and warmed by the sun. Bloom inside out and let YOUR colors run wild!

New

Green Souls



Author: Thomas Lambert Schöberl
Publication Date: February 2021
Format: 320 pages

About the wisdom of nature Let's follow our roots - back to nature's lap

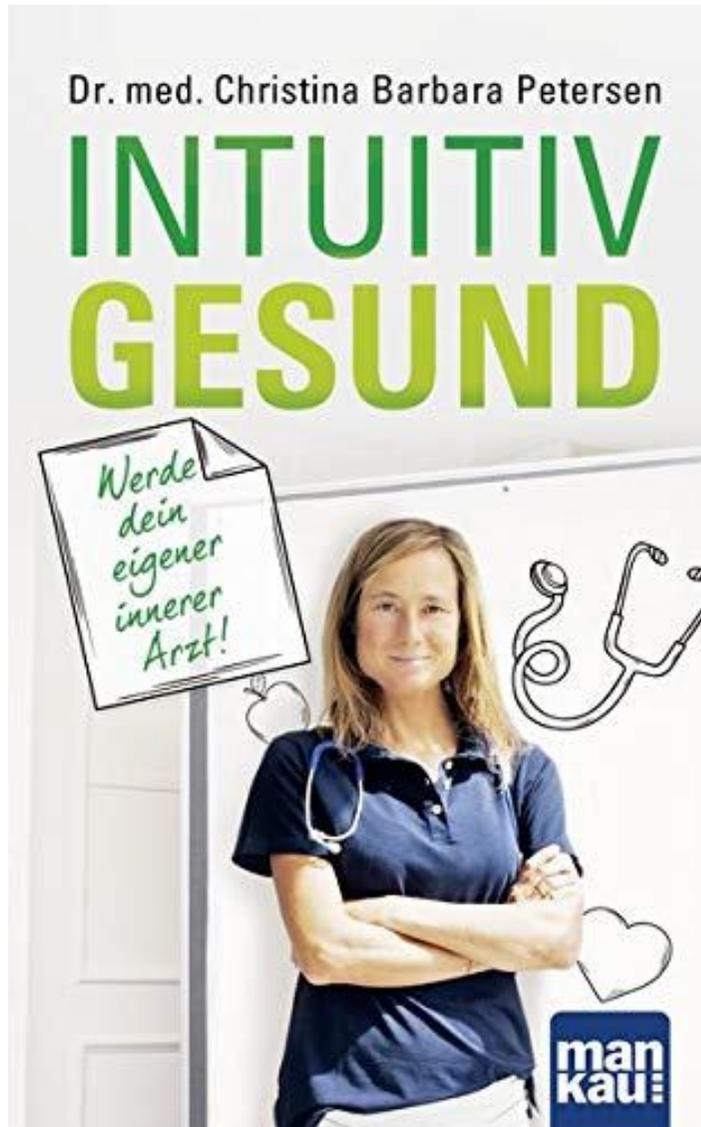
In our performance society, modern people have strayed far from their roots. Chronic illnesses and psychosomatic complaints have become more and more common ailments. Is this really our fate? Thomas Lambert Schöberl knows another way: In order to be able to tackle the challenges of our time sustainably and with new creativity, he recommends giving space again to the wonders of nature and the holistic view of the world and people and to us their meaning for body, mind and To become conscious of the soul. Many people feel more and more clearly the longing for nature, for more originality in their life and a new definition of the meaning of life.

In a poetic yet very immediate way, the author tells of his own path of recovery and the process of his personality development. As a naturopath, musician and art scholar, he sensitively abducts us into a long-forgotten visual language that shows us the immaterial wealth and the innumerable perspectives of a holistic worldview. The fact that the profession of alternative practitioner and the ancient knowledge of naturopathy are valuable and valuable cultural assets is illustrated with experiences from his naturopathic practice.

"Yes, we are like trees with strong roots, we are the melodies of a cosmic dance and the prayers of an ongoing creation. We should follow these roots, these inner chants, this powerful spark of hope - even into the unknown, into the deep earth ... into our souls. "

New

Intuitively Healthy



Author: Dr. Med. Christina Barbara Petersen
Publication Date: March 2021
Format: 160 pages

Become your own inner doctor: Take a look behind the scenes of your health!

Never before has global medical research and health expenditures been greater than they are today. And yet the number of sick people is constantly increasing, for whom medicine can only inadequately or not at all help. Often, despite the sophisticated diagnostic methods of the Western world, no diagnosis can be found for obviously present complaints. It is important to look deeper behind the scenes. To understand why we get sick and how we get and stay healthy. Because health starts at the root - in our head. Let Christina Petersen show you how to recognize and transform thoughts that make you sick and how to focus your focus on healing!

You learn, ...

- why health is not a coincidence
- why disease occurs and how our western system contributes to it why you can trust in nature
- why you should observe instead of assess
- what you can do specifically to get and / or stay healthy
- how we can use the latest in science to live longer and happier lives.

New

Meno Balance



Author: Petra Neumayer
Publication Date: April 2021
Format: 180 pages

With a good feeling through the menopause

You are probably at a turning point too. Somewhere in the middle of life, in the phase of transition from young girl to wise woman. During this time of change, there is often turbulence: the hormones are out of balance, and you can feel that - physically and mentally. Unfortunately, there is no magic bullet for the various menopausal symptoms, but there is always a good timetable! And that says: Go hand in hand with naturopathy, medicine and the art of living on a holistic path through menopause!

In this guide you can read the essentials about menopause, how the hormonal system works and the switching points where you can set positive signals for more hormonal harmony yourself. Find out everything you need to know about: Hormone friends and hormone enemies:

- What is good for you now and what you should avoid
- Herbal medicine and micronutrients: gentle help with complaints
- Bioidentical hormones and breast cancer prophylaxis: why the natural route is the better
- Superfoods, yoga and stress relief: for a relaxed and powerful everyday life

For more hormonal balance and joie de vivre every single day!

New

TCM For Pregnancy, Birth and Lactation



Authors: TCM Univ. Yunnan Li Wu & Dr. Natalie Lauer
Publication Date: April 2021
Format: 260 pages

Far Eastern healing knowledge for you and your baby

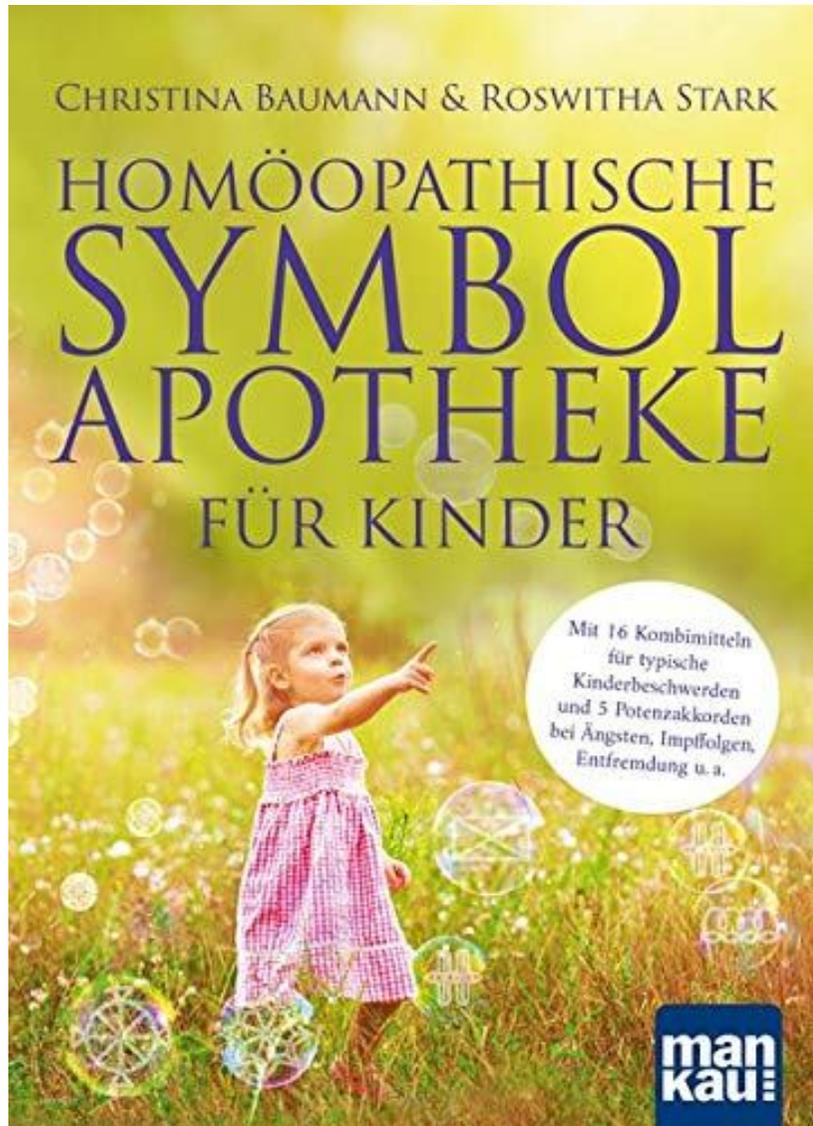
Pregnancy should be the most wonderful time in a woman's life. The child will never again be so close to her. Both should feel fabulous and enjoy each day of the miracle that is happening. The same applies to childbirth and the subsequent breastfeeding period. However, the hormonal and energetic changes during these phases can pose great challenges for mother and baby and have a strong influence on their well-being - a rollercoaster for body and mind.

Traditional Chinese Medicine (TCM) knows a number of gentle methods that, in coordination with the respective pre- and postnatal phase, can energetically balance the organism and gently alleviate common complaints. This guide provides the necessary knowledge and numerous practical tips so that the mother-to-be and her baby can spend the pregnancy, the subsequent birth and the time afterwards in holistic well-being.

- Introduction to healing methods and methods of TCM - including acupuncture and acupressure, massages, meditation, Qi Gong, medicinal herbs, medicinal teas, Chinese nutrition
- 40 weeks baby bump: This happens to mother and child. With numerous tips from Chinese and Western teaching in coordination with the individual weeks of pregnancy
- Holistic support during breastfeeding
- Tasty recipes from the five-element kitchen for pregnant women and nursing mothers
- Comprehensive self-help section from A to Z with therapy suggestions and proven measures from TCM

New

Homeopathic Symbols Remedy Kit For Children



Authors: Christina Baumann & Roswitha Stark

Publication Date: May 2021

Format: 222 pages

Gentle symbolic means for small and big children

This book provides 101 important and effective vibration aids especially for the needs of children - from infancy to puberty - in a simple and inexpensive way.

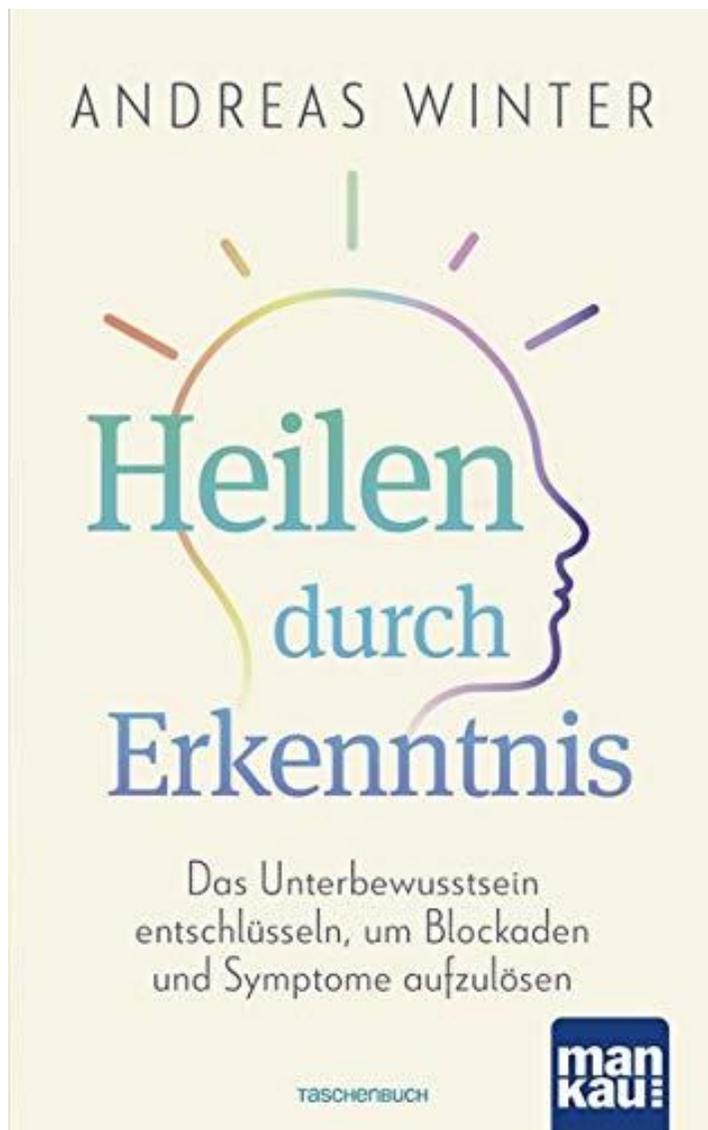
The wonderful effect of homeopathy is based not only on the underlying starting substance, but in particular on the physical frequencies and vibrations associated with it. These frequencies can be represented in different ways and transferred to living organisms: among other things by the well-known globules, but also - as in this particular book - by special symbols and powerful signs. The symbolic means activate the self-healing powers in body, mind and soul; Their effect is in no way inferior to the shape of the spheres - on the contrary, the symbols have proven to be extremely effective in practical tests.

Powerful symbols for the 78 most important homeopathic children's remedies (Calcium carbonicum, Chamomilla, Tuberculinum, Teucrium, Cina etc.)

- 16 complex remedies for typical complaints and issues of today's childhood, e.g. problems falling and staying asleep, teeth, puberty, school stress or hyperactivity
- 5 chords of potency as "penetrators" for fears, vaccination consequences, dealing with feelings, motherly issues and alienation
- 2 "Magic remedies": angels and fairies, to address the magical side of the child
- Several test lists for different potentiation levels, e.g. B. D-, C- and LM-potency as well as the unique "cosmic potency", which enables an almost infinite increase in vibration

This book is the third volume in the bestseller series "Homeopathic Symbols Remedy Kit", but can also be used fully on its own. An inspiring and groundbreaking extension of vibration and information medicine and an enrichment of classical homeopathy!

Healing Through Knowledge



Author: Andreas Winter

Publication Date: January 2021

Format: 174 pages, pocket edition

Decipher the subconscious to dissolve blockages and symptoms

A nine year old girl asks her mother a few questions from a sheet; a little bit later her chronic foot pain has disappeared.

In a bar a student is talking with his friend about his migraine, the headaches remain absent from then.

A florist writes a short e-mail to an unknown woman, suddenly she is cured of her protein allergy.

Apparently, certain questions and statements have the potential to resolve long-standing blockades and symptoms in an instant. Miraculous cure? "No, applied modern depth psychology," says the qualified educationalist Andreas Winter.

"Psychology is not an ivory tower and psychotherapy is not a holy grail. We all have a psyche, with the right basic understanding we all can do psychological work in a helpful way," the author is convinced. And the success proves him right: Hundreds of psychologically interested laymen and professionals trained by Winter fight symptoms such as obesity, allergies, neurodermatitis, phobias and even borderline disorders in record time. By merely raising the awareness of causes in the early childhood and the arranging of the intelligent logic of a symptom, the clients' patterns of feeling and behavior – and thus their pains – suddenly change.

Do you want to help yourself and others effectively? How simple this can be adopted and what questions the little girl read to her mother, you will learn in this fascinating guide.

5 Editions!



Liter ar y Agency

www.stasociados.com

c/ Pallars 73, 1º 1ª,
08018 Barcelona (Spain),
Tel. +34.629388043

Contact:

susanne.theune@stasociados.com